MINISTRY OF HUMAN RESOURCES

NIOSH
National Institute of Occupational Safety and Health

COURSE SCHEDULE 2024

TO BE A LEADING CENTER OF EXCELLENCE IN OCCUPATIONAL SAFETY AND HEALTH IN MALAYSIA

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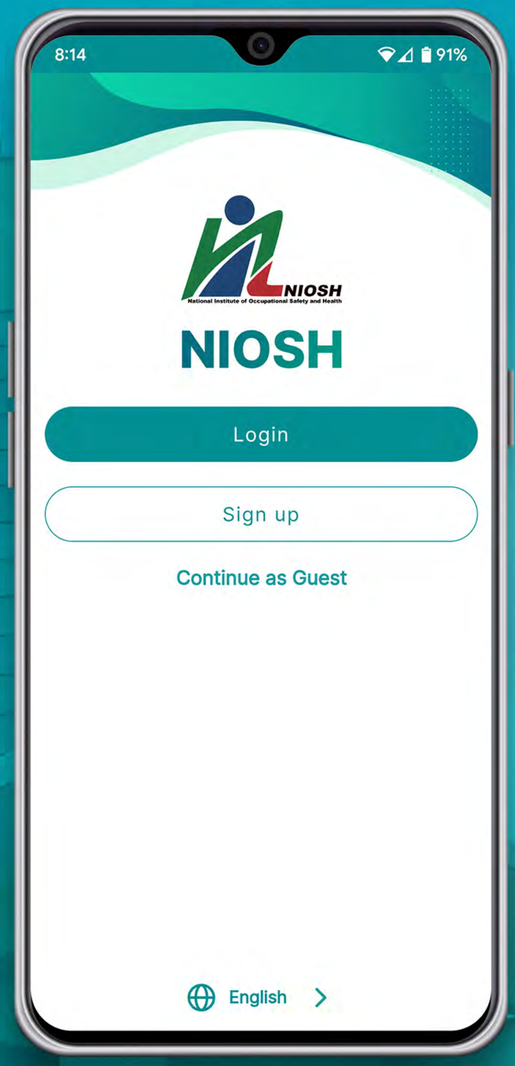

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FOREWORD
COURSE SCHEDULE 2024

Assalamualaikum wbt,

Bismillahirrahmanirrahim,

As we step into the year 2024, the National Institute of Occupational Safety and Health's (NIOSH) focus remains resolute towards achieving the nation's agenda on occupational safety and health (OSH) that will also be impacted by new challenges brought by various megatrends and technological advancement.

Our journey forward is deeply aligned with the OSH Master Plan 2021-2025 (OSHMP25), which embodies our commitment to fostering a safer and healthier work environment. Achieving the objectives of OSHMP 25 is important as it will not only enhance workplace safety but also underscore our dedication to the well-being of our workforce.

I would like to express my heartfelt appreciation to our esteemed partners from the public and private sectors that cover various industries. Your unwavering commitment to OSH training and retraining programs stands as a beacon of strength as we navigate dynamic landscapes and evolving needs.

The tripartite collaboration between employers, employees and the government has also been instrumental in helping our country achieves its mission to curtail accidents, prevent fatalities and combat illnesses in workplaces.

At NIOSH, we will continue to embrace new technology to improve our services by harnessing the capabilities of modern communication tools. With an unwavering commitment to progress, I am confident that our expertise, comprehensive facilities and training initiatives will effectively cater to our partners' evolving requirements.

Our collaborative efforts will definitely fortify the benchmarks of OSH excellence as enshrined in the Occupational Safety and Health Act 1994 or OSHA 1994. Committed to overall excellence, NIOSH has also incorporated Environmental, Social, and Governance (ESG) factors in our services and programs as we believe that they could help enhance our mission of creating a balance between organizational growth and societal well-being.

In this continued pursuit, I urge each and every one of us to maintain our dedication to safety and to embrace the joy of continuous learning through various services and programs offered by NIOSH at its facilities all over the country.

Thank you.

HAJI AYOP SALLEH
Executive Director
NIOSH

LIST OF COURSES

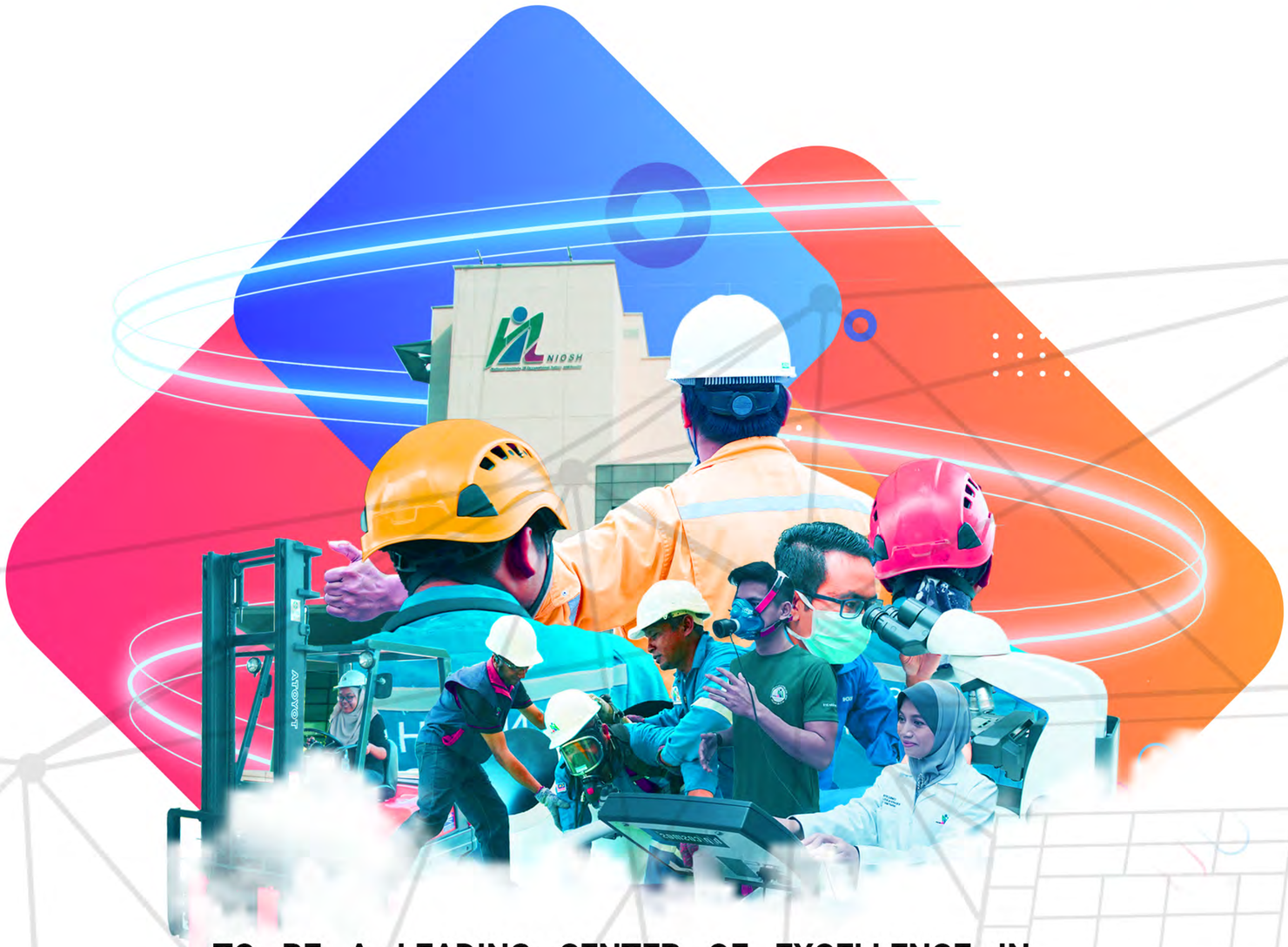
NO	COURSE CODE	COURSE TITLE	COURSE FEE (STANDARD) (RM)	SST 6% (RM)	COURSE FEE (STANDARD) INCLUSIVE SST 6% (RM)	EXAMINATION FEE (RM)	TOTAL FEE (STANDARD) (RM)	TRAINING DURATION	HRD CORP. SCHEME
TRAINERS PROGRAM									
1	CSHT	Construction Safety and Health Trainers	2,000.00	120.00	2,120.00	300.00	2,420.00	4	CLAIMABLE
2	CST	Confined Space (Trainer's Program)	3,000.00	180.00	3,180.00	1,000.00	4,180.00	5	CLAIMABLE
3	TTT1	Train The Trainer	1,300.00	78.00	1,378.00	200.00	1,578.00	5	CLAIMABLE
4	TTT2	Training Management for Business	2,350.00	141.00	2,491.00	200.00	2.691.00	6	CLAIMABLE
REGULATORY COMPETENCY PROGRAMS									
1	AESP	Authorised Entrant and Standby Person for Confined Space	570.00	34.20	604.20	280.00	884.20	2	CLAIMABLE
2	AESP-R	Authorised Entrant and Standby Person for Confined Space Refresher	270.00	16.20	286.20	230.00	516.20	1	CLAIMABLE
3	AGTES	Authorised Gas Tester and Entry Supervisor for Confined Space	1,000.00	60.00	1,060.00	500.00	1,560.00	3	CLAIMABLE
4	AGTES-R	Authorised Gas Tester and Entry Supervisor for Confined Space Refresher	300.00	18.00	318.00	350.00	668.00	2	CLAIMABLE
5	BSC	Basic Scaffolder Course	1,850.00	111.00	1,961.00	280.00	2,241.00	10	CLAIMABLE
6	CHRA	Chemical Health Risk Assessment	4,900.00	294.00	5,194.00	400.00	5,594.00	11	CLAIMABLE
7	HT1	Indoor Air Quality Assessor	3,000.00	180.00	3,180.00	700.00	3,880.00	5	CLAIMABLE
8	HT2	Hygiene Technician 1 (Chemical Monitoring)	3,000.00	180.00	3,180.00	700.00	3,880.00	5	CLAIMABLE
9	IAQ	Hygiene Technician 2 (Inspection, Testing and Examination of Engineering Control Equipment)	3,000.00	180.00	3,180.00	700.00	3,880.00	5	CLAIMABLE
10	NRA	Noise Risk Assessor	1,600.00	96.00	1,696.00	700.00	2,396.00	4	CLAIMABLE
11	OSHC	Occupational Safety and Health Coordinator	800.00	48.00	848.00	0.00	848.00	3	CLAIMABLE
12	OHD	Occupational Health Doctor	3,900.00	234.00	4,134.00	350.00	4,484.00	9	CLAIMABLE
13	SHO	Safety and Health Officer (Full Time)	3,000.00	180.00	3,180.00	950.00	4,130.00	22	CLAIMABLE
14	SHOM	Safety and Health Officer (Modular)	3,000.00	180.00	3,180.00	950.00	4,130.00	22	CLAIMABLE
15	SHOP	Safety and Health Officer (Part Time)	3,000.00	180.00	3,180.00	950.00	4,130.00	22	CLAIMABLE
16	SSS	Site Safety Supervisor (Full time)	1,350.00	81.00	1,431.00	350.00	1,781.00	10	CLAIMABLE
17	SSS-P	Site Safety Supervisor (Part time)	1,350.00	81.00	1,431.00	350.00	1,781.00	10	CLAIMABLE
18	SSS-OS	Site Safety Supervisor - Occupational Safety (Module 6)	940.00	56.40	996.40	0.00	996.40	5	NON-CLAIMABLE
SKILLS COMPETENCY PROGRAMME									
1	BOFA	Basic Occupational First Aid	700.00	42.00	742.00	150.00	892.00	2	CLAIMABLE
2	BRS	Basic Rigging and Slinging	550.00	33.00	583.00	150.00	733.00	2	CLAIMABLE
3	CRINS	Crane and Machinery Safety Inspection	1,000.00	60.00	1,060.00	0.00	1,060.00	2	CLAIMABLE
4	CSR	Confined Space Rescue and First Response	925.00	55.50	980.50	575.00	1,555.50	4	CLAIMABLE
5	CWP-RAA	Construction Work Permit For Receiving Authorized Authority (For Tenaga Nasional GRID Development Contractor)	800.00	48.00	848.00	0.00	848.00	2	CLAIMABLE
6	ERA1	Ergonomics Trained Person for Initial Ergonomics Risk Assessment	900.00	54.00	954.00	100.00	1,054.00	2	CLAIMABLE
7	ERA2	Ergonomics Trained Person for Advanced Ergonomics Risk Assessment	1,600.00	96.00	1,696.00	300.00	1,996.00	4	CLAIMABLE
8	HPWJ	Safe Operation of High Pressure Water Jetting	1,280.00	76.80	1,356.80	0.00	1,356.80	3	CLAIMABLE
9	HPWJ-R	Safe Operation of High Pressure Water Jetting Refresher	800.00	48.00	848.00	0.00	848.00	2	CLAIMABLE
10	IET	Inert Space Entry	2,150.00	129.00	2,279.00	350.00	2,629.00	5	CLAIMABLE
11	IET-R	Inert Space Entry Refresher	1,150.00	69.00	1,219.00	350.00	1,569.00	3	CLAIMABLE
12	FWS	Fire Watcher Safety	400.00	24.00	424.00	0.00	424.00	1	CLAIMABLE
13	OHN	Occupational Health Nurse	3,600.00	216.00	3,816.00	400.00	4,216.00	10	CLAIMABLE
14	SHFT	Safe Handling of Forklift Truck	1,000.00	60.00	1,060.00	250.00	1,310.00	3	CLAIMABLE
15	SHFT-R	Basic Safe Handling of Forklift Truck	300.00	18.00	318.00	0.00	318.00	1	CLAIMABLE
16	SHFT1	Safe Handling of Forklift Truck Refresher	850.00	51.00	901.00	0.00	901.00	2	CLAIMABLE
17	SIGM	Signalman	800.00	48.00	848.00	0.00	848.00	2	CLAIMABLE
18	WAH	Working Safely at Height	650.00	39.00	689.00	150.00	839.00	2	CLAIMABLE
19	WAH-R	Working Safely at Height Refresher	650.00	39.00	689.00	0.00	689.00	1	CLAIMABLE

