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October 2021
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Executive Director's Note

Assalamualaikum W. B. T.

October is the long-awaited moment everyone has been waiting for, as all economic sectors are lifted and allowed to operate at full capacity with ease restrictions for fully vaccinated individual. Most industry players are confident that reopening the economy will have significant benefits, but some are still concerned about the new normal, the new changes that are integrated into the existing operating system. The world of work has changed dramatically and adjustment can affect the structure of workplaces, thus there is a need for companies to assemble a multidisciplinary team to develop, implement and monitor the return to work plan. A good work environment is important not only for increasing productivity, but also for improving and ensuring the physical health and safety of the employees and promoting employee morale to minimize absenteeism and employee turnover. While many of these risk factors appear to have intangible or marginal effects, evidence points to positive benefits of improving air ventilation, implementing HIRARC safety, managing risk, strengthening standard operating procedures (SOP), enhancing education and training activities, and improving welfare facilities to help create a safer and healthier workplace. Business entities need to train and re-skill employees to enable them to understand and perform safety duties related to their jobs. Safety precautions are usually required at various levels of proficiency, depending on the safe work environment. As part of safety assurance, industry stakeholders should review the return-to-work plan to ensure that the knowledge and skills outlined in the safety policy are met. Every workplace is unique and the requirement will be set according to specific workplace analysis. The more perspectives we have, the better decisions we make. Together with the institute, we could build a better working world through reforms.

"Everything we do before a pandemic will see alarmist. Everything we do after a pandemic will seem inadequate. This is the dilemma we face, but it should not stop us from doing what we can to prepare."— Michael O. Leavitt, U.S. Secretary of Health and Human Services, 2007



Haji Ayop Salleh
Executive Director
NIOSH

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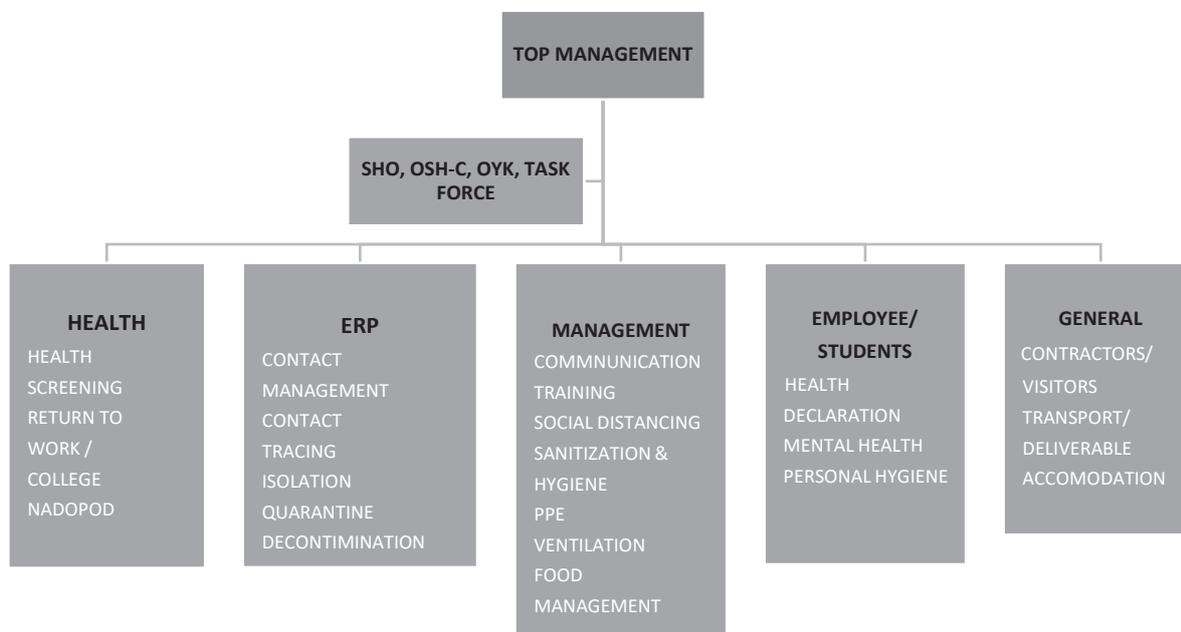


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The facts sheet published by World Health Organization is illustrated with important elements in bold to identify risk and determinant factors that should be included when developing a RTW plan.

SCOPE	RISK FACTORS
1. Determine factors for an employer to make decisions on the opening of workplaces	Deciding to close or re-open a workplace or suspend or downscale work activities should rely on the risk assessment, the capacity to put in place protective measures and the level of compliance, and recommendations of national authorities.
2. Mode of transmission	COVID-19 spreads primarily through respiratory droplets or contact with contaminated surfaces.
3. Risk Boundary	Exposure can occur at the workplace, while traveling to work, during work-related travel to an area with local community transmission, as well as on the way to and from the workplace.
4. Risk of contracting COVID-19 at the workplace	The risk of exposure to COVID-19 in the workplace depends on the likelihood of coming within 1 meter of others, in having frequent physical contact with people who may be infected with COVID-19, and through contact with contaminated surfaces and objects.
5. PIC to carry out a risk assessment	Employers and managers, in consultation with workers, should carry out and regularly update the risk assessment for work-related exposure to COVID-19, preferably with the support of occupational health services.
6. Key consideration for workplace risk assessment	For each risk assessment, consider the environment, the task, the threat, resources available, such as personal protective equipment, and the feasibility of protective measures. The risk assessment should also extend to collective accommodation provided by the employer for workers, such as dormitories. Essential public services, such as security and police, food retail, accommodation, public transport, deliveries, water and sanitation, and other frontline workers may be at an increased risk of exposure to occupational hazards for health and safety. Workers who may be at higher risk of developing severe COVID-19 illness because of age or pre-existing medical conditions should be considered in the risk assessment for individuals.