NO	COURSE CODE	COURSE TITLE	COURSE FEE (STANDARD) (RM)	SST 6% (RM)	COURSE FEE (STANDARD) INCLUSIVE SST 6% (RM)	EXAMINATION FEE (RM)	TOTAL FEE (STANDARD) (RM)	TRAINING DURATION	HRD CORP. SCHEME
TRAINERS PROGRAM									
1	BBSO	Behaviour Based Safety for Observer	800.00	48.00	848.00	0.00	848.00	2	CLAIMABLE
2	BDMA	Business Assurance | Disinfectant Management Assurance	1,200.00	72.00	1,272.00	0.00	1,272.00	2	CLAIMABLE
3	BFMA	Business Assurance Facility Management Assurance	5,000.00	300.00	5,300.00	0.00	5,300.00	2	CLAIMABLE
4	BPIH	Basic Principle of Industrial Hygiene	1,600.00	96.00	1,696.00	0.00	1,696.00	4	CLAIMABLE
5	BPM	Back Protection Management	800.00	48.00	848.00	0.00	848.00	2	CLAIMABLE
6	CFMA	Compliance to Factories and Machinery Act 1967 and It's Regulations	800.00	48.00	848.00	0.00	848.00	2	CLAIMABLE
7	CLASS1	Fundamental of Classification, Labelling and Safety Data Sheet of Hazardous Chemicals	800.00	48.00	848.00	0.00	848.00	2	CLAIMABLE
8	CLASS2	Classification, Labelling and Safety Data Sheet of Hazardous Chemicals for Classifier	1,000.00	60.00	1,060.00	0.00	1,060.00	4	CLAIMABLE
9	CRO	Compliance to Act & Regulations under Occupational Safety and Health Act (OSHA) 1994 (ACT 514)	800.00	48.00	848.00	0.00	848.00	2	CLAIMABLE
10	ECOMM	Effective Communication in OSH	800.00	48.00	848.00	0.00	848.00	2	CLAIMABLE
11	EHCD	Effective Hygiene, Cleaning & Disinfecting for Facility	800.00	48.00	848.00	0.00	848.00	2	CLAIMABLE
12	EMG	Fundamentals and Applications of Surface Electromyography	1,500.00	90.00	1,590.00	0.00	1,590.00	5	CLAIMABLE
13	EMHW	Ergonomics and Manual Handling in The Workplace	800.00	48.00	848.00	0.00	848.00	2	CLAIMABLE
14	EPRP	Emergency Preparedness and Response Plan	800.00	48.00	848.00	0.00	848.00	2	CLAIMABLE
15	ESHC	Effective Safety and Health Committee	800.00	48.00	848.00	0.00	848.00	2	CLAIMABLE
16	FAIR	Full Accident Investigation and Reporting	800.00	48.00	848.00	0.00	848.00	2	CLAIMABLE
17	FOSH-SV	Fundamental Occupational Safety and Health for Supervisor	800.00	48.00	848.00	0.00	848.00	2	CLAIMABLE
18	H2S	Safe Working in The Hydrogen Sulphide Environment	800.00	48.00	848.00	0.00	848.00	2	CLAIMABLE
19	HIPS	High Impact OSH Presentation Skills	800.00	48.00	848.00	0.00	848.00	2	CLAIMABLE
20	HLPAP	Hearing Loss Prevention and Audiometric Testing	800.00	48.00	848.00	0.00	848.00	2	CLAIMABLE
21	IRAT	Incident Reporting and Analysis Technique	1,200.00	72.00	1,272.00	0.00	1,272.00	3	CLAIMABLE
22	ITSLS	Interactive Training Series-Laboratary Safety	400.00	24.00	424.00	0.00	424.00	1	CLAIMABLE
23	ITSWAH	Interactive Training Series – Working Safely at Height	400.00	24.00	424.00	0.00	424.00	1	CLAIMABLE
24	KYT	Kiken Yochi Training	800.00	48.00	848.00	0.00	848.00	2	CLAIMABLE
25	LFTA	Lung Function Testing and Analysis	570.00	34.20	604.20	0.00	604.20	1	CLAIMABLE
26	LSC	Lifting Supervisor	1,100.00	66.00	1,166.00	0.00	1,166.00	3	CLAIMABLE
27	MHA	Mental Health Awareness	400.00	24.00	424.00	0.00	424.00	1	CLAIMABLE
28	OCP	Occupational Safety and Health for Construction Personnel	1,200.00	72.00	1,272.00	0.00	1,272.00	3	CLAIMABLE
29	OHDW	Occupational Health Doctor Examination Workshop	300.00	18.00	318.00	0.00	318.00	2	CLAIMABLE
30	OHNW	Occupational Health Nurse Examination Workshop	300.00	18.00	318.00	0.00	318.00	2	CLAIMABLE
31	OSHA	Occupational Safety and Health Act 1994	400.00	24.00	424.00	0.00	424.00	1	CLAIMABLE
32	OSHE	Occupational Safety, Health and Environment Management	800.00	48.00	848.00	0.00	848.00	2	CLAIMABLE
33	OSFA	Basic Offshore Occupational First Aid	850.00	0.00	850.00	150.00	1,000.00	4	CLAIMABLE
34	OSHO	Occupational Safety and Health in the Office	800.00	48.00	848.00	0.00	848.00	2	CLAIMABLE
35	OSHSPO	Occupational Safety and Health in Sport	200.00	12.00	212.00	0.00	212.00	1	CLAIMABLE
36	PSM	Process Safety Management	1,200.00	72.00	1,272.00	0.00	1,272.00	3	CLAIMABLE
37	SDDP	Safe and Defensive Driving Person	1,000.00	60.00	1,060.00	0.00	1,060.00	2	CLAIMABLE
38	SHEP	Safety and Health Officer Enrichment Program	1,800.00	108.00	1,908.00	0.00	1,908.00	6	CLAIMABLE
39	SHOW	Safety and Health Officer Examination Workshop	100.00	6.00	106.00	0.00	106.00	1	CLAIMABLE
40	SMRW	Safe Motorcycle Riding For Workers	800.00	48.00	848.00	0.00	848.00	2	CLAIMABLE
41	STUC	Safety in the Use of Chemicals	800.00	48.00	848.00	0.00	848.00	2	CLAIMABLE
42	TDGR	Transportation of Dangerous Goods By Road	800.00	48.00	848.00	0.00	848.00	2	CLAIMABLE
43	UIH	Understanding, Evaluating and Implementing Effective HIRARC at the Workplace	1,200.00	72.00	1,272.00	0.00	1,272.00	3	CLAIMABLE
44	UPTW	Understanding and Implementation of Permit to Work at Workplace	800.00	48.00	848.00	0.00	848.00	2	CLAIMABLE
45	WICS	Workplace Infection Control & Safety	400.00	24.00	424.00	0.00	424.00	1	CLAIMABLE
46	WSR	Water Safety Responder	800.00	48.00	848.00	0.00	848.00	2	CLAIMABLE
SKILLS COMPETENCY PROGRAMME									
1	AKSC	Air Kelantan Safety Card	180.00	10.80	190.80	0.00	190.80	1	CLAIMABLE
2	ANSP	Air Selangor – NIOSH Safety Passport	180.00	10.80	190.80	0.00	190.80	1	CLAIMABLE
3	CSPSAR	Contractor Safety Passport System - All Risks	250.00	15.00	265.00	0.00	265.00	1	CLAIMABLE
4	CSPSHR	Contractor Safety Passport System - High Risk	75.00	4.50	79.50	0.00	79.50	0.5	CLAIMABLE
5	CSPSLR	Contractor Safety Passport System - Low Risk	75.00	4.50	79.50	0.00	79.50	0.5	CLAIMABLE
6	EISP	E - Idaman Safety Passport	250.00	15.00	265.00	0.00	265.00	1	CLAIMABLE
7	EOSP	Expressway Operations Safety Passport	250.00	15.00	265.00	0.00	265.00	1	CLAIMABLE
8	NASP	NIOSH – ASTRO Safety Passport	226.42	13.58	240.00	0.00	240.00	1	CLAIMABLE
9	NCSP	NIOSH - Cenviro Safety Passport	250.00	15.00	265.00	0.00	265.00	1	CLAIMABLE
10	NNSP	NIOSH – Nestlé Safety Passport	180.00	10.80	190.80	0.00	190.80	1	CLAIMABLE
11	NOMSP	NIOSH - OM Safety Passport	250.00	15.00	265.00	0.00	265.00	1	CLAIMABLE
12	NTMSP	NIOSH – TM Safety Passport	250.00	15.00	265.00	0.00	265.00	1	CLAIMABLE
13	NTSP	NIOSH – TENAGA Safety Passport	250.00	15.00	265.00	0.00	265.00	1	CLAIMABLE
14	NTLSP	NIOSH – TENAGA Safety Leader Passport	250.00	15.00	265.00	0.00	265.00	1	CLAIMABLE
15	OGSP	Oil and Gas Safety Passport	250.00	15.00	265.00	0.00	265.00	1	CLAIMABLE
16	OGSP-R	Oil and Gas Safety Passport - Refresher	250.00	15.00	265.00	0.00	265.00	1	CLAIMABLE
17	PLSP	Plantation Safety Passport	180.00	10.80	190.80	0.00	190.80	1	NON-CLAIMABLE
18	PRHP	PETRONAS Retail HSE Passport	102.83	6.17	109.00	0.00	109.00	1	CLAIMABLE
19	SESP	Sarawak Energy Safety Passport	250.00	15.00	265.00	0.00	265.00	1	CLAIMABLE
20	SLGSP	Sabah Local Government Safety Passport	75.00	4.50	79.50	0.00	79.50	0.5	NON-CLAIMABLE
21	SRSP	SHELL Retail Safety Passport	169.81	10.19	180.00	0.00	180.00	1	CLAIMABLE

NO	COURSE CODE	COURSE TITLE	COURSE FEE (STANDARD) (RM)	SST 6% (RM)	COURSE FEE (STANDARD) INCLUSIVE SST 6% (RM)	EXAMINATION FEE (RM)	TOTAL FEE (STANDARD) (RM)	TRAINING DURATION	HRD CORP. SCHEME
REMOTE LEARNING PROGRAMME									
TRAINERS PROGRAMME									
1	TTT1-RL	OSH Train the Trainer Competency Based Programme	750.00	45.00	795.00	200.00	995.00	5	CLAIMABLE
2	TTT2-RL	Training Management For Business (Remote Learning)	1175.00	70.50	1245.50	200.00	1445.50	6	CLAIMABLE
REGULATORY COMPETENCY PROGRAMME									
1	OHN-RL	Occupational Health Nurse(Remote Learning)	1800.00	108.00	1908.20	400.00	1908.00	10	CLAIMABLE
AWARENESS PROGRAMME									
1	BBSO-RL	Additional Noise Risk Assessor Course for Monitoring of Noise Exposure Participants (Remote Learning)	400.00	18.00	318.00	00.00	318.00	3	CLAIMABLE
2	BDMA-RL	Behaviour Based Safety for Observer (Remote Learning)	1,200.00	24.00	424.00	00.00	424.00	2	CLAIMABLE
3	BFMA	Business Assurance | Disinfectant Management Assurance (Remote Learning)	5,000.00	36.00	636.00	00.00	636.00	2	CLAIMABLE
4	BPIH-RL	Basic Principle of Industrial Hygiene (Remote Learning)	800.00	48.00	848.00	00.00	848.00	4	CLAIMABLE
5	BPM-RL	Back Protection Management (Remote Learning)	400.00	24.00	424.00	00.00	424.00	2	CLAIMABLE
6	CFMA-RL	Compliance to Factories and Machinery Act 1967 and It's Regulations (Remote Learning)	400.00	24.00	424.00	00.00	424.00	2	CLAIMABLE
7	CRO-RL	Compliance to Regulations Under Occupational Safety and Health Act 1994 (Remote Learning)	400.00	24.00	424.00	00.00	424.00	2	CLAIMABLE
8	CWP-RAA-RL	Construction Work Permit For Receiving Authorized Authority (For Tenaga Nasional GRID Development Contractor)(Remote Learning)	600.00	36.00	636.00	00.00	636.00	2	CLAIMABLE
9	ECOMM-RL	Effective Communication in OSH (Remote Learning)	400.00	24.00	424.00	00.00	424.00	2	CLAIMABLE
10	EHCD-RL	Effective Hygiene, Cleaning & Disinfecting for Facility (Remote Learning)	800.00	24.00	424.00	00.00	424.00	2	CLAIMABLE
11	EMHW-RL	Ergonomics and Manual Handling in the Workplace (Remote Learning)	400.00	24.00	424.00	00.00	424.00	2	CLAIMABLE
12	ESHC-RL	Effective Safety and Health Committee (Remote Learning)	400.00	24.00	424.00	00.00	424.00	2	CLAIMABLE
13	EPRP-RL	Emergency Preparedness and Response Plan (Remote Learning)	400.00	24.00	424.00	00.00	424.00	2	CLAIMABLE
14	FOSH-SV-RL	Fundamental Occupational Safety and Health for Supervisor (Remote Learning)	400.00	24.00	424.00	00.00	424.00	2	CLAIMABLE
15	H2S-RL	Safe Working in The Hydrogen Sulphide Environment (Remote Learning)	400.00	24.00	424.00	00.00	424.00	2	CLAIMABLE
16	HIPS-RL	High Impact OSH Presentation Skills (Remote Learning)	400.00	24.00	424.00	00.00	424.00	2	CLAIMABLE
17	HLPAP-RL	Hearing Loss Prevention and Audiometric Testing Programme (Remote Learning)	400.00	24.00	424.00	00.00	424.00	2	CLAIMABLE
18	IRAT-RL	Incident Reporting and Analysis Technique (Remote Learning)	600.00	36.00	636.00	00.00	636.00	3	CLAIMABLE
19	KYT-RL	Kiken Yochi Training (Remote Learning)	400.00	24.00	424.00	00.00	424.00	2	CLAIMABLE
20	LFTA-RL	Lung Function Testing and Analysis (Remote Learning)	300.00	18.00	318.00	00.00	318.00	1	CLAIMABLE
21	OCP-RL	Occupational Safety and Health for Construction Personnel (Remote Learning)	600.00	36.00	636.00	00.00	636.00	3	CLAIMABLE
22	OHDW-RL	Occupational Health Doctor Examination Workshop (Remote Learning)	200.00	12.00	212.00	00.00	212.00	2	CLAIMABLE
23	OHNW-RL	Occupational Health Nurse Examination Workshop (Remote Learning)	200.00	12.00	212.00	00.00	212.00	2	CLAIMABLE
24	OSHA-RL	Occupational Safety and Health Act 1994 (Remote Learning)	200.00	12.00	212.00	00.00	212.00	1	CLAIMABLE
25	OSHE-RL	Occupational Safety and Health Coordinator (Remote Learning)	400.00	36.00	636.00	00.00	636.00	4	CLAIMABLE
26	OSHO-RL	Occupational Safety, Health and Environment Management (Remote Learning)	400.00	24.00	424.00	00.00	424.00	2	CLAIMABLE
27	OSHSPO-RL	Occupational Safety and Health in The Office (Remote Learning)	100.00	24.00	424.00	00.00	424.00	2	CLAIMABLE
28	PSM-RL	Process Safety Management (Remote Learning)	600.00	36.00	636.00	00.00	636.00	3	CLAIMABLE
29	SHEP-RL	Safety dnd Health Officer Enrichment Program (Remote Learning)	900.00	54.00	954.00	00.00	954.00	6	CLAIMABLE
30	STUC-RL	Safety in the Use of Chemicals (Remote Learning)	400.00	24.00	424.00	00.00	424.00	2	CLAIMABLE
31	TDGR-RL	Transportation of Dangerous Goods By Road (Remote Learning)	400.00	24.00	424.00	00.00	424.00	2	CLAIMABLE
32	UIH-RL	Understanding, Evaluating and Implementing Effective HIRARC at The Workplace (Remote Learning)	600.00	36.00	636.00	00.00	636.00	3	CLAIMABLE
33	UPTW-RL	Understanding and Implementation of Permit to Work at Workplace (Remote Learning)	400.00	24.00	424.00	00.00	424.00	2	CLAIMABLE
34	WICS-RL	Workplace Infection Control & Safety (Remote Learning)	200.00	12.00	212.00	00.00	212.00	1	CLAIMABLE
SAFETY INDUCTION PROGRAMME									
1	CSPSAR-RL	Contractor Safety Passport System All Risks Work (Remote Learning)	200.00	12.00	212.00	0.00	212.00	1	CLAIMABLE
2	CSPSHR-RL	Contractor Safety Passport System High Risk (Remote Learning)	60.00	3.60	63.60	0.00	63.60	0.5	CLAIMABLE
3	CSPSLR-RL	Contractor Safety Passport System Low Risk Work (Remote Learning)	60.00	3.60	63.60	0.00	63.60	0.5	CLAIMABLE
4	EOSP-RL	Expressway Operations Safety Passport (Remote Learning)	200.00	12.00	212.00	0.00	212.00	1	CLAIMABLE
5	OGSP-RL	Oil & Gas Safety Passport (Remote Learning)	200.00	12.00	212.00	0.00	212.00	1	CLAIMABLE
6	OGSPR-RL	Oil & Gas Safety Passport Refresher (Remote Learning)	200.00	12.00	212.00	0.00	212.00	1	CLAIMABLE