RISK ASSESSMENT



Source: UM Guidance on Workplace Protection and Preparedness for COVID-19

COVID 'Membunuh' Tradisi Rutin Tempat Kerja: Bagaimana Persiapan Kembali Bekerja?

Article written by:

Ts. Shahronizam Noordin

Information Dissemination Division (IDD)

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Apabila pandemik semakin reda, pihak organisasi tidak dapat mengharap sepenuhnya 'kehidupan' akan kembali seperti normal sediakala. Tetapi mereka boleh mencipta suasana baru kerja yang akan membuat pekerja lebih rasa gembira dan produktif (Harvard Business School, 2021).

Begitu jugalah berkaitan keselamatan dan kesihatan pekerjaan. Adakah pekerja akan berasa selamat bila kembali di tempat kerja? Bagaimana dengan tradisi operasi rutin sebelum ini? Ditambah lagi dengan 'backlog' kerja yang perlu diselesaikan, ini semua akan mengundang kepada isu-isu keselamatan dan kesihatan di tempat kerja.

Oleh kerana kita boleh mencipta suasana baru di tempat kerja, maka persiapan kembali bekerja perlu diatur dengan sebaik mungkin. Berikut adalah perkara yang disarankan oleh Pertubuhan Kesihatan Sedunia (WHO) :

a. Sediakan pintu/laluan masuk yang bersih.

Sediakan dispenser pensanitasi tangan dilaluan atau pintu masuk, keluar dan di sepanjang kawasan yang strategik di tempat kerja.

b. Tempat kerja yang bersih adalah tempat kerja yang sihat.

Pastikan semua permukaan yang kerap disentuh seperti stesen kerja, meja, telefon atau tombol pintu sentiasa dibersihkan dan disinfeksi.

c. Berkomunikasi dengan cara kekal selamat.

Paparkan bagaimana pekerja dapat kekal selamat dan sihat, termasuk kebersihan tangan dan etika batuk/bersin yang betul. Termasuk polisi bersalaman atau bersentuhan.

d. Aturkan mesyuarat yang selamat.

Elakkan perhimpunan besar, pastikan penjarakan fizikal dan gunakan teknologi untuk kekal berhubung. Bagi mewujudkan suasana tenang dan produktif untuk kembali bekerja, majikan juga perlu mempertimbangkan pendekatan hibrid yang fleksibel bagi setiap program seperti mesyuarat, latihan dan sebagainya.

e. Kekal sihat dan aktif.

Kekal sihat dan aktif secara fizikal di tempat kerja. Jika boleh gunakan tangga dan elakkan penggunaan lif.

f. Kekal aktif semasa waktu rehat dan makan tengahari.

Pergi berjalan atau kekal aktif secara fizikal semasa anda berehat. Cuba menikmati udara segar sebagai sebahagian daripada strategi keseluruhan anda untuk menjaga dan meningkatkan kesihatan.

g. Pastikan persekitaran yang selamat dan sihat.

Pastikan mengambil kira persekitaran dari sudut psikologi dan fisiologi pekerja. Tunjukkan rasa belas kasihan di tengah-tengah tekanan menyelesaikan 'backlog' tugas. Peka dengan trauma dan kelesuan serta pimpin dengan penuh rasa empati.

h. Alirkan udara segar.

Pastikan kualiti udara dalaman sentiasa berada dalam standard yang selamat dan sihat.

Akhirnya, diharap saranan ini mampu dijadikan panduan untuk menangani isu persiapan kembali bekerja. Walaupun kita tahu bahawa COVID telah 'membunuh' sebahagian tradisi rutin kerja!

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SELAMAT KEMBALI!

Kepada semua rakan, pelanggan dan tetamu NIOSH. Semua perkhidmatan bersemuka kami telah dibuka semula mengikut prosedur operasi standard yang telah ditetapkan.

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Return to the Office with the Right Mentality and Attitude

Article written by:

Yeap Ming Liong

Programme Development Division,

National Institute of Occupational Safety and Health, Malaysia



Employees all over Malaysia are preparing to return to the office as we edge closer to normalcy. The government's recent announcement that 90 percent of the adult population have been fully vaccinated against the COVID-19 virus is pleasing and serves as a confidence boost to the economic sectors as well.

Interstate travel is now allowed for the fully vaccinated and there is no need for individuals to apply for police permits to travel across state lines. Now, with the reduction in bureaucracy it means better business for everyone with strict adherence to the Standard Operating Procedures, SOPs.

The Work from Home (WFH) concept has proven to be possible and even plausible. The use of software to host meetings became the new norm during the Covid-19 pandemic to keep up with the demands and operations of the office.

I cannot deny that it took a bit of getting used to and for some it might even be a hassle to keep up with the technological demands. This, as one needed the right hardware, internet connection and above all patience to familiarise with the new way of doing things.

However, time took its course and one might assume it is safe to say that most office wallahs have gotten used to the concept and some have even fell in love with it. Some have even toyed with the idea that there is no need to be physically in the office to get the job done (depending on the job scope).

However, the days of post pandemic is vast approaching with the imminent and impending transition from the pandemic to endemic stage. We must all understand that it might not be sustainable for the country and individuals to remain locked down for extended periods of time.

There will come a time and perhaps the time is now where life will return to the pre-pandemic stage. However, this does not call for festivities and liberation. In my humble opinion, the COVID-19 pandemic taught us to value life even more.

I can safely say that we all know of someone, who lost their battle against the COVID-19 virus. This, while tragic serves as a grim reminder to all of us that it is so important to adhere to the SOPs.

The office environment is likened to our second family. We see our colleagues and managers on a daily basis. This does not mean that we can throw all caution to the wind. It will be a grave mistake to make if that mindset continues. Yes, there is still a need for physical distancing and the wearing of face masks in the office.

We need to always be on our guard to protect ourselves and the people around us. The vaccine, face masks, Rapid Test Kits (RTK) and Polymerase Chain Reaction (PCR) tests are only tools to help us. Having the right mentality and attitude is key to

winning this battle as a true Malaysian Family.

Now, returning to the office also gives us the chance to practise the soft skills and awareness our respective companies have offered during the lockdown period. Here at the National Institute of Occupational Safety and Health (NIOSH), Malaysia various awareness talks and sharing sessions were introduced to not only its staff, but to the general public.

This includes sharing sessions by the Consultation, Research and Development Department (CRD) on ergonomics while working from home. The aims of these sharing sessions were for participants to understand the proper and right posture to work comfortably and safely. NIOSH also conducted sharing sessions with regards to Mental Health during the lockdown period for its staff and the general public to better cope with the eventuality of such issues.

As we shift the focus back to the employee. He or she is now equipped with perhaps a range of awareness and understanding of topics such as those mentioned above. Employees are able to put to practise the knowledge obtained by their respective employers for use while at work. Fully utilise the knowledge and skills provided maximise efficiency and productivity. It can be seen as ways you can give back to the company you work for.

The concept of second family was mentioned earlier and as we all return to the office to see colleagues and workmates. The idea of second family is as its namesake - only secondary. The true spirit of Keluarga Malaysia or Malaysian Family must be adopted. The COVID-19 pandemic while tragic brought out the best in Malaysians. We took care of each other. This is evident in help rendered through food pantries around the country for example.

In light of embracing the concept of the Malaysian family, it is high time we as employees give back and appreciate the employer. The COVID-19 pandemic has taken its toll on businesses around Malaysia. It is not unusual to see austerity measures being executed. Some companies do it while some do not. One is fortunate to remain in employment during these troubling times.

Let us bear in mind the importance of productivity and efficiency. Let's help heal the economic wounds brought about by the pandemic. Being a responsible, dedicated and committed employee are ways we can help the nation get back on track and flourish to reaching the Asian Tiger Economy status.

We are not clear of danger just yet with regards to the COVID-19 pandemic. We must never let our guard down in the fight against the virus. Strict adherence to the SOPs, having the right mentality and attitude coupled with our unity as one will ensure our triumph.

We are all family and this is our Malaysia.



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- II. Memahami konsep pencegahan insiden dan pengurusan risiko
- III. Menjalankan langkah kawalan risiko

Kursus yang terlibat:

- MINYAK DAN GAS
- TELEKOMUNIKASI
- ELEKTRIK
- KERJA AM
- PERKILANGAN
- PEMBUATAN
- PENYELENGGARAAN LEBUHRAYA

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- OGSP : Oil and Gas Safety Passport
- NTSP : NIOSH Tenaga Safety Passport
- SESP : Sarawak Energy Safety Passport

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SOP MENJALANI KURSUS BERSEMUKA BAGI OPERASI LATIHAN / PEPERIKSAAN DI NIOSH