MINISTRY OF HUMAN RESOURCES

NIOSH
National Institute of Occupational Safety and Health



COURSE SCHEDULE 2024

HEADQUATERS (HQ) BANDAR BARU BANGI

TO BE A LEADING CENTER OF EXCELLENCE IN OCCUPATIONAL SAFETY AND HEALTH IN MALAYSIA

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NO	COURSE CODE	COURSE TITLE	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
	TRAINERS PROGRAM													
1	CSHT	Construction Safety and Health Trainers					6-9						11-14	
2	CST	Confined Space (Trainer's Program)								5-9				
3	TTT1	Train The Trainer	8-12	5-9, 19-23	4-8, 18-22	29/4 - 3/5	27/5 - 31/6	24-28	1-5, 29/7-2/8	26-30	9-13, 30/9-4/10	21-25	18-22	16-20
4	TTT2	Training Management for Business							15-20					
	REGULATORY COMPETENCY PROGRAMS													
1	AESP	Authorised Entrant and Standby Person for Confined Space	3-4, 6-7, 8-9, 10-11, 13-14, 15-16, 17-18, 20-21, 22-23, 27-28, 29-30, 31/1-1/2	3-4, 5-6, 7-8, 12-13, 17-18, 19-20, 21-22, 24-25, 26-27, 28-29	2-3, 4-5, 6-7, 9-10, 11-12, 13-14, 16-17, 18-19, 20-21, 23-24,	1-2, 3-4, 17-18, 20-21, 22-23, 24-25, 27-28, 29-30	4-5, 6-7, 8-9, 11-12, 13-14, 15-16, 18-19, 20-21, 25-26,	5-6, 8-9, 10-11, 12-13, 22-23, 24-25, 26-27, 29-20						
2	AESP-R	Authorised Entrant and Standby Person for Confined Space Refresher	3, 6, 8, 13, 17, 20, 22, 27. 29	3, 7, 14, 17, 19, 24, 28	2, 4, 9, 13, 16, 20, 23, 25, 30	3, 17, 24, 27, 29	4, 6, 11, 15, 18, 20, 25, 29	5, 8, 12, 22, 29						
3	AGTES	Authorised Gas Tester and Entry Supervisor for Confined Space	3-4, 8-10, 9-11, 15-17, 16-18, 22-24, 29-31, 30/1 - 1/2	5-7, 6-8, 12-16, 19-21, 20-22, 26- 28, 27-29	4-6, 5-7, 11-13, 12-14, 18-20, 19-21, 25-27	1-3, 2-4, 22-24, 23-25	6-8, 7-9, 13-15, 14-16, 27-29, 28-30	4-6, 10-12, 11-13, 24-26, 25-27						
4	AGTES-R	Authorised Gas Tester and Entry Supervisor for Confined Space Refresher	9-10, 30-31	20-21	5-6, 18-19	22-23	7-8, 27-28	10-11, 25-26						
5	BSC	Basic Scaffolder Course	29/1 - 7/2	26/2 - 6/3	11-20	20-29	6-15	24/6 - 3/7						
6	CHRA	Chemical Health Risk Assessment		19/2 - 1/3			6-17		15-26		2-13		18-29	
7	HT1	Hygiene Technician 1 (Chemical Monitoring)	8-12			1-5		24-28		12-16		7-11		
8	HT2	Hygiene Technician 2 (Inspection, Testing and Examination of Engineering Control Equipment)			4-8		27-31			5-9		21-25		16-20
9	IAQ	Indoor Air Quality Assessor	29/1 - 2/2			22-26				19-23		14-18		2-6
10	NRA	Noise Risk Assessor	15-18		11-14			10-13		26-29			4-7	
11	OSH-C	Occupational Safety and Health Coordinator	9-11, 18-20, 30/1-1/2	15-17, 20-22, 27-29	8-10, 12-14, 19-21	2-4, 19-21, 23-25	7-9, 17-19, 28-30	7-9, 11-13, 25-27						
12	OHD	Occupational Health Doctor	12/1 - 3/3	23/2 - 7/4	22/3 - 12/5	26/4 - 9/6	24/5 - 14/7	7/6 - 4/8	26/7 - 8/9	23/8 - 6/10	20/9 - 10/11	18/10 - 8/12	22/11-TBA	20/12-TBA
13	SHO	Safety and Health Officer (Full Time)	15/1 - 22/2	19/2 - 20/3	11/3 - 25/4	22/4 - 23/5	13/5 - 14/6	24/6 - 24/7						
14	SHOM	Safety and Health Officer (Modular)		26/2/2024 - 31/5/2024			27/5 - 23/8							
15	SHOP	Safety and Health Officer (Part Time)	13/1 - 28/4	24/2 - 9/6	16/3 - 21/7	27/4 - 11/8	18/5 - 25/8	29/6 - 28/9						
16	SSS	Site Safety Supervisor (Full time)	8-19	19/2 - 1/3	11-22	15-26	6-17, 27/5 - 10/6	24/6 - 5/7	15-26	5-16	17-30	14-25	18-29	2-16
17	SSS-P	Site Safety Supervisor (Part time)												
18	SSS-OS	Site Safety Supervisor - Occupational Safety (Module 6)												
	SKILLS COMPETENCY PROGRAMME													
1	BOFA	Basic Occupational First Aid	16 - 17	20 - 21	19-20	29-30	28-29	19-20	17 - 18	20-21	10 - 11	4 - 5	18 - 19	4-5
2	BRS	Basic Rigging and Slinging		13-14		24-25		26-27		21-22		9 - 10		2-3
3	CRINS	Crane and Machinery Safety Inspection												
4	CSR	Confined Space Rescue and First Response					6-9						18-21	
5	CWP-RAA	Construction Work Permit For Receiving Authorized Authority (For Tenaga Nasional GRID Development Contractor)	17-18		6-7		8-2		24-25		25-26		27-28	
6	ERA1	Ergonomics Trained Person for Initial Ergonomics Risk Assessment												
7	ERA2	Ergonomics Trained Person for Advanced Ergonomics Risk Assessment												
8	HPWJ	Safe Operation of High Pressure Water Jetting												
9	HPWJ-R	Safe Operation of High Pressure Water Jetting Refresher												
10	IET	Inert Space Entry							15-19					
11	IET-R	Inert Space Entry Refresher								5-7				
12	FWS	Fire Watcher Safety		6		2		5		5		2		4
13	OHN	Occupational Health Nurse												
14	SHFT	Safe Handling of Forklift Truck	2-4	6-8	5-7	22-24	7-9	4-6	2-4	6-7	3-5	1-3	5-7	3-5
15	SHFT-R	Safe Handling of Forklift Truck Refresher		15			6			12			7	
16	SHFT1	Basic Safe Handling of Forklift Truck	8-9	5-6	4-5	25-26	6-7	10-11	1-2	5-6	2-3	7-8	4-5	2-3
17	SIGM	Signalman												
18	WAH	Working Safely at Height	10-11, 17-18, 20-21	14-15, 17-18, 21-22	2-3, 9-10, 20-21	27-28, 29-30	11-12, 15-16, 20-21	8-9, 12-13, 24-25	15-16, 20-21, 24-25	10-11, 14-15, 20-21	9-10, 18-19, 21-22	9-10, 14-15, 19-20	12-13, 16-17, 20-21	9-10, 14-15, 18-19
19	WAH-R	Working Safely at Height Refresher		28		24		27		28		24		17

NO	COURSE CODE	COURSE TITLE	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
	AWARENESS PROGRAMME													
1	BBSO	Behaviour Based Safety for Observer		14-15						21-22				
2	BDMA	Business Assurance | Disinfectant Management Assurance												
3	BFMA	Business Assurance Facility Management Assurance												
4	BPIH	Basic Principle of Industrial Hygiene			11-14						23-26			
5	BPM	Back Protection Management					28-29						27-28	
6	CFMA	Compliance to Factories and Machinery Act 1967 and Its Regulations												
7	CLASS1	Fundamental of Classification, Labelling and Safety Data Sheet of Hazardous Chemicals	8 - 9						29-30					
8	CLASS2	Classification, Labelling and Safety Data Sheet of Hazardous Chemicals for Classifier				22-25						21-24		
9	CRO	Compliance to Regulations Under Occupational Safety and Health Act 1994												
10	ECOMM	Effective Communication in OSH						5-6						
11	EHCD	Effective Hygiene, Cleaning & Disinfecting for Facility							1-2					
12	EMG	Fundamentals and Applications of Surface Electromyography												
13	EMHW	Ergonomics and Manual Handling in The Workplace		19-20				24-25				2-3		
14	EPRP	Emergency Preparedness and Response Plan		27-28				26-27				9-10		
15	ESHC	Effective Safety and Health Committee	17 - 18				8-9				4-5			
16	FAIR	Full Accident Investigation and Reporting												
17	FOSH-SV	Fundamental Occupational Safety and Health for Supervisor				3-4					11-12			
18	H2S	Safe Working in The Hydrogen Sulphide Environment											4-5	
19	HIPS	High Impact OSH Presentation Skills												
20	HLPAP	Hearing Loss Prevention and Audiometric Testing			6 - 7				10-11				6-7	
21	IRAT	Incident Reporting and Analysis Technique					14-16					15-17		
22	ITSLS	Interactive Training Series-Laboratary Safety			5									
23	ITSWAH	Interactive Training Series-Working Safely at Height								1				
24	KYT	Kiken Yochi Training								7-8				
25	LFTA	Lung Function Testing and Analysis					7				9			
26	LSC	Lifting Supervisor												
27	MHA	Mental Health Awareness										28		
28	OCP	Occupational Safety and Health for Construction Personnel												3-5
29	OHDW	Occupational Health Doctor Examination Workshop												
30	OHNW	Occupational Health Nurse Examination Workshop												
31	OSHA	Occupational Safety and Health Act 1994												
32	OSHE	Occupational Safety and Health and Enviroment Management	30-31						17-18					
33	OSFA	Basic Offshore Occupational First Aid												
34	OSHO	Occupational Safety and Health in The Office	22-23							14-15				
35	OSHSPO	Occupational Safety and Health in Sport				30								
36	PSM	Process Safety Management			19-21								12-14	
37	SDDP	Safe and Defensive Driving						12-13						
38	SHEP	Safety and Health Officer Enrichment Programme												
39	SHOW	Safety and Health Officer Examination Workshop												
40	SMRW	Safe Motorcycle Riding For Workers							16-17					
41	STUC	Safety in the Use of Chemicals				1-2								16-17
42	TDGR	Transportation of Dangerous Goods By Road												9-10
43	UIH	Understanding, Evaluating and Implementing Effective HIRARC at The Workplace		6-8				11-13					19-21	
44	UPTW	Understanding and Implementation of Permit to Work at Workplace							24-25					18-19
45	WICS	Workplace Infection Control & Safety								26				
46	WSR	Water Safety Responder												

NO	COURSE CODE	COURSE TITLE	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
	SAFETY INDUCTION PROGRAMME													
1	ANSP	Air Selangor – NIOSH Safety Card	3, 5, 6, 8, 10, 12, 13, 15, 17, 19, 20, 22,24, 26, 27, 29, 32	2, 2, 3, 5, 7, 9, 12, 14, 16, 17, 19, 21, 23, 24, 26, 28, 29	2, 4, 6, 8, 9, 12, 14, 15, 16, 18, 20,22, 23, 25, 29, 30	1, 3, 5, 16, 18, 19, 20, 22, 24, 26, 27, 29	3, 4, 6, 8, 10, 11, 13, 15, 17, 18, 20, 22, 24, 25, 27, 29, 31	1, 5, 7, 8, 10, 12, 14, 15, 19, 21, 22, 24, 26, 28, 29	1, 3, 5, 6, 10, 12, 13, 15, 17, 19, 20, 22, 24, 26, 27, 29, 31	2, 3, 5, 7, 9, 10, 12, 14, 16, 17, 19, 21, 23, 24, 26, 28, 30	2, 4, 6, 7, 9, 11, 13, 14, 18, 20, 21, 23, 25, 27, 28, 30	2, 4, 5, 7, 9, 11, 12, 14, 16, 18, 19, 21, 23, 25, 26, 28, 30	1, 2, 4, 6, 8, 9, 11, 13, 15, 16, 18, 20, 22, 23, 25, 27, 29, 30	2, 4, 6, 7, 9, 13, 14, 16, 18, 20, 21, 23, 27, 28, 30
2	CSP-AR	Contractor Safety Passport System - All Risks Work	20, 30	6, 24	19, 30	27, 30	21, 25	25, 29	20, 23	20, 24	24, 28	22, 26	19, 23	17, 28
3	CSP-HR	Contractor Safety Passport System - High Risks Work	16, 27	17, 20	5, 16	17, 27	7, 18	4, 29	2, 13	6, 17	10, 21	8, 19	5, 16	3, 14
4	CSP-LR	Contractor Safety Passport System - Low Risks Work	13, 23	13, 27	9, 12	20, 23	11, 14	11, 22	16, 27	10, 13	14, 17	12, 15	9, 12	10, 21
5	EISP	E - Idaman Safety Passport												
6	EOSP	Expressway Operations Safety Passport	6, 9, 10, 11, 13, 16, 17, 18, 20, 23, 24, 27, 30, 31	1, 3, 6, 8, 13, 14, 15, 17, 20, 21, 22, 24, 27, 28, 29	2, 5, 6, 7, 9, 12, 13, 14, 16, 19, 20, 21, 23, 26, 28, 30	2, 3, 4, 6, 20, 23, 24, 25, 27, 30	2, 4, 7, 8, 9, 11, 14, 15, 16, 18, 21, 22, 23, 25, 28, 29, 30	1, 4, 5, 6, 8, 11,12, 13, 15, 20, 22, 25, 26, 27, 29	2, 3, 4, 6, 9, 10, 11, 13, 16, 17, 18, 20, 23, 24, 25, 27, 30, 31	1, 3, 6, 7, 8, 10, 13, 14, 15, 17, 20, 21, 22, 24, 27, 28, 29	3, 4, 5, 7, 10, 11, 12, 14, 17, 18, 19, 21, 24, 25, 26, 28	1, 2, 3, 5, 8, 9, 10, 12, 15, 16, 17, 19, 22, 23, 24, 26, 29, 30, 31	2, 5, 6, 7, 9, 12, 13, 14, 16, 19, 20, 21, 23, 26, 27, 28, 30	3, 4, 5, 7, 10, 12, 14, 17, 18, 19, 21
7	NASP	NIOSH – ASTRO Safety Passport	9	6	5	2	7	4	2	6	3	1	5	3
8	NCSP	NIOSH - Cenviro Safety Passport	11, 24	8, 22	7, 21	4, 25	9, 23	13, 27	11, 25	8, 22	12, 26	10, 24	7, 21	12, 19
9	NNSP	NIOSH – Nestlé Safety Passport	6, 10, 13, 17, 20, 24, 27, 31	3, 6, 14, 17, 21, 24, 28	2, 6, 9, 13, 16, 20, 23, 26, 30	3, 6, 20, 24, 27, 30	4, 8, 11, 15, 18, 22, 25, 29	1, 5, 8, 12, 15, 20, 22, 26, 29	3, 6, 10, 13, 17, 20, 24, 27, 31	3, 7, 10, 14, 17, 21, 24, 28	4, 7, 11, 14, 18, 21, 25, 28	2, 5, 9, 12, 16, 19, 23, 26, 30	2, 6, 9, 13, 16, 20, 23, 27, 30	4, 7, 12, 14, 18, 21
10	NOMSP	NIOSH - OM Safety Passport												
11	NTMSP	NIOSH – TM Safety Passport	3, 4, 8, 9, 10, 11, 15, 16, 17, 22, 23, 24, 29, 30, 31	1, 5, 6, 7, 8, 13, 14, 15, 19, 20, 21, 22, 26, 27, 28, 29	4, 5, 6, 7, 11, 12, 13, 14, 18, 19, 20, 21, 25, 26, 27	1, 2, 3, 4, 15, 16, 17, 18, 22, 23, 24, 25, 29, 30	2, 6, 7, 8, 9, 13, 14, 15, 16, 20, 21, 27, 28, 29, 30	4, 5, 6, 10, 11, 12, 13, 18, 19, 20, 24, 25, 26, 27	1, 2, 3, 4, 9, 10, 11, 15, 16, 17, 18, 22, 23, 24, 25, 29, 30, 31	1, 5, 6, 7, 8, 12, 13, 14, 15, 19, 20, 21, 22, 26, 27, 28, 29	2, 3, 4, 5, 9, 10, 11, 12, 18, 19, 23, 24, 25, 26, 30	1, 2, 3, 7, 8, 9, 10, 14, 15, 16, 17, 21, 22, 23, 24, 28, 29, 30	4, 5, 6, 7, 11, 12, 13, 14, 18, 19, 20, 21, 25, 26, 27, 28	2, 3, 4, 5, 9, 10, 12, 16, 17, 18, 19, 23, 24, 30, 31
12	NTSP	NIOSH – TENAGA Safety Passport	3, 4 , 8, 9, 11, 15, 16, 18, 22, 23, 29, 30	5, 6, 8, 14, 15, 19, 20, 22, 26, 27, 29	4, 5, 7, 11, 12, 14, 18, 19, 21, 25, 26	1, 2, 4, 23, 25, 29, 30	6, 7, 9, 13, 14, 16, 20, 21, 27, 28, 30	4, 6, 10, 11, 13, 18, 20, 24, 25, 27	1, 2, 4, 9, 11, 15, 16, 18, 22, 23, 25, 29, 30	1, 5, 6, 8, 12, 13, 15, 19, 20, 22, 26, 27, 29	2, 3, 5, 9, 10, 12, 18, 23, 24, 25, 30	1, 3, 7, 8, 10, 14, 15, 17, 21, 22, 24, 28, 29, 31	4, 5, 7, 11, 12, 14, 18, 19, 21, 25, 26, 28	2, 3, 5, 9, 10, 16, 17, 19, 23, 24, 30, 31
13	NTSLP	NIOSH – TENAGA Safety Leader Passport	9, 10, 11, 16, 17, 18, 23, 24, 30, 31	6, 7, 8, 13, 14, 15, 20, 21, 22, 27, 28, 29	5, 6, 7, 12, 13, 14, 19, 20, 21, 26, 28	2, 3, 4, 16, 17, 18, 23, 24, 25, 30	2, 7, 8, 9, 14, 15, 16, 21, 23, 28, 29, 30	4, 5, 6, 11, 12, 13, 19, 20, 25, 26, 27	2, 3, 4, 9, 10, 11, 16, 17, 18, 23, 24, 25, 30, 31	1, 6, 7, 8, 13, 14, 15, 20, 21, 22, 27, 28, 29	3, 4, 5, 10, 11, 12, 18, 19, 24, 25, 26	1, 2, 3, 8, 9, 10, 15, 16, 17, 22, 23, 24, 29, 30, 31	5, 6, 7, 12, 13, 14, 19, 20, 21, 26, 27, 28	3, 4, 5, 10, 12, 17, 18, 19, 24, 26
14	OGSP	Oil and Gas Safety Passport	3, 4, 8, 9, 11, 15, 16, 18, 22, 23, 29, 30	5, 6, 8,14,15, 19, 20, 22, 26, 27, 29	4, 5, 7, 11, 12, 14, 18, 19, 21, 25, 26	1, 2, 4, 23, 25, 29, 30	6, 7, 9, 13, 14, 16, 20, 21, 27, 28, 30	4, 6, 10, 11, 13, 18, 20, 24, 25, 27	1, 2, 4, 9, 11, 15, 16, 18, 22, 23, 25, 29, 30	1, 5, 6, 8, 12, 13, 15, 19, 20, 22, 26, 27, 29	2, 3, 5, 9, 10, 12, 18, 23, 24, 25, 30	1, 3, 7, 8, 10, 14, 15, 17, 21, 22, 24, 28, 29, 31	4, 5, 7, 11, 12, 14, 18, 19, 21, 25, 26, 28	2, 3, 5, 9, 10, 16, 17, 19, 23, 24, 30, 31
15	OGSP-R	Oil and Gas Safety Passport-Refresher	10, 17, 24, 31	7, 14, 21, 28	6, 13, 20, 28	3, 24	2, 8, 15, 23, 29	5, 12, 19, 26	3, 10, 17, 24, 31	7, 14, 21, 28	4, 11, 19, 26	2, 9, 16, 23, 30	6, 13, 20, 27	4, 12, 18, 26
16	PRHP	PETRONAS Retail HSE Passport	30	27	26	30	28	25	30	27	24	29	26	17
17	SRSP	SHELL Retail Safety Passport	23	27	28		28	25	30	27	24	29	26	17
	REMOTE LEARNING PROGRAMME													
	TRAINERS PROGRAMME													
1	TTT1-RL	Train The Trainer (Remote Learning)		19-23		22-26		10-14		12-16		14-18	11-15	9-13
	AWARENESS PROGRAMME													
1	BBSO-RL	Behaviour Based Safety for Observer (Remote Learning)								6-7				
2	BPM-RL	Back Protection Management (Remote Learning)						5-6						
3	CRO-RL	Compliance to Regulations Under Occupational Safety and Health Act 1994 (Remote Learning)					28-29							
4	EMHW-RL	Ergonomics and Manual Handling in the Workplace (Remote Learning)			6-7									
5	ESHC-RL	Effective Safety and Health Committee (Remote Learning)		27-28			7-8							17-18
6	EPRP-RL	Emergency Preparedness and Response Plan (Remote Learning)	10-11								10-11			
7	HLPAP-RL	Hearing Loss Prevention and Audiometric Testing Programme (Remote Learning)			20-21				18-19					
8	IRAT-RL	Incident Reporting and Analysis Technique (Remote Learning)				2-4								
9	OSHA-RL	Occupational Safety and Health Act 1994 (Remote Learning)		7		30						29		
10	OSHE-RL	Occupational Safety, Health and Environment Management (Remote Learning)	23-24								3-4			
11	OSHO-RL	Occupational Safety and Health in The Office (Remote Learning)					10-11							
12	STUC-RL	Safety in the Use of Chemicals (Remote Learning)	30-31											
13	UIH-RL	Understanding, Evaluating and Implementing Effective HIRARC at The Workplace (Remote Learning)							10-12				19-21	
14	UPTW-RL	Understanding and Implementation of Permit to Work at Workplace (Remote Learning)									25-26			
	SAFETY INDUCTION PROGRAMME													
1	CSPSAR-RL	Contractor Safety Passport System All Risks Work (Remote Learning)	23	27	26	24	29	26	24	28	25	23	27	23
2	EOSP-RL	Expressway Operations Safety Passport (Remote Learning)	9, 18, 25	6, 14, 22	7, 13, 20	4, 17, 23	14, 21, 29	5, 13, 26	4, 17, 24	8, 14, 21	4, 19, 25	10, 16, 23	6, 13, 24	4, 10, 18
3	OGSP-RL	Oil & Gas Safety Passport (Remote Learning)	3, 5, 9, 11, 13, 16, 18, 22, 24, 30	1, 6, 8, 13, 15, 17, 20, 22, 27, 29	5, 7, 12, 14, 16, 19, 21, 25, 27	2, 3, 4, 16, 18, 20, 23, 25, 30	2, 7, 9, 11, 14, 16, 21, 23, 25, 28	5, 7, 8, 11, 12, 13, 20, 25, 27	2, 4, 9, 11, 13, 16, 18, 23, 25, 30	1, 6, 8, 10, 13, 15, 20, 22, 27, 29	3, 5, 10, 12, 17, 19, 21, 24, 26	1, 3, 8, 10, 12, 15, 17, 22, 24, 29	5, 7, 12, 14, 16, 19, 21, 26, 28	3, 5, 10, 12, 14, 17, 19
4	OGSPR-RL	Oil & Gas Safety Passport Refresher (Remote Learning)	3, 5, 9, 11, 13, 16, 18, 22, 24, 30	1, 6, 8, 13, 15, 17, 20, 22, 27, 29	5, 7, 12, 14, 16, 19, 21, 25, 27	2, 3, 4, 16, 18, 20, 23, 25, 30	2, 7, 9, 11, 14, 16, 21, 23, 25, 28	5, 7, 8, 11, 12, 13, 20, 25, 27	2, 4, 9, 11, 13, 16, 18, 23, 25, 30	1, 6, 8, 10, 13, 15, 20, 22, 27, 29	3, 5, 10, 12, 17, 19, 21, 24, 26	1, 3, 8, 10, 12, 15, 17, 22, 24, 29	5, 7, 12, 14, 16, 19, 21, 26, 28	3, 5, 10, 12, 14, 17, 19

* Effective 1 March 2019, NIOSH training activities are subjected to SST (6%) except SBRO-Labuan [(Free Trade Zone). Receipt / invoice issued shall use SBRO-LABUAN address letterhead].
* Discount fees is NOT APPLICABLE to refresher course, joint venture course, workshop, safety passports and all types of examination UNLESS otherwise stated.
* Government discount fees is NOT APPLICABLE to SHO and SSS due to fee reduction (revised package).
* All scheduled programmes are available to be conducted as In-house Programme.
* Examination fee is paid separately for selected Competency Programmes (SHO, CHRA, IAQ, NRA, HT1, HT2, OHD, OHN).
* All information are correct at the time of printing/publishing.