- 1 Peserta / calon / tenaga pengajar yang hadir mestilah menjalankan saringan kesihatan di lokasi yang telah ditetapkan sebelum masuk ke bilik latihan / peperiksaan. Antara butiran bagi saringan kesihatan adalah seperti:
 - a) Mengukur suhu badan semasa memasuki premis NIOSH
 - b) Mengimbas Kod QR MySajejatera
 - c) Mengimbas Kod QR bagi NIOSH Health Declaration Form
- 2 Peserta / calon / tenaga pengajar akan dibenarkan memasuki premis NIOSH sekiranya status di dalam MySajejatera "Low Risk" atau "Casual Contact Low Risk".
- 3 Peserta / calon / tenaga pengajar yang memasuki premis mestilah mempunyai sabut lengkap (tepatnya 14 hari), bukan kes positif COVID-19, bukan kontak rapat dan bukan bergajala (Rujukan MySajejatera)
- 4 Peserta / calon / tenaga pengajar WAJIB menggunakan baik melalui rujukan MySajejatera berkaitan nesci pengambilan vaksin (Sjil Vaksinasi) yang telah ditetapkan untuk rujukan petugas/ koordinator kursus/ peperiksaan.
- 5 Peserta / calon yang belum divaksin atau belum lengkap divaksin perlu menjalani ujian sebelum menghadiri kursus/ peperiksaan seperti:
 - a) Time Reverse Transcription- Polymerase Chain Reaction (RT-PCR)
 - b) Rapid Test Kit (RTK) antigen- sah dalam tempoh 14 hari ujian dijalankan, atau
 - c) Pre-event self test kit (paalva) - disahkan oleh petugas kaunter, koordinator, atau pengesanan daripada pengamal perubahan sebelum memasuki premis
- 6 Hanya premis NIOSH Utama yang tersenarai sahaja boleh menerima peserta / calon yang belum divaksin atau belum lengkap divaksin dengan syarat - syarat seperti yang telah ditetapkan. Antaranya premis NIOSH Utama adalah seperti:
 - 1) Ibu Pejabat NIOSH, Bandar Baru Bangi
 - 2) Pejabat Wilayah Selatan - Johor Bahru
 - 3) Pejabat Wilayah Pantai Timur - Keroh
 - 4) Pejabat Wilayah Utara - Penang
 - 5) Pejabat Wilayah Sarawak - Kuching
 - 6) Pejabat Wilayah Sabah - Kota Kinabalu
- 7 Pre-event self test kit (paalva) boleh didapati di premis NIOSH berkenaan atau peserta / calon membawa sendiri kit tersebut dan menjalankan ujian di hadapan pegawai yang bertugas.
- 8 Peserta / calon peperiksaan yang belum divaksin / tidak lengkap divaksin perlu disahkan dengan peserta / calon yang telah lengkap divaksin semasa menjalani kursus / peperiksaan secara hybrid.
- 9 Penggunaan bilik latihan / dewan bagi operasi kursus/ peperiksaan hendaklah hanya 50% kapasiti ruang premis.
- 10 Penyediaan makanan bagi peserta / calon adalah secara packed food.
- 11 Sekiranya peserta / calon berada di dalam premis NIOSH, mereka perlu mematuhi dan mengamalkan peraturan Risiko di kawasan - kawasan awam di NIOSH seperti di bilik latihan, dalam lif, surau, lif/beranda, tandas, kaunter pendaftaran, lobi, tangga kecemasan, bilau/ jambatan memara NIOSH dan kawasan sama yang lain.
- 12 Proses nyahkuman (disinfection) akan dijalankan di setiap bilik latihan / dewan serta kawasan praktikal atau simulator selepas setiap kali sesi kursus / peperiksaan berakhir.
- 13 Hand sanitizer perlu disediakan di bilik latihan dan semasa perenungan peralatan praktikal tisu nyahkuman perlu disediakan.
- 14 Tempat awam atau tempat guna sama perlu dikawal kemasukan berdasarkan kapasiti yang dibenarkan seperti surau dan tandas.

CARTA ALIR KEMASUKKAN PESERTA KURSUS / CALON PEPERIKSAAN KE PREMIS NIOSH

Pegawai NIOSH / Pegawai Keselamatan akan menjalankan saringan kesihatan kepada peserta / calon di pondok pengawal atau lokasi yang telah ditetapkan dengan mengambil kira seperti:

- a) Mengukur suhu badan < 37.5 Celcius
- b) Mengimbas Kod QR MySajejatera dan NIOSH Health Declaration
- c) Pengesanan status vaksinasi lengkap (tepatnya 14 hari) / belum divaksin / belum lengkap divaksin

Peserta kursus / calon peperiksaan memasuki premis NIOSH melalui pintu pagar utama atau pintu yang telah ditetapkan

Pegawai akan membenarkan peserta / calon masuk ke dalam bilik latihan / peperiksaan sekiranya keperluan semua dipatuh.

Status vaksinasi (Belum divaksin/ belum lengkap divaksin)
Peserta / calon wajib mengemukakan keputusan ujian COVID-19 RT-PCR atau RTK-Antigen yang sah dalam tempoh 3 hari selepas ujian dijalankan kepada pegawai yang bertugas

Atau
Status vaksinasi (Belum divaksin/ belum lengkap divaksin)
Peserta / calon wajib menjalani ujian Pre-Event- Self Test Kit yang disahkan oleh pegawai NIOSH atau pengesanan pengamal perubahan

Peserta / calon yang belum divaksin / belum lengkap divaksin perlu disahkan dengan peserta / calon yang lengkap divaksin semasa menjalani kursus/ peperiksaan. Aktiviti tersebut akan dijalankan secara hybrid.

Penggunaan bilik latihan / dewan bagi operasi kursus/ peperiksaan ditetapkan hanya 50% kapasiti ruang premis.

Penyediaan makanan bagi peserta / calon adalah secara packed food

Hand sanitizer perlu disediakan di bilik latihan dan semasa penggunaan peralatan praktikal tisu nyahkuman perlu disediakan

Proses nyahkuman (disinfection) akan dijalankan di setiap bilik latihan / dewan serta kawasan praktikal atau simulator selepas setiap kali sesi kursus / peperiksaan berakhir.