MINISTRY OF HUMAN RESOURCES

National Institute of Occupational Safety and Health
Institut Keselamatan dan Kesihatan Pekerjaan Negara

Ministry of Human Resources
Kementerian Sumber Manusia

HEADQUATERS (HQ)
BANDAR BARU BANGI

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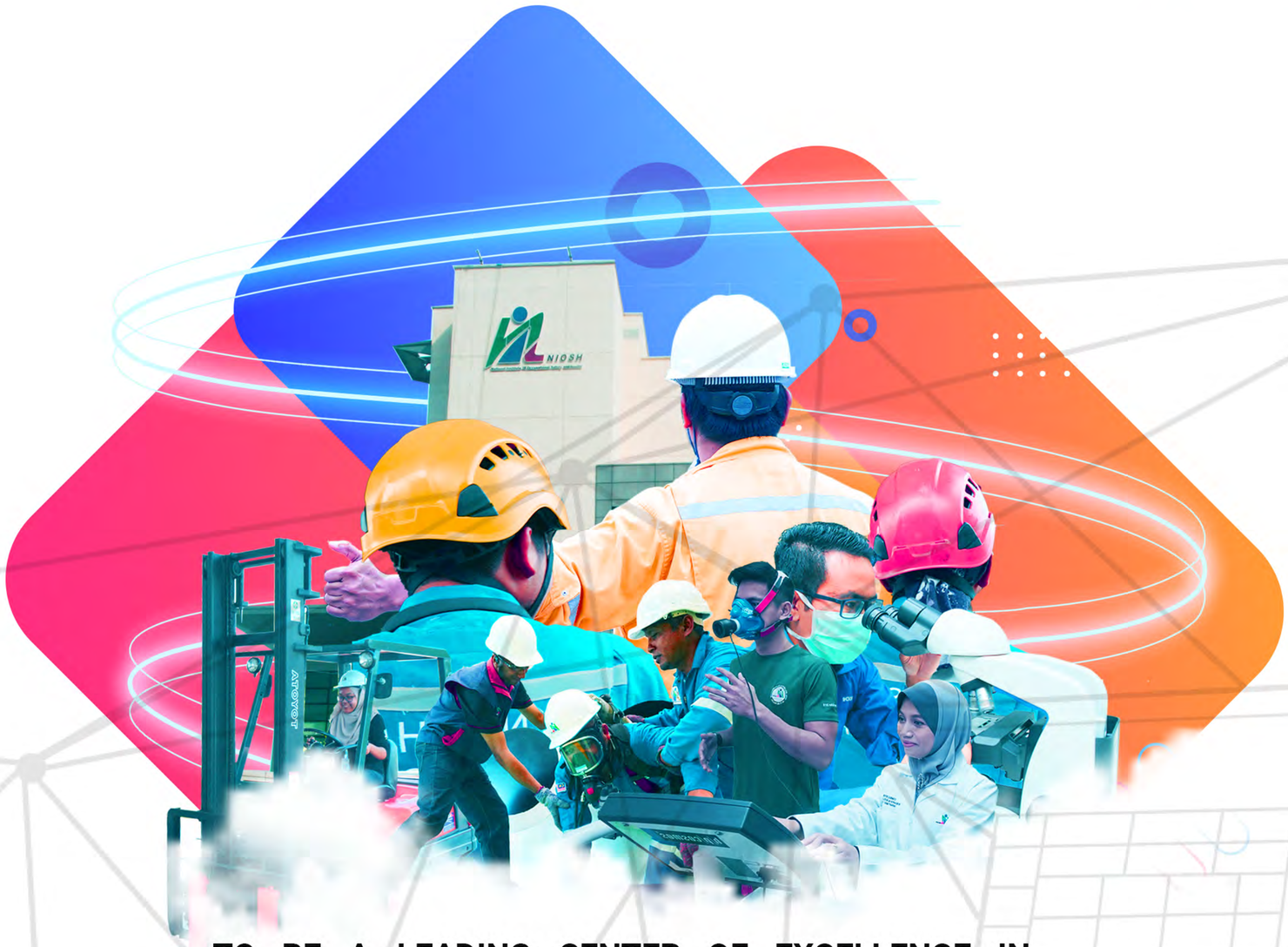
MINISTRY OF HUMAN RESOURCES

NIOSH
National Institute of Occupational Safety and Health



TO BE A LEADING CENTER OF EXCELLENCE IN OCCUPATIONAL SAFETY AND HEALTH IN MALAYSIA

COURSE SCHEDULE 2024

NORTHERN REGIONAL OFFICE (NRO)

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PNG PULAU PINANG **MJG** MANJUNG **ASR** ALOR SETAR

NO	COURSE CODE	COURSE TITLE	REGION	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
	TRAINERS PROGRAM														
1	TTT1	Train The Trainer	PNG			4-8			24-28			9-13			2-6
			MJG	13-17			13-17			13-17			12-16		
	REGULATORY COMPETENCY PROGRAMS														
1	AESP	Authorised Entrant and Standby Person for Confined Space	PNG	2-3, 13-14, 17-18, 27-28, 31/1-1/2	5-6, 17-18, 21-22, 26-27	2-3, 5-6, 16-17, 19-20, 30-31	1-2, 17-18, 20-21, 27-28	4-5, 13-14, 20-21, 25-26	1-2, 4-5, 22-23, 29-30	3-4, 20-21, 24-25, 27-28	5-6, 10-11, 17-18, 21-22	2-3, 10-11, 14-15, 17-18	1-2, 8-9, 15-16, 26-27	4-5, 16-17, 23-24, 26-27	7-8, 10-11, 18-19, 28-29
			MJG	4-5, 18-19	8-9, 22-23	7-8, 21-22	4-5, 18-19	9-10, 23-24	6-7, 27-28	4-5, 18-19	8-9, 22-23	12-13, 19-20	10-11, 24-25	7-8, 21-22	5-6, 19-20
			ASR						25-26	14-15	13-14	24-25	20-21		
2	AESP-R	Authorised Entrant and Standby Person for Confined Space Refresher	PNG	4, 16, 24, 29	3, 7, 20, 28	4, 13, 21, 26	3, 16, 25	9, 15, 23, 30	6, 13, 20, 27	2, 14, 18, 23	3, 15, 20, 29	4, 12, 19, 26	3, 10, 17, 24	6, 14, 20, 25	12, 21, 26, 30
			MJG	8, 15	12, 19	11, 18	1, 22	6, 13	10, 24	15, 22	12, 19	9, 23	7, 14	4, 11	9, 16
			ASR						27	16	15	26	22		8
3	AGTES	Authorised Gas Tester and Entry Supervisor for Confined Space	PNG	8-10	6-8, 27-29	9-11	22-24	6-8, 27-29	8-10, 24-26	15-17, 29-31	12-14, 26-28	7-9, 23-25	12-14	11-13	2-4
			MJG	9 - 11		12-14		14-16		16-18					
			ASR							28-30				18-20	
4	AGTES-R	Authorised Gas Tester and Entry Supervisor for Confined Space Refresher	PNG	22-23	14-15		29-30	18-19	8-9	10-11	7-8	28-29	22-23	18-19	16-17
			MJG									21-22			
5	NRA	Noise Risk Assessor	PNG							22-25				25-28	
6	OSH-C	Occupational Safety and Health Coordinator	PNG	30, 31, 1		22, 23, 24		14, 15, 16		26, 27, 28		10, 11, 12		8, 9, 10	13, 14, 15
			ASR						3-25			22-24			8-10
7	OHD	Occupational Health Doctor	PNG	19/1 - 24/3		8-24, 15/3 - 12/5	5/4 - 23/6		7/6 - 19/8, 28/6 - 18/8			6/9 - 17/11			6/12 - 22/2/24
8	SHO	Safety and Health Officer (Full Time)	PNG				22/4 - 24/5			1/7-1/8		30/9 - 30/10			
			MJG	8 /1 - 20/2				6-31							
9	SHOM	Safety and Health Officer (Modular)	MJG		8/2 -17/5										
10	SHOP	Safety and Health Officer (Part Time)	PNG		17/2 - 5/6		20/4 - 6/7		8/6 - 15/9		3/8 - 20/10		5/10 - 22/12		
			MJG								3/8 - 20/10				
11	SSS	Site Safety Supervisor (Full time)	PNG	8-19		11-22		6-17		15-26		2-13		11-22	
			MJG	15/1 - 2/2				20-31		1-19		9-27			2-13
			ASR								18 - 29			3 -14	
12	SSS-P	Site Safety Supervisor (Part time)	PNG		3/2 - 10/3						3/8 - 8/9		19/10 - 24/11		
	SKILLS COMPETENCY PROGRAMME														
1	BOFA	Basic Occupational First Aid	PNG					8-9							
			MJG				1-2								
2	ERA1	Ergonomics Trained Person for Initial Ergonomics Risk Assessment	MJG			7-8						21-22			
3	FWS	Fire Watcher Safety	PNG			19						26			
4	SHFT-R	Safe Handling of Forklift Truck Refresher	PNG							17					
5	SHFT1	Basic Safe Handling of Forklift Truck	PNG					28-29					22-23		
6	WAH	Working Safely at Height	PNG	16-17	3-4	26-27			15-16		23-24	24-25		23-24	14-15
7	WAH-R	Working Safely at Height Refresher	PNG			20			30			28		30	

PNG PULAU PINANG **MJG** MANJUNG **ASR** ALOR SETAR

NO	COURSE CODE	COURSE TITLE	REGION	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
	AWARENESS PROGRAMME														
1	EPRP	Emergency Preparedness and Response Plan	PNG					20-21							
2	IRAT	Incident Reporting and Analysis Technique	PNG								20-22				
3	ITSWAH	Interactive Training Series-Working Safely at Height	PNG									18			
4	MHA	Mental Health Awareness	PNG		24-25				4-5						
5	STUC	Safety in the Use of Chemicals	PNG						15-16						
	SAFETY INDUCTION PROGRAMME														
1	EISP	E - Idaman Safety Passport	ASR	15, 29	20, 26	25	22, 29	6, 28	11, 24	15, 30	5, 27	9, 30	14, 28	11, 25	9, 30
2	EOSP	Expressway Operations Safety Passport	ASR	9, 22	19	6	22	12, 29	23	3, 21	7, 28	11, 23	2, 30	6, 26	15, 29
3	NTMSP	NIOSH – TM Safety Passport	ASR	8,30	7	5, 26	17	7, 20	5, 26	2, 22	26	3, 18	9, 23	5, 27	3, 18
4	NTSP	NIOSH – TENAGA Safety Passport	ASR	7,16,24	3, 18, 27	4, 17	3, 23	5, 13, 21	4, 12	1, 10, 31	4, 12, 20	4, 15, 22	6, 15, 27	3, 17	1, 11, 23
5	OGSP	Oil and Gas Safety Passport	ASR	10, 21	14	13	30	6, 26	9	8	18	8, 29	7, 29	4, 24	2, 22

* Effective 1 March 2019, NIOSH training activities are subjected to SST (6%) except SBRO-Labuan [(Free Trade Zone). Receipt / invoice issued shall use SBRO-LABUAN address letterhead].
* Discount fees is NOT APPLICABLE to refresher course, joint venture course, workshop, safety passports and all types of examination UNLESS otherwise stated.
* Government discount fees is NOT APPLICABLE to SHO and SSS due to fee reduction (revised package).
* All scheduled programmes are available to be conducted as In-house Programme.
* Examination fee is paid separately for selected Competency Programmes (SHO, CHRA, IAQ, NRA, HT1, HT2, OHD, OHN).
* All information are correct at the time of printing/publishing.

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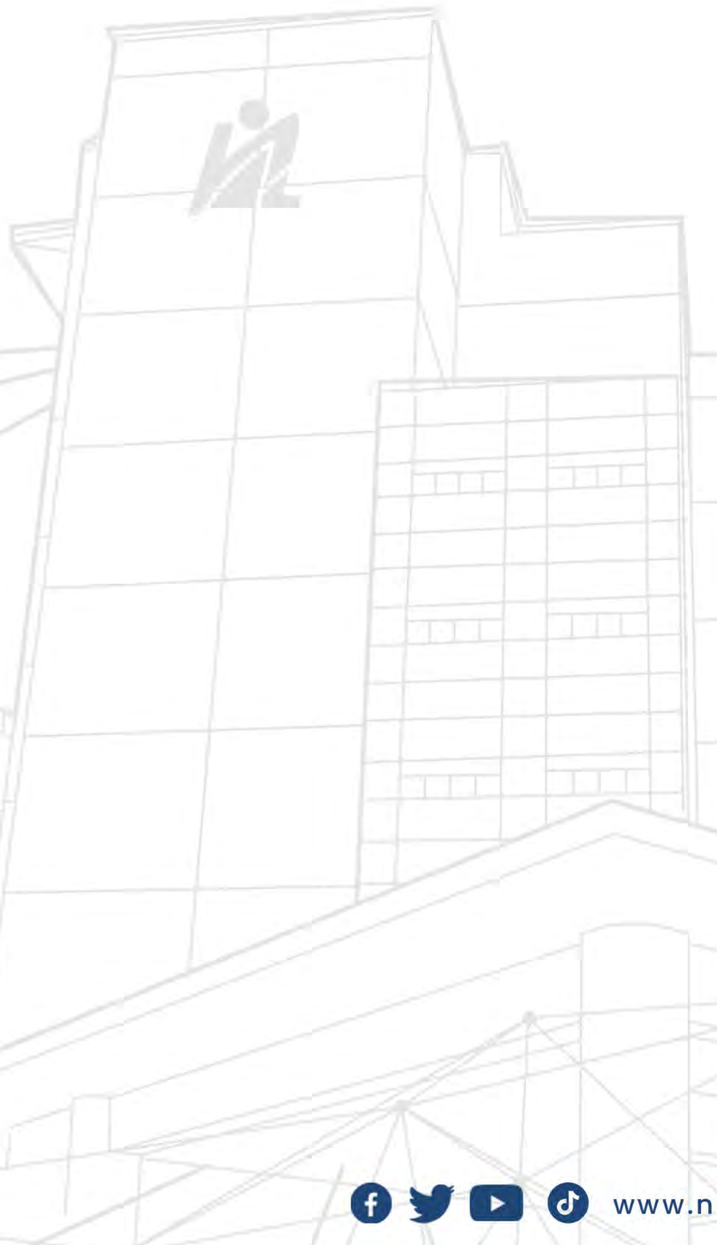

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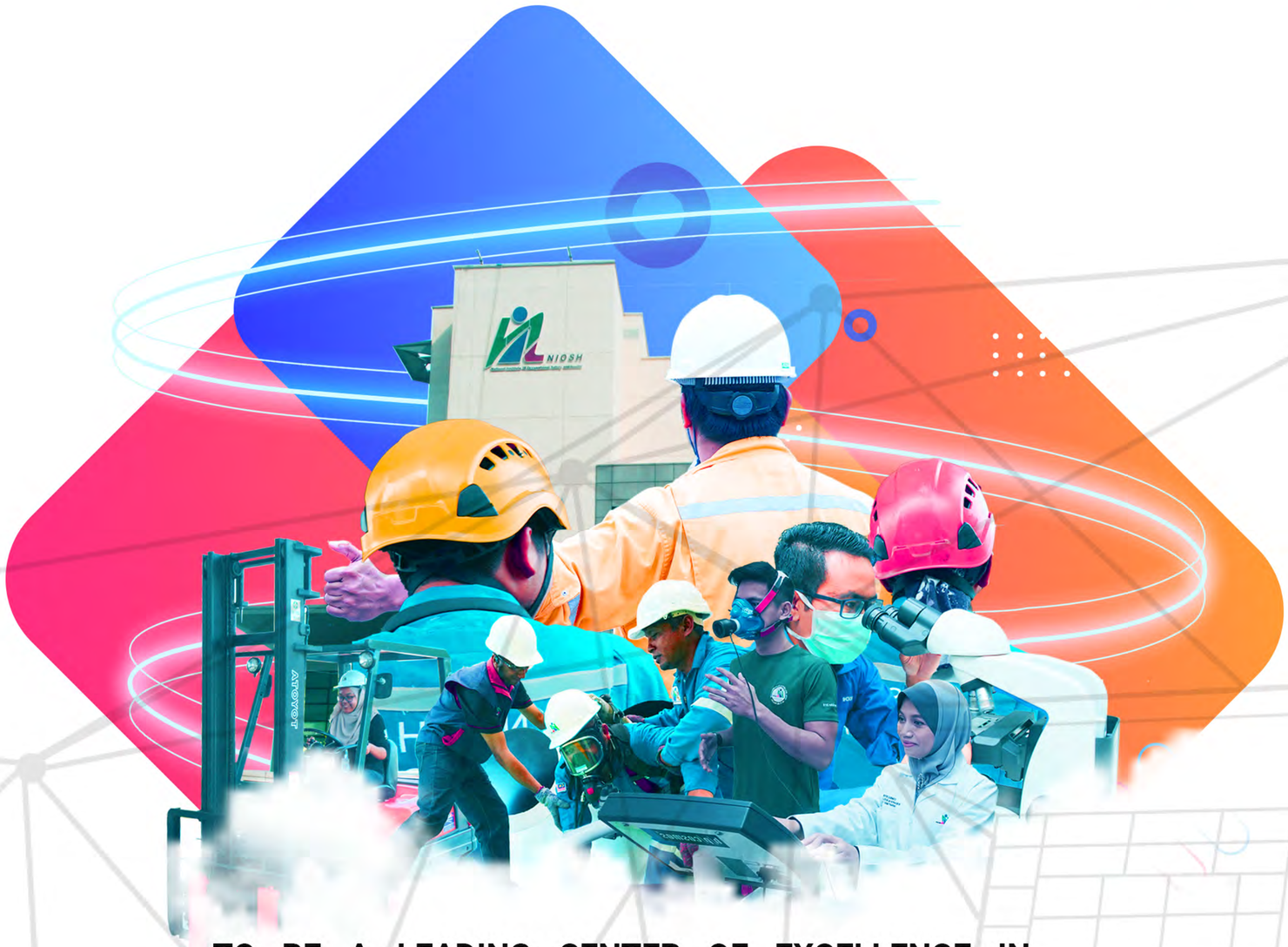
MINISTRY OF HUMAN RESOURCES

NIOSH
National Institute of Occupational Safety and Health



COURSE SCHEDULE 2024

SOUTHERN REGIONAL OFFICE (SRO)

TO BE A LEADING CENTER OF EXCELLENCE IN OCCUPATIONAL SAFETY AND HEALTH IN MALAYSIA

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MLK MELAKA **JBU** JOHOR BHARU **PRG** PENGERANG

NO	COURSE CODE	COURSE TITLE	REGION	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
	TRAINERS PROGRAM														
1	CSHT	Construction Safety and Health Trainers	MLK		19-22			13-16							
2	TTT1	Train The Trainer	JBU	29/1 - 2/02		25-29		27-31		15-19		23-27		25-29	
			MLK	15-18		18-22		20-24		22-26		16-20		18-22	
			PRG								19-23			18-22	
	REGULATORY COMPETENCY PROGRAMS														
1	AESP	Authorised Entrant and Standby Person for Confined Space	JBU	8-9, 15-16, 22-23, 29-30	5-6, 16-17, 19-20, 26-27	4-5, 18-19, 26-27	1-2, 19-20, 22-23, 28-29,	6-7, 13-14, 19-20, 27-28	5-6, 10-11, 21-22, 24-25	1-2, 9-10, 15-16, 22-23	5-6, 12-13, 19-20, 26-27	3-4, 9-10, 20-21, 23-24	1-2, 7-8, 14-15, 21-22	5-6, 11-12, 18-19, 25-26	2-3, 9-10, 16-17
			MLK	8-9, 29-30	14-15, 27-28	4-5, 25-26	2-3, 22-23	7-8, 27-28	10-11, 27-28	9-10, 29-30	1-2, 21-22	2-3, 23-24	1-2, 29-30	5-6, 23-24	7-8, 18-20
			PRG	8-9, 29-30	5-6, 26-27	4-5, 18-19	3-4, 28-29	6-7, 20-21	5-6, 24-25	9-10, 29-30	5-6, 26-27	9-10, 29-30	14-15, 27-28	4-5, 25-26	7-8, 17-18
2	AESP-R	Authorised Entrant and Standby Person for Confined Space Refresher	JBU	10, 17, 23, 31	7, 17, 21, 28	6, 20, 27	3, 20, 24, 29	8, 15, 21, 29	6, 12, 22, 26	3, 11, 17, 24	7, 14, 21, 28	5, 11, 21, 25	2, 9, 16, 23	7, 13, 20, 27	4, 11, 18
			MLK	5, 31	05, 27	06, 30	04, 30	09, 25	1, 19	1, 27	5, 23	2, 17	3, 21	1,19	2, 20
			PRG	5, 21	2, 18	1, 10	5, 21	10, 19	7, 16	12, 21	9, 18	6, 22	11, 20	8, 17	13, 22
3	AGTES	Authorised Gas Tester and Entry Supervisor for Confined Space	JBU	15-17	19-21	4-6	22-24	1 -15	24-26	1-3, 15-17	12-14	9-11	7-9	11-13	9-11
			MLK	22-24	6-8	13-15	17-19	15-17	24-26	17-19	26-28	18-20	16-18	25-27	4-6, 20-21
			PRG	10-12	13-15	24-26	22-24	13-15	17-19	15-17	12-14	17-19	16-18	11-13	16-18
4	AGTES-R	Authorised Gas Tester and Entry Supervisor for Confined Space Refresher	JBU	1 -19	22-23	7-8	25-26	16-17	27-28	18-19	15-16	12-13. 25-26	10-11	14-15	12-13
			MLK	11-12	15-16	21-22	24-25	20-21	20-21	11-12	7-8	26-27	24-25	20-21	12-13
			PRG	15-16	24-25	7-8	1-2	25-26	10-11	27-28	22-23	20-21	12-13	19-20	10-11
5	BSC	Basic Scaffolder Course													
6	CHRA	Chemical Health Risk Assessment	JBU					6-18							
7	HT1	Hygiene Technician 1 (Chemical Monitoring)	JBU				22-26								
8	HT2	Hygiene Technician 2 (Inspection, Testing and Examination of Engineering Control Equipment)													
9	IAQ	Indoor Air Quality Assessor	JBU							22-26					
10	NRA	Noise Risk Assessor	JBU		26-29									25-28	
11	OSH-C	Occupational Safety and Health Coordinator	JBU	16-18		4-6			10-12		19-21			18-20	
			MLK	9-11		26 - 28/3		29-31		2-4		4-6		12-14	
12	OHD	Occupational Health Doctor	JBU	12/1 - 17/3				10/5 - 21/7			9/8 - 20/10		4/10 - 8/12		
13	SHO	Safety and Health Officer (Full Time)	JBU	7/1 - 6/2				5/5 - 6/6			4/8 - 4/9		20/10 - 20/11		
			MLK	19/1 - 20/2				6/5 - 7/6		22/7 - 20/8		23/9 - 22/10			
14	SHOM	Safety and Health Officer (Modular)													
15	SHOP	Safety and Health Officer (Part Time)	JBU		24/2 - 19/5				22/6 - 22/9				28/9 - 15/12		
			MLK		17/2 - 5/5							7/9-17/11			
16	SSS	Site Safety Supervisor (Full time)	JBU		18-29		21/4 - 3/5			14-25			6-17		1-12
			MLK	15-26		18-29	22/4 - 6/5		4-18	15-26		2-13	1-14	4-15	
17	SSS-P	Site Safety Supervisor (Part time)	JBU			2-31				27/7 - 25/8				9/11 - 8/12	
			MLK					18/5 - 9/6		13/7 - 11/8					

MLK MELAKA **JBU** JOHOR BHARU **PRG** PENGERANG

NO	COURSE CODE	COURSE TITLE	REGION	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
	SKILLS COMPETENCY PROGRAMME														
1	BOFA	Basic Occupational First Aid	JBU	10-11	7-8, 21-22	6-7	24-25	8-9, 20-21	10-11, 26-27	10-11, 24-25	7-8, 21-22	9-10, 25-26	7-8, 23-24	6-7, 20-21	4-5
			MLK	8-9	5-6	5-6	8-9	6-7	10-11	8-9	5-6	9-10	7-8	4-5	9-10
			PRG			6-7				22-23			7-8		
2	BRS	Basic Rigging and Slinging	JBU	17-18	14-15	25-26	3-4	15-16	5-6	3-4	19-20	02-03	16-17	13-14	11-12
			MLK		26-27		22-23		24-25		28-29		30-31		
			PRG							1-2					
3	CRINS	Crane and Machinery Safety Inspection													
4	CSR	Confined Space Rescue and First Response	JBU										21-22		
5	CWP-RAA	Construction Work Permit For Receiving Authorized Authority (For Tenaga Nasional GRID Development Contractor)	MLK	29-30	28-29	7-8	29-30	1-2	26-27	10-11	26-27	23-24	28-29	6-7	30-31
6	ERA1	Ergonomics Trained Person for Initial Ergonomics Risk Assessment	JBU	30-31				27-28			6-7		22-23		
			MLK						24-27						
7	ERA2	Ergonomics Trained Person for Advanced Ergonomics Risk Assessment													
8	HPWJ	Safe Operation of High Pressure Water Jetting													
9	HPWJ-R	Safe Operation of High Pressure Water Jetting Refresher	MLK	11-12	22-23	21-22	25-26	23-24	17-18	15-16	1-2	18-19	17-18	13-14	26-27
10	IET	Inert Space Entry													
11	IET-R	Inert Space Entry Refresher													
12	FWS	Fire Watcher Safety	JBU		8			9			8			7	
			MLK		15				21		8		24		16
13	OHN	Occupational Health Nurse	MLK						24/6 - 19/7						
14	SHFT	Safe Handling of Forklift Truck													
15	SHFT-R	Safe Handling of Forklift Truck Refresher	MLK		16				16	18	16		16		
16	SHFT1	Basic Safe Handling of Forklift Truck	JBU	15-16	19-20	20-21	29-30	13-14	10-11	17-18	14-15	11-12	9-10	11-12	09-10
			MLK	16-17		13-14			19-20		12-13				
17	SIGM	Signalman													
18	WAH	Working Safely at Height	JBU	8-9, 19-20, 29-30	5-6, 16-17, 26-27	4-5, 18-19	1-2, 22-23	6-7, 17-18, 27-28	7-8, 12-13, 24-25	1-2, 15-16, 29-30	5-6,16-17, 26-27	4-5, 13-14, 23-24	1-2,14-15, 28-29	4-5, 15-16, 25-26	1-2,13-14
			MLK	3-4, 23-24	7-8, 20-21	12-13, 26-27	3-4, 24-25	8-9, 27-28	12-13, 26-27	16-17, 30-31	8-9	9-10, 25-26	9-10, 21-22	11-12, 27-28	10-11, 23-24
19	WAH-R	Working Safely at Height Refresher	JBU			28			26		28			27	
			MLK	31		15	12	17	14	29	9	13	23		
	AWARENESS PROGRAMME														
1	BPM	Back Protection Management	JBU							9-10					18-19
2	CLASS1	Fundamental of Classification, Labelling and Safety Data Sheet of Hazardous Chemicals	JBU		27-28								15-16		
3	CLASS2	Classification, Labelling and Safety Data Sheet of Hazardous Chemicals for Classifier	JBU												9-12
4	EMHW	Ergonomics and Manual Handling in The Workplace	JBU					20-21					8-9		
5	EPRP	Emergency Preparedness and Response Plan	JBU			5-6				2-3					
6	ESHC	Effective Safety and Health Committee	JBU					14-15						18-19	
7	HLPAP	Hearing Loss Prevention and Audiometric Testing	JBU								20-21				16-17
8	IRAT	Incident Reporting and Analysis Technique	JBU				23-25						1-3		
9	ITSWAH	Interactive Training Series-Working Safely at Height	JBU							31					
10	OSHA	Occupational Safety and Health Act 1994	JBU	16			29								
11	OSHO	Occupational Safety and Health in The Office	JBU	22-23					5-6						
12	SHOW	Safety and Health Officer Examination Workshop	JBU			9									7
13	STUC	Safety in the Use of Chemicals	JBU			27-28						18-19			
14	UIH	Understanding, Evaluating and Implementing Effective HIRARC at The Workplace	JBU					6-8							3-5
15	UPTW	Understanding and Implementation of Permit to Work at Workplace	JBU		20-21						6-7				