Salat Maulidur Rasul
1443H / 2021M

"Manhaj Rabbani Ummah Berkualiti"

Daripada seluruh warga kerja
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NIOSH AKAN MENJALANKAN SESI KELAS MALAM
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BAGI KURSUS-KURSUS SEPERTI
AESP, AESP-R, OCPSP, NTPS, NTMSP, CPCS, OSH-C DAN LAIN-LAIN.

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MAKLUMAN

KELAYAKAN NIOSH SEBAGAI INSTITUSI LATIHAN YANG DILULUSKAN
DI BAWAH SKIM GALAKAN POTONGAN CUKAI DUA KALI

Kementerian Kewangan meluluskan NIOSH sebagai sebuah
"Institut Latihan Yang Diluluskan" selaras dengan Kaedah-Kaedah
Cukai Pendapatan (Potongan Untuk Latihan Yang Diluluskan) 1992.

Syarikat yang menghantar pekerja mengikuti latihan di NIOSH adalah
layak diberi potongan cukai pendapatan dua kali ke atas perbelanjaan
yang dilakukan.

Kelulusan ini berkuatkuasa mulai tahun taksiran 2019 hingga tahun
taksiran 2023.

Kursus yang diluluskan untuk pemotongan cukai
dua kali ialah :

1. Pegawai Keselamatan dan Kesihatan (SHO),
2. Penyelia Keselamatan Tapak Bina (SSS),
3. Juruteknik Higen Industri 1,
4. Juruteknik Higen Industri 2 dan
5. Latihan untuk Jurulatih.

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**TATACARA OPERASI PIAWAI (SOP)
SOLAT BERJEMAAH YANG WAJIB DI PATUHI
KETIKA BERADA DI MASJID ATAU SURAU**

SILA PATUHI ARAHAN YANG DITETAPKAN

- ✓ DIWAJIBKAN MEMBAWA SEJADAH SENDIRI
- ✓ AMALKAN PENJARAKAN FIZIKAL
- ✓ MEMAKAI PENUTUP HIDUNG MULUT (FACEMASK)
- ✓ AMBIL WUDUK DI RUMAH SEBELUM KE MASJID

TIDAK MENYENTUH JEMAAH LAIN ATAU BERSALAMAN

TIDAK DIBENARKAN BERKUMPUL DI KAWASAN MASJID

PIHAK MASJID ATAU SURAU DAN PARA JEMAAH JUGA HENDAKLAH MEMATUHI GARIS PANDUAN LAIN YANG TELAH DI TETAPKAN OLEH MAJLIS KESELAMATAN NEGARA (MKN) DAN KEMENTERIAN KESIHATAN MALAYSIA (KKM)

BERSAMA KITA PUTUSKAN PENULARAN COVID-19 !

DILARANG HADIR!
INDIVIDU YANG BERGEJALA DEMAM, BATUK, SELESEMA, SESAK NAFAS DAN SAKIT TEKAK SERTA MENGHADAP PENYAKIT KRONIK

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SAMBUTAN MAULIDUR RASUL 1443H
GERAMAH PERDANA
(DALAM TALIAN)

Tarikh : 15hb Oktober 2021 (Jumaat)
Masa : 9.00 pagi - 11.30 pagi
Platform : Aplikasi Zoom

"MENELADANI KEPERIBADIAN RASULULLAH SAW"

AL-FADHIL USTAZ MOHAMMAD ROZIE BIN MOHD REJAB

Masa	Atur cara
8.00 pagi	- Sesi Pesanan Integriti! Minggu oleh IGU - Majlis bacaan 'Yesin, Taibi dan Doa Selamat'
9.00 pagi	- Ucapan aluan dan motivasi oleh Tuan Pengarah Eksekutif NIOSH bersempena Sambutan Maulidur Rasul 1443H
9.15 pagi	- Alunan selawat ke atas Nabi bersama-sama di dalam Zoom
9.30 pagi	- Ceramah Perdana (Dalam Talian) bertajuk "Meneladani Keperibadian Rasulullah SAW" Penceramah : Al-Fadhil Ustaz Mohammad Rozie Mohd Rejab
11.30 pagi	- Program Tamat

15 CEP

Pelancaran
**PELAN INDUK
KESELAMATAN DAN KESIHATAN
PEKERJAAN 2021-2025**
KPP INKLUSIF - KEBERSAMBERAN & KOMITMEN

Sambutan
**MINGGU KESELAMATAN DAN
KESIHATAN PEKERJAAN 2021**

18-19 OKTOBER 2021
SECARA DALAM TALIAN

YAB DATO' SRI ISMAIL SABRI
BIN YAAKOB
PERDANA MENTERI MALAYSIA

18-19 OKTOBER 2021
SECARA DALAM TALIAN

Hubungi Kami:
Dr. Azlan (03-8886447)
Dr. Nurhafiza (03-8886070)

Webinar: www.niosh.com.my
Email: info@niosh.com.my
Facebook: www.facebook.com/nioshmalaysia

**UPCOMING AWARENESS PROGRAMME COURSE
NOVEMBER 2021**

COME JOIN US !