MLK MELAKA **JBU** JOHOR BHARU **PRG** PENGERANG

NO	COURSE CODE	COURSE TITLE	REGION	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
SAFETY INDUCTION PROGRAMME															
1	CSP-AR	Contractor Safety Passport System - All Risks Work	JBU	11,20	2,16	9,22	6,18	11, 24, 31	8, 21	6, 27	3, 16	13,21	12, 26	15, 23	5,12,21
			MLK	27		24		25		23		20	26	24	
2	EOSP	Expressway Operations Safety Passport	JBU	3,11,20	2,7,12,20,28	9,19,30	6,20,25,29	9,19,24,31	6,8,13,21	4,15,23,29	3,15,29	5,13,21	3,11,26	8,14,17,23	5,12,18
			MLK	17	3	30	4	17	8	14	13	22	2		
			PRG	22				27					28		
3	NCSP	NIOSH - Cenviro Safety Passport	JBU	13	22	16	18,29	4,14	29	15	7,21	12	11,23	10,21	20
4	NTMSP	NIOSH – TM Safety Passport	JBU	2,7,9,13, 19,23,29	3,5,17, 20,23,27	5,10,14, 21,26,29	2,16,19,26	3,7,12,17, 21,27,30	4,11,19, 25,29	3,10,13,16, 18,25,31	1,5,9,12,14, 16,18,26	3,7,9,11, 18,24,27	2,8,10,18, 21,25,28	7,9,12,16, 19,26,28	4,8,11,14, 16,24,28,31
			MLK	18,26	4,7,25	15,26	6,10,27	5,19	5,19,28	13,18,20	8,15,22	1,13	16,18,26	23,27	14,21
5	NTSP	NIOSH – TENAGA Safety Passport	JBU	1,4,5,8,10,12,14,15, 17,21,22,24,30	1,4,6,8,12,13,15, 19, 24,25,26,28	2,4,6,8,11,13,15,18, 20,22,25,28,30,31	1,5,15,17,20,22, 24, 26,28,30	2,4,6,8,10,13,16, 19,20,25,26,28,29	5,7,9,10,12,14, 18,21, 24,26,28	1,2,6,8,9,12,14, 17,19,22,26,28,30	2,8,10,13,17, 20,22, 27,28	2,6,10,13,17,19, 20,23,25,26,28,30	1,4,7,9,11,14,16, 20,22,24,27,29,30	4,6,8,11,13,16, 18,20,22,25,27,30	2,3,6,9,10,13,15,17, 20,22,23,27,29,30
			MLK	3,10,15,18, 19,22,24	4,5,17,19, 23,26,27	1,2,9,16,18 ,20,26	2,6,8,13, 18,22,24	4,5,9,10, 15,18,28	5,9,12,15,25, 27,29,30	1,5,15,17, 19,20,24	7,9,14,16, 18,20,22	1,8,9,10, 14,17,19	6,9,14,16, 17,18,21	1,8,10,13, 14,16,22	7,11,13,15, 16,17,19
			PRG		19				23					25	
6	NTSLP	NIOSH – TENAGA Safety Leader Passport	JBU	5,20	7,16,24	8,16	6,27	11,14,18,24	8,22	5,20,24,29	3,7,16,21	7,12	12,17	9,15,23,29	7,21
			MLK	3,15,19,22	1,16,18,20	2,18,22,24	4,5,18,28	12,27,29,30	1,15,19,24	14,16,18,22	1,10,14,19	6,14,18,21	1,13,14,22	15,16,19	19,23
7	OGSP	Oil and Gas Safety Passport	JBU	1,3,4,8,10,12,15,17, 19,21,22,24,30	1,4,6,13,15,18, 19,23,26,29	2,4,6,7,11,13,15, 18,20,22,25,31	1,4,15,17,19,22, 24,25,28,30	2,5,6,8,10,13,16,18, 20,25,26,28,29	5,7,10,12,14,18, 20,24,26,28	1,2,4,8,9,11,14,17, 19,22,26,28,30	2,8,10,13,17, 20,22,27,28	2,6,10,17,19,20, 23,25,26,28,30	1,4,7,9,12,14,16, 20,22,24,27,29,30	4,6,8,11,13,15, 18,20,22,25,27,30	2,3,6,9,10,13,15,17, 20,22,23,27,29,30
			MLK	3,10,14,17,19,20, 23,25,27,29	1,8,14,16,18,19, 20,22,26,27	1,3,4,5,14,15, 17,19,23,27	5,9,12,17,18,19, 25,27,29,30	5,10,14,17,19,20, 23,25,27,29	3,4,5,7,9,14, 16,18,20,22	1,10,14,17,19, 20,23, 25, 27,29	1,5,6,9,14,16, 17,18, 21,26	1,8,10,13, 14,16, 22	6,9,14,16,17,18, 21,26,27,28	1,5,15,17,19,20, 24,25,27,28	1,3,4,5,13,15, 17,19,23,27
			PRG	3,7,10,13,14, 17,21,24,28,31	4,7,14,17, 21,25,28	3,9, 17,20,27,31	3,21,24,27,28	5,8,11,12,15, 19,26,29	5, 9, 12, 20, 23, 26, 29	3, 10, 13, 17, 21, 24, 28, 31	4, 7, 11, 14, 17, 18, 21, 25, 28	4, 7, 8, 11, 19, 22, 25, 29	3, 6, 9, 12, 13, 16, 20, 23, 27, 30	6,9,10,13 ,17,20,24,27	1,4,8,11,14
8	OGSP-R	Oil and Gas Safety Passport-Refresher	JBU	2,9,13,16,23,9	3,8,17,21,25,27	5,14,21,24,26,29	2,5,16,21,27	3,7,17,21,27,30	4,11,13,19,22,25	3,5,10,13, 16,21,25,31	5,9,12,14,18,29	3,9,11,18,27	2,8,10,18, 21,25,28	7,9,12,16, 19,26,28	4,11,14,16, 24,28,31
			MLK	2,9,16,18,20	2,6,18,22,24	4,5,15,18,28	5,9,25,29,30	5,15,17,19,24	9,14,16,18,20	1,10,14,19	6,14,18,20	1,8,10,22	7,15,16,19	1,2,18,26	10,12,27,28
			PRG	2,9,23	18,27	5,21	22,23	7,28	25, 30	14, 30	6, 27	10, 24	15, 29	19, 26	9, 15
9	PRHP	PETRONAS Retail HSE Passport	JBU	31	14	27	23	15	27	11	19	4	15	5	19
10	SRSP	SHELL Retail Safety Passport	JBU	31	14	27	23	15	27	11	19	4	15	5	19
REMOTE LEARNING PROGRAMME															
TRAINERS PROGRAMME															
1	TTT1-RL	Train The Trainer (Remote Learning)	JBU		26/2 - 1/3		22-26		24-28		26-30		21-25		16-20
			MLK	22-26	12-16	25-29	15-19	6-10		8-12	19-23	23-27	7-11	25-29	
AWARENESS PROGRAMME															
1	CWP-RAA-RL	Behaviour Based Safety for Observer (Remote Learning)	JBU	22-23		6-7		29-30		22-23		10-11		12-13	
			MLK	10-11	12-13	18-19	10-11	21-22	5-6		14-15	11-12	14-15	20-21	
2	OHDW-RL	Occupational Health Doctor Examination Workshop (Remote Learning)	JBU			9-10				13-14		7-8		9-10	

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* Government discount fees is NOT APPLICABLE to SHO and SSS due to fee reduction (revised package).
* All scheduled programmes are available to be conducted as In-house Programme.
* Examination fee is paid separately for selected Competency Programmes (SHO, CHRA, IAQ, NRA, HT1, HT2, OHD, OHN).
* All information are correct at the time of printing/publishing.

MINISTRY OF HUMAN RESOURCES

National Institute of Occupational Safety and Health
Institut Keselamatan dan Kesihatan Pekerjaan Negara

Ministry of Human Resources
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MINISTRY OF HUMAN RESOURCES

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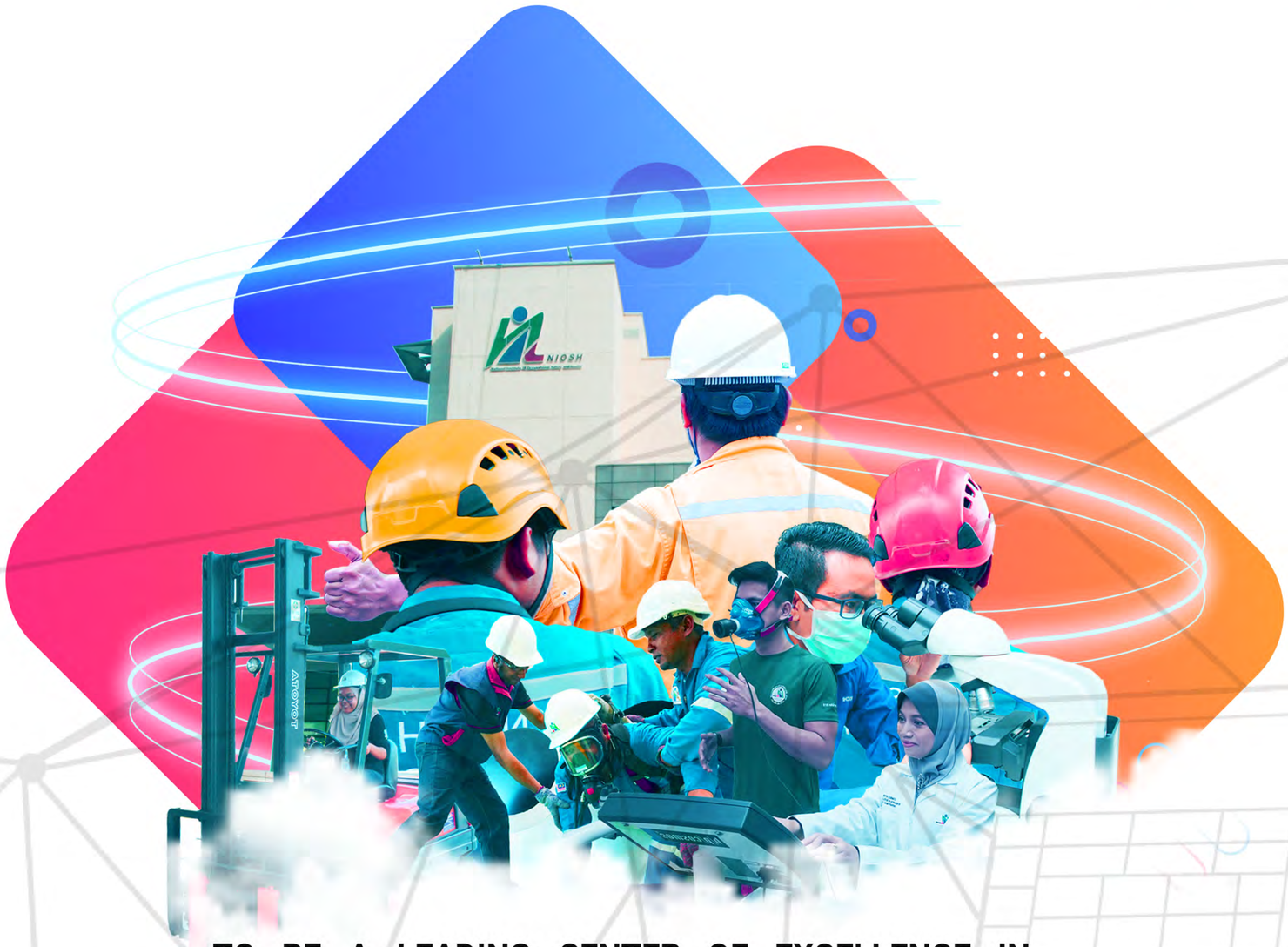

COURSE SCHEDULE 2024

EAST COAST REGIONAL OFFICE (ECRO)

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KTH KERTEH **KTN** KUANTAN **KB** KOTA BHARU

NO	COURSE CODE	COURSE TITLE	REGION	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
	TRAINERS PROGRAM														
1	TTT1	Train The Trainer	KTH	28/1 - 1/2				26-30 (K.TRG)				22-26			
			KTN			4-8				22-26				25-29	
			KB					5-9					13-17		
2	TTT2	Training Management for Business	KTH								25-30				
	REGULATORY COMPETENCY PROGRAMS														
1	AESP	Authorised Entrant and Standby Person for Confined Space	KTH	SETIAP HARI ISNIN, SELASA, KHAMIS DAN JUMAAT											
			KTN	SETIAP HARI SELASA DAN RABU											
			KB	15-16	5-6	18-19	22-23	13-14	10-11	22-23	19-20	23-24	21-22	4-5	16-17
2	AESP-R	Authorised Entrant and Standby Person for Confined Space Refresher	KTH	SETIAP HARI AHAD, RABU DAN SABTU											
			KTN	SETIAP HARI ISNIN											
			KB	17	7	20	24	15	12	24	21	25	23	6	18
3	AGTES	Authorised Gas Tester and Entry Supervisor for Confined Space	KTH	11-13, 17-19, 23-25	1-3, 13-15, 21-23	5-7, 14-16	4-6, 16-18	9-11, 28-30	6-8,11-14, 19-21	8-10, 25-27	1-3, 13-15	12-14, 24-26	1-3, 17-19	7-9, 19-21	5-7, 11-13
			KTN	10-12	14-16	06-08	17-19	08-10	05-07	10-12	07-09	04-06	09-11	06-08	04-06
			KB	15-17		18-20		13-15		16-17	19-21	23-25		25-27	
4	AGTES-R	Authorised Gas Tester and Entry Supervisor for Confined Space Refresher	KTH	11-12, 23-24	1-2, 13-14, 19-20	5-6, 14-15	4-15, 16-17	9-10, 28-29	6-7, 11-12, 25-26	8-9, 25-26	1-2, 13-14	12-13, 24-25	1-2, 17-18	7-8, 19-20	5-6, 23-24
			KTN	18-19	22-23	21-22	25-26	16-17	13-14	25-26	22-23	19-20	24-25	21-22	19-20
			KB		6-7				11-12				22-23		17-18
5	BSC	Basic Scaffolder Course													
6	CHRA	Chemical Health Risk Assessment	KTH				21/4 - 2/5								
			KB				25-27 (M1)	16-18 (M2)	22-23						1-11
7	HT1	Hygiene Technician 1 (Chemical Monitoring)													
8	HT2	Hygiene Technician 2 (Inspection, Testing and Examination of Engineering Control Equipment)													
9	IAQ	Indoor Air Quality Assessor													
10	NRA	Noise Risk Assessor	KTH		18-21						18-21				
			KB			4-7						9-12			
11	OSH-C	Occupational Safety and Health Coordinator	KTH	21-23				19-21 (K.TRG)					20-22		15-17
			KTN	16-18			16-18					10-11			
			KB		19-21			27-29			12-14				9-11
12	OHD	Occupational Health Doctor	KTH		M1: 4-6 M2: 28/2-1/3	M3: 15-17			M1: 5-7 M2: 23-25	M3: 25-27				M1: 3-5 M2: 26-28	M3: 19-21
			KTN			8/3-18/5						6/9-9/11			
			KB		22-24 (M1)	7-9 (M2)	25-27 (M3)		27-29 (M1)	25-27 (M2)	22-24 (M3)		24-26 (M1)	21-23 (M2)	19-21 (M3)
13	SHO	Safety and Health Officer (Full Time)	KTH	7/1 - 1/2				12/5 - 7/6				8/9 - 3/10			
			KTN				15/4 - 15/5					2/9 - 3/10			
			KB						30/6 - 25/7					3/11 - 5/12	
14	SHOM	Safety and Health Officer (Modular)													
15	SHOP	Safety and Health Officer (Part Time)	KTH				20/4 - 30/6								
16	SSS	Site Safety Supervisor (Full time)	KTH		18-29	24/3 - 4/4		5-16 (K.TRG)		7-18		29/9 - 10/10 (K.TRG)		17-28	29/12/24 - 9/1/25
			KTN			18-27			24/6 - 3/7		12-23		07-18		02-13
			KB		18-29						4-15		6-17		
17	SSS-P	Site Safety Supervisor (Part time)	KTN	TERTAKLUK KEPADA PERMINTAAN PELANGGAN. UNTUK MAKLUMAT LANJUT, SILA HUBUNGI KAMI.											
18	SSS-OS	Site Safety Supervisor - Occupational Safety (Module 6)	KTH	IKUT PENJADUALAN SSS SEPENUH MASA											