- ❖ Fundamental of Classification, Labelling and Safety Data Sheet of Hazardous Chemicals (CLASS1) (8-9/11/2021) - HRDCorp claimable (SBL-Khas)
- ❖ Fundamental Occupational Safety and Health for Supervisor (FOSH-SV) (11-12/11/2021) - HRDCorp claimable (SBL-Khas)
- ❖ Compliance to Regulations Under Occupational Safety and Health Act 1994 (CRO) (15-16/11/2021) - HRDCorp claimable (SBL-Khas)
- ❖ Ergonomics and Manual Handling in The Workplace (EMHW) (18-19/11/2021)
- ❖ Emergency Preparedness and Response Plan (EPRP) (22-23/11/2021) - HRDCorp claimable (SBL-Khas)
- ❖ Hearing Loss Prevention and Audiometric Testing (HLPAP) (25-26/11/2021) - HRDCorp claimable (SBL-Khas)
- ❖ Lung Function Testing and Analysis (LFTA) (30/11/2021) - HRDCorp claimable (SBL-Khas)

Register now!

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OR
WhatsApp : 013-2224966
Tel: 03-87692100 ext: 3804/3828



Karnival Sukan Niosh 2021 (KSN21)

Sambutan Program Maulidur Rasul 1443H

KARNIVAL SUKAN NIOSH 2021 (KSN21)

Pada 01-10 Oktober 2021 Karnival Sukan NIOSH 2021 (KSN21) telah diadakan bersempena sambutan Hari Sukan Negara (HSN) yang berlangsung di seluruh negara. Pelaksanaan Karnival Sukan NIOSH 2021 pada kali ini telah diadakan secara hibrid iaitu menggabungkan pelaksanaan aktiviti secara bersemuka dan secara maya. Selain menjadi program yang menyokong serta menggalakkan gaya hidup sihat dan aktif di kalangan kakitangan, program ini juga dapat mengeratkan hubungan antara kakitangan NIOSH dan NIOSH Certification (NCSB). Terdapat 5 acara sukan yang telah dipertandingkan iaitu *Virtual Run (Fun Run 5KM)*, Karom, Congkak, Badminton dan *Fitness Challenge* dan telah disertai oleh 153 peserta yang terdiri daripada kakitangan daripada seluruh Malaysia.



SAMBUTAN PROGRAM MAULIDUR RASUL 1443H

15 Oktober 2021 : Sambutan Program Maulidur Rasul merupakan salah satu aktiviti rasmi yang dijalankan di Institut Keselamatan dan Kesihatan Pekerjaan Negara (NIOSH) dibawah anjuran Kelab Kebajikan dan Sukan NIOSH (KKSII). Maulidur Rasul atau dikenali dengan hari kelahiran Rasulullah SAW adalah satu peristiwa penting bagi seluruh umat Islam di dunia ini. Satu Ceramah Perdana bertajuk "Meneladani Keperibadian Rasulullah SAW" telah disampaikan oleh Al-Fadhil Ustaz Mohammad Rozie bin Mohd Rejab secara dalam talian melalui Aplikasi Zoom yang dihadiri oleh 187 kakitangan.

Masa	Atur cara
8.00 pagi	- Sesi Pesanan Integriti! Minggu oleh IGU - Moga becah Ya'qin, Taqin dan Dua Selamat
9.00 pagi	- Ucapan aluan dan motivasi oleh - Tuan Pengarah Eksekutif NIOSH - bersempena Sambutan Maulidur Rasul 1443H
9.15 pagi	- Alunan selamat ke atas Nabi bersama-sama di dalam Zoom
9.30 pagi	- Ceramah Perdana (Dalam Talian) bertajuk - "Meneladani Keperibadian Rasulullah SAW" - Penceramah : Al-Fadhil Ustaz Mohammad Rozie bin Mohd Rejab
11.30 pagi	- Program Tamat

APOSHO Members (as of November 1, 2019)

Full Members

National Safety Council of Australia Foundation (NSCA Foundation)	Malaysian Society for Occupational Safety & Health (MSOSH)
Industrial Foundation for Accident Prevention (IFAP)	National Institute of Occupational Safety & Health (NIOOSH: Malaysia)
China Occupational Safety and Health Association (COSHA)	Malaysian Occupational Safety and Health Practitioners' Association (MOSHPA)
China Association of Work Safety (CAWS)	Institution of Occupational Safety & Health Management (IOSHM: Mauritius)
Sinosteel Safety and Environmental Protection Research Institute (SEPRI)	Pakistan Safety Council (PSC)
Hong Kong Occupational Safety and Health Association (HKOSHA)	Safety Organisation of the Philippines, Inc. (SOPI)
Hong Kong Occupational Safety and Health Council (HKOSHC)	Association of Safety Practitioners of the Philippines, Inc. (ASPP)
Institution of Occupational Safety and Health, Hong Kong (IOSH-HK)	Workplace Advocates on Safety in the Philippines, Inc. (WASPI)
Chinese Taipei Industrial Safety and Health Association (ISIA)	National Safety Council of Singapore (NSCS)
National Safety Council of India (NSCI)	Singapore Institution of Safety Officers (SISO)
National Safety and Health Council of Indonesia (NSHCI)	Workplace Safety and Health Association (WSHA)
Institute for Certification of Competencies on OSH (ICCOOSH: Indonesia)	The Safety and Health at Work Promotion Association (SHAWPAT)
Japan Industrial Safety and Health Association (JISHA)	Viet Nam National Institute of Occupational Safety and Health (VNNIOSH)
Korea Occupational Safety and Health Agency (KOSHA)	Vietnam Occupational Safety and Health Association (VOSHA)
Korea Industrial Safety Association (KISA)	

Associate Members

Authority for Building Control and Construction Industry (ABC)	Labour Affairs Bureau (LAB: Macao SAR PR China)
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Affiliate Members

German Social Accident Insurance (DGUV)	The American Society of Safety Professionals (ASSP)
Society for Occupational Safety & Health and Work Environment (SOSHWE: Indonesia)	Board of Certified Safety Professionals (BCSP: U.S.A.)
Institute of Safety Health and Environment Management (ISHEM: Mauritius)	National Safety Council (NSC: U.S.A.)
The Institution of Occupational Safety & Health (IOSH: England)	World Safety Organisation (WSO: U.S.A.)

(29 full members, 2 associate members, 8 affiliate members)



Designing OSH for sustainable development for all

APOSHO 35 JAPAN

APOSHO35 ANNUAL CONFERENCE
OCTOBER 27-28, 2021

Formats

Opening Ceremony, Plenary Session, Technical Session, will be available online and on-demand.

Details on the formats and advance registration will be announced on the APOSHO35 website.

Registration Fees

Free to participate (excluding APOSHO members and advance registration required)

APOSHO35 Secretariat
Japan Industrial Safety & Health Association (JISHA)
TEL +81-3-3452-6297 E-mail aposho35@jisha.or.jp

<https://www.aposho35.jp/en>



PROGRAM 4 TERAS STRATEGIK 2 OSHMP25

TAKLIMAT PROGRAM

PEMBANGUNAN MODUL INDUKSI KKP KOMPREHENSIF

12hb HINGGA 14hb OKTOBER 2021

Remove Spotlight

PROGRAM 4 TERAS STRATEGIK 2 OSHMP25

12hb hingga 14hb Oktober 2021

PN NORAITA BINTI TAHIR
KETUA PROGRAM 4 TERAS STRATEGIK 2 OSHMP 2021-25
JABATAN KESELAMATAN DAN KESIHATAN PEKERJA

PERHATIAN: JABATAN KESELAMATAN DAN KESIHATAN PEKERJA
TERAS STRATEGIK 2 OSHMP

KERJA SELAMAT KITA SELAMAT

PUAN NORAITA



Aktiviti

Aktiviti-Aktiviti Sepanjang Bulan Oktober 2021



OSH TALK (SHARING SESSION)

En. Zulkarnain Mohd Said
Head of Operation HSE

Topik:
INFLUENCING BBS WITH HEART AND MIND IN CAUSAL ACCIDENT THEORY

04/10/2021
11.00am - 12.00pm
www.facebook.com/nioshmalaysia

04/10

WEBINAR

SISTEM PENGURUSAN KESELAMATAN DAN KESEHATAN PEKERJAAN (KKP)

08 OKTOBER 2021 || 8.00 AM - 5.30 PM

Certificate of Participation
FIVE (5) CEP (JKKP IS 127/ASB/S/MS 1-29)

Fee : RM 150

Platform : ClickMeeting
019 - 231 6608 (secretariat)
dl.tscd@niosh.com.my

IR. NIMI BINTI AHMAD
OSH CONSULTANT / LECTURER / TRAINER

REGISTER NOW at
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08/10

WEBINAR

ENHANCING EMERGENCY PREPAREDNESS AND RESPONSE PLAN

AZHAR BIN AHMAD
TECHNICAL EXPERT, NIOSH

Date: 14 October 2021 (Thursday)
Time: 08.30am - 05.30pm
Platform: Click Meeting

CERTIFICATE OF PARTICIPATION
 5 CEP POINTS (JKKP/2021/14/00221)

FEE RM150.00
INCL 6% SST

For More Info:
019 - 231 6608 (secretariat seminar)
dl.tscd@niosh.com.my

14/10

OSH TALK (SHARING SESSION)

Mohd Fikri Halim Abdullah
Executive / Technical Officer of gas detector calibration laboratory (GCL), OSHECT NIOSH Malaysia

Topik:
Gas Detector: The Importance Of Calibration

Muhammad Akmal Muzhafar Azman Wong
Senior Technician of gas detector calibration laboratory (GCL), OSHECT NIOSH Malaysia

18/10/2021
11.00am - 12.00pm
www.facebook.com/nioshmalaysia

18/10

WEBINAR

PEMERKASAAN AMALAN KESELAMATAN DAN KESEHATAN PEKERJAAN DI TEMPAT KERJA

18 OKTOBER 2021 || 8.30AM - 5.30PM

Certificate of Participation
FIVE (5) CEP

Fee : RM 150

Platform : ClickMeeting
019 - 231 6608 (secretariat)
dl.tscd@niosh.com.my

MOHD ZAMRI MOHAMED
OSH PROFESSIONAL / TRAINER

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18/10

20/10

WEBINAR: PEMERKASAAN GENERASI MUDA SELAMAT & SIHAT Sini II

20 OKTOBER 2021 (RABU) | 08.00AM - 1.00PM

PLATFORM: ZOOM MEETING

PENYERTAAN PERCUMA

DAFTAR SEKARANG!
www.niosh.com.my

WEBINAR

INDOOR AIR POLLUTION - AIR QUALITY AND CONTROL

28 OKTOBER 2021 | 8.30AM - 5.30PM

Fee : RM 150
 Certificate of Participation
 CEP 5 points (2021/14/00093)

Platform : [ClickMeeting](https://www.clickmeeting.com) | 019 - 231 6608 (noorlatif) | dl.tscd@niosh.com.my

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PUAN SITI HAMIMAH BINTI ISMAIL
 - INDOOR AIR QUALITY (IAQ) ASSESSOR
 - CERTIFIED IAQ TRAINER

28/10

27/10

WEBINAR

RMKe-12: KESELAMATAN & KESIHATAN PEKERJA KE ARAH NEGARA MAKMUR, INKLUSIF DAN MAMPAN

27 OKTOBER 2021 (RABU) | 08.30 AM - 12.30 PM

Sijil penyertaan disediakan
 Terbuka kepada semua warganegara Malaysia

Platform : [Zoom](https://www.zoom.us)

PENYERTAAN ADALAH TERHAD
 Tarikh tutup pendaftaran : 25 Oktober 2021 (Isnin)

NIOSH VIRTUAL TOUR

DUST MASK LABORATORY (DML)

26 OCTOBER 2021 11.00 AM

[nioshmalaysia](https://www.facebook.com/nioshmalaysia)

LIVE

26/10

RMKe-12: KESELAMATAN & KESIHATAN PEKERJA KE ARAH NEGARA MAKMUR, INKLUSIF DAN MAMPAN

Ucapan Perasmian

En. Maniam A/L Arumugam
 Timbalan Ketua Setiausaha
 Dasar dan Antarabangsa
 Kementerian Sumber Manusia

RMKe-12: KESELAMATAN & KESIHATAN PEKERJA KE ARAH NEGARA MAKMUR, INKLUSIF DAN MAMPAN

Topik 1:
 RMKe-12 Kearifan Negara Makmur, Inklusif dan Mampan

En. LUQMAN BIN AHMAD
 PENGARAH BAHAGIAN PEMBANGUNAN MODAL INSAN,
 UNIT PERANCANG EKONOMI, JABATAN PERDANA MENTERI

WEBINAR

EMPOWERING CONSTRUCTION SITE SAFETY

21 OKTOBER 2021 / 8.30AM - 5.30PM

Fee : RM 150
 Certificate of Participation
 CEP POINTS (14 per 2021 calendar)

Platform : [ClickMeeting](https://www.clickmeeting.com) | 019 - 231 6608 (noorlatif) | dl.tscd@niosh.com.my

REGISTER NOW at
www.niosh.com.my/e-daftar/seminar_niosh

CAPT. MOHD ADAM BIN MARSIDI (B)
 PRINCIPAL CONSULTANT /
 NIOSH SENIOR TRAINER

SAMURI BIN MOHD MUSSIM
 OSH TRAINER
 (A FORMER DOSH OFFICER)

21/10

RMKe-12: KESELAMATAN & KESIHATAN PEKERJA KE ARAH NEGARA MAKMUR, INKLUSIF DAN MAMPAN

Topik 2:
 Cabaran Pekerja Di Dalam Usaha
 Pembaharuan Dan Transformasi Negara

En. Khairunnizam bin Mustapa
 Pengurus Besar
 Jabatan Perencaman, Penyelidikan dan Pembangunan (CRDP)
 & Jabatan Latihan dan Pejabat Wilayah (ETD&RO) NIOSH

RMKe-12: KESELAMATAN & KESIHATAN PEKERJA KE ARAH NEGARA MAKMUR, INKLUSIF DAN MAMPAN

Topik 3:
 Peranan Dan Tanggungjawab Kerajaan,
 Majikan Dan Pekerja Di Dalam Menjaga
 Keselamatan Dan Kesihatan

Ir. Zamzurin bin Maarof
 Pengarah
 Jabatan Keselamatan dan Kesihatan Pekerjaan
 W.P. Kuala Lumpur dan Putrajaya

OSH TALK (SHARING SESSION)

Topik 1:
Introducing NIOSH Fall Protection Equipment Testing Laboratory

Muhammad Halnu Fauzi Bin Mohd Fuadi
 Executive / Technical Officer
 of Fall Protection Equipment Testing
 Laboratory (FPETL), OSHECT,
 NIOSH

LIVE 11.00am - 12.00pm
 20/10/2021
www.facebook.com/nioshmalaysia

20/10

21/10

OSH TALK (SHARING SESSION)

Topik 1:
Kompetensi dan Keupayaan KKP di Tempat Kerja.

M. PARAMESVARAN A/L MARIAPPAN
 Pakar Teknikal
 Jabatan Pendidikan Dan Latihan &
 Pejabat Wilayah (ETDRO)
 NIOSH

LIVE 10.00am - 11.00am
 21/10/2021
www.facebook.com/nioshmalaysia