KTH KERTEH **KTN** KUANTAN **KB** KOTA BHARU

NO	COURSE CODE	COURSE TITLE	REGION	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
	SKILLS COMPETENCY PROGRAMME														
1	BOFA	Basic Occupational First Aid	KTH	30-31		18-19				16-17		10-11		26-27	
			KTN		15-16		24-25			17-18			21-22		
			KB	29-30						26-27			13-17		
2	BRS	Basic Rigging and Slinging	KTH	14-15	25-26	22-23		9-10	30-31	26-27	17-18	4-5	24-25	12-13	
			KTN			1-2							26-27		
			KB	TERTAKLUK KEPADA PERMINTAAN PELANGGAN. UNTUK MAKLUMAT LANJUT, SILA HUBUNGI KAMI.											
3	CRINS	Crane and Machinery Safety Inspection	KTH	14-15		17-18		19-20		21-22		8-9		3-4	
4	CSR	Confined Space Rescue and First Response	KTN	TERTAKLUK KEPADA PERMINTAAN PELANGGAN. UNTUK MAKLUMAT LANJUT, SILA HUBUNGI KAMI.											
5	CWP-RAA	Construction Work Permit For Receiving Authorized Authority (For Tenaga Nasional GRID Development Contractor)													
6	ERA1	Ergonomics Trained Person for Initial Ergonomics Risk Assessment	KTH			26-27							27-28		
7	ERA2	Ergonomics Trained Person for Advanced Ergonomics Risk Assessment	KB	10-12, 31/1-2/2	14-16			16-18	12-14	24-26	28-30	18-20	23-25	27-29	26-28
8	HPWJ	Safe Operation of High Pressure Water Jetting	KB		22-23	21-22	4-5		27-28	19-20		5-6		7-8	
9	HPWJ-R	Safe Operation of High Pressure Water Jetting Refresher	KB	TERTAKLUK KEPADA PERMINTAAN PELANGGAN. UNTUK MAKLUMAT LANJUT, SILA HUBUNGI KAMI.											
10	IET	Inert Space Entry	KTN	TERTAKLUK KEPADA PERMINTAAN PELANGGAN. UNTUK MAKLUMAT LANJUT, SILA HUBUNGI KAMI.											
			KB	TERTAKLUK KEPADA PERMINTAAN PELANGGAN. UNTUK MAKLUMAT LANJUT, SILA HUBUNGI KAMI.											
11	IET-R	Inert Space Entry Refresher													
12	FWS	Fire Watcher Safety	KTN	TERTAKLUK KEPADA PERMINTAAN PELANGGAN. UNTUK MAKLUMAT LANJUT, SILA HUBUNGI KAMI.											
13	OHN	Occupational Health Nurse	KTH					5-16							
			KTN	'TERTAKLUK KEPADA PERMINTAAN PELANGGAN. UNTUK MAKLUMAT LANJUT, SILA HUBUNGI KAMI.											
			KB					29-30	26-27						
14	SHFT	Safe Handling of Forklift Truck	KTN	TERTAKLUK KEPADA PERMINTAAN PELANGGAN. UNTUK MAKLUMAT LANJUT, SILA HUBUNGI KAMI.											
15	SHFT-R	Safe Handling of Forklift Truck Refresher	KTH		25	27			28		1		16		31
			KTN		2		1-9			12			25		
16	SHFT1	Basic Safe Handling of Forklift Truck	KTH	14-15	18-19	9-10		12-13	21-22	20-21	4-5		6-7	12-13	21-22
			KTN	27-28	17-18	11-12					10-11		19-20	23-24	7-8
			KB				29-30						1-2		
17	SIGM	Signalman													
18	WAH	Working Safely at Height	KTH	5-6, 29-30	16-17	5-6		10-11, 23-24	13-14, 24-25	12-13	2-3, 13-14	20-21	11-12, 29-30	22-23	14-15
			KTN	13-14	2-3		27-28	8-9	7-8	20-21	24-25		11-12	13-14	14-15
			KB		15-16					10-11				14-15	
19	WAH-R	Working Safely at Height Refresher	KTH		24		28		7		23		9		28
			KTN		24					13				9	
			KB	'TERTAKLUK KEPADA PERMINTAAN PELANGGAN. UNTUK MAKLUMAT LANJUT, SILA HUBUNGI KAMI.											
	AWARENESS PROGRAMME														
1	EMHW	Ergonomics and Manual Handling in The Workplace	KTH				29-30								
2	EPRP	Emergency Preparedness and Response Plan	KTH							9-10					
3	ESHC	Effective Safety and Health Committee	KTH		6-7										
			KTH	'TERTAKLUK KEPADA PERMINTAAN PELANGGAN. UNTUK MAKLUMAT LANJUT, SILA HUBUNGI KAMI.											
4	FAIR	Full Accident Investigation and Reporting	KTH											19-20	
5	LSC	Lifting Supervisor	KTH		19-20										
6	OHDW	Occupational Health Doctor Examination Workshop	KB					6-7						18-19	
7	UIH	Understanding, Evaluating and Implementing Effective HIRARC at The Workplace	KTH									23-25			

KTH KERTEH **KTN** KUANTAN **KB** KOTA BHARU

NO	COURSE CODE	COURSE TITLE	REGION	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
	SAFETY INDUCTION PROGRAMME														
1	AKSC	Air Kelantan Safety Card	KB	26		15		24		21		23		22	
2	EOSP	Expressway Operations Safety Passport	KTH	SETIAP HARI JUMAAT DAN AHAD KECUALI CUTI UMUM (TERTAKLUK KEPADA PERUBAHAN)											
3	NASP	NIOSH – ASTRO Safety Passport	KTH	'TERTAKLUK KEPADA PERMINTAAN PELANGGAN. UNTUK MAKLUMAT LANJUT, SILA HUBUNGI KAMI.											
4	NTMSP	NIOSH – TM Safety Passport	KTH	SETIAP HARI AHAD MINGGU PERTAMA DAN MINGGU KETIGA (TERTAKLUK PADA PERUBAHAN)											
			KTN	SETIAP HARI SELASA											
			KB	10,19,24	7,16,21	6,15,22	3,19	8,17,29	11,21,25	3,12,24	7,16,28	4,13,25	9,18,30	6,15,27	11,20
5	NTSP	NIOSH – TENAGA Safety Passport	KTH	SETIAP HARI AHAD MINGGU KEDUA DAN MINGGU KEEMPAT (TERTAKLUK PADA PERUBAHAN)											
			KTN	SETIAP HARI RABU											
			KB	9,19,23	6,16,27	5,15,26	2,19,30	7,17,28	12,21,26	2,12,23	6,16,27	3,13,24	8,18,29	5,15,26	10,20
6	NTSLP	NIOSH – TENAGA Safety Leader Passport	KTH	JUMAAT, SABTU DAN AHAD MINGGU KEDUA DAN MINGGU KEEMPAT (TERTAKLUK PADA PERUBAHAN)											
			KTN												
			KB	26	23	22	26	24	28	26	23	27	25	23	13
7	OGSP	Oil and Gas Safety Passport	KTH	SETIAP HARI TERMASUK HUJUNG MINGGU KECUALI CUTI UMUM (TERTAKLUK KEPADA PERUBAHAN)											
			KTN	SETIAP HARI KHAMIS											
			KB	26	23	22	26	24	28	26	23	27	25	23	13
8	OGSP-R	Oil and Gas Safety Passport-Refresher	KTH	SETIAP HARI TERMASUK HUJUNG MINGGU KECUALI CUTI UMUM (TERTAKLUK KEPADA PERUBAHAN)											
			KTN	SETIAP HARI ISNIN											
9	PLSP	Plantation Safety Passport	KTH	'TERTAKLUK KEPADA PERMINTAAN PELANGGAN. UNTUK MAKLUMAT LANJUT, SILA HUBUNGI KAMI.											
10	PRHP	PETRONAS Retail HSE Passport	KTH	'TERTAKLUK KEPADA PERMINTAAN PELANGGAN. UNTUK MAKLUMAT LANJUT, SILA HUBUNGI KAMI.											
11	SRSP	SHELL Retail Safety Passport	KTH	'TERTAKLUK KEPADA PERMINTAAN PELANGGAN. UNTUK MAKLUMAT LANJUT, SILA HUBUNGI KAMI.											
REMOTE LEARNING PROGRAMME															
	SAFETY INDUCTION PROGRAMME														
1	OGSP-RL	Oil & Gas Safety Passport (Remote Learning)	KB	12,19,26	9,16,23	8,15,22	5,19	10,17,24	7,14,21	12,19,26	9,16,23	13,20,27	11,18,25	8,15,22	6,13,20

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MINISTRY OF HUMAN RESOURCES

National Institute of Occupational Safety and Health
Institut Keselamatan dan Kesihatan Pekerjaan Negara

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MINISTRY OF HUMAN RESOURCES

NIOSH
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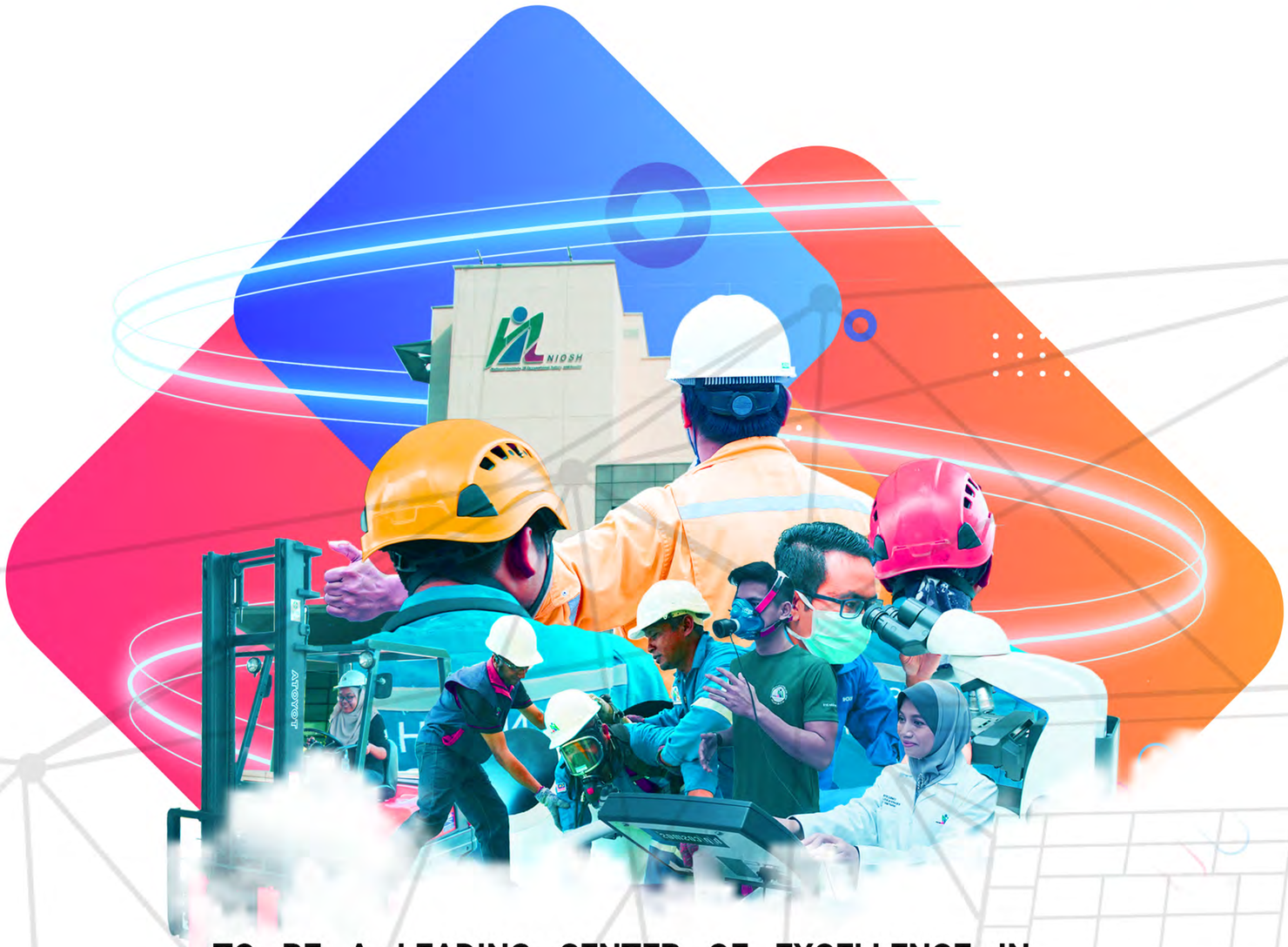

COURSE SCHEDULE 2024

SABAH REGIONAL OFFICE (SBRO)

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KK KOTA KINABALU **SDK** SANDAKAN **TWU** TAWAU

NO	COURSE CODE	COURSE TITLE	REGION	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
TRAINERS PROGRAM															
1	TTT1	Train The Trainer	KK				22-26						23-27		
			SDK			11-15				1-5					
			TWU		19-23						15-19				
REGULATORY COMPETENCY PROGRAMS															
1	AESP	Authorised Entrant and Standby Person for Confined Space	KK	9-10	6-7	5-6, 18-19	22-23	6-7	5-6, 19-20	3-4, 22-23	12-13, 28-29	9-10, 25-26	9-10	11-12, 27-28	11-12
			SDK		19-20		22-23		10-11		19-20		14-15		9-10
			TWU	22-23		25-26		21-22		23-24		17-18		25-26	
2	AESP-R	Authorised Entrant and Standby Person for Confined Space Refresher	KK	11	8	7	24	8	7, 12	5	14	11	11	13	13
			SDK	15		18		13		15		23		18	
			TWU	24		27		23		25		19		27	
3	AGTES	Authorised Gas Tester and Entry Supervisor for Confined Space	KK	22-23		25-27		22-24		15-17		18-19		18-20	
			SDK	16-18		19-21		14-16		16-17		24-26		19-21	
			TWU		26-28		15-17		24-26		26-28		21-23		16-18
4	AGTES-R	Authorised Gas Tester and Entry Supervisor for Confined Space Refresher	KK		26-27		29-30		10-11		19-20		28-29		16-17
			SDK		21-22		24-25		12-13		21-22		16-17		11-12
			TWU		28-29		17-18		26-27		28-29		23-24		18-19
5	CHRA	Chemical Health Risk Assessment	KK								5-19				
6	NRA	Noise Risk Assessor	KK										28-31		
7	OSH-C	Occupational Safety and Health Coordinator	KK		13-15		23-25		11-13		20-22		22-24		16-18
			SDK		26-28			13-15			19-21				
			TWU						19-20						23-24
8	OHD	Occupational Health Doctor	KK					13-23				23/9 - 3/10			
9	SHO	Safety and Health Officer (Full Time)	KK		19/2 - 20/3			6/5 - 7/6			19/8 - 19/9			11/11 - 11/12	
			TWU		17/2 - 4/5										
10	SHOM	Safety and Health Officer (Modular)	SDK							15/7 - 13/8					
11	SHOP	Safety and Health Officer (Part Time)	KK			2/3-19/5			29/6-29/9				12/10 - 21/12		
			SDK			16/3 - 26/5						14/9 - 24/11			
			TWU					6/5 - 7/6							
12	SSS	Site Safety Supervisor (Full time)	KK	15-26					24/6 - 5/7				7-18		
			SDK				29/4 - 10/5								
			TWU		12-23										

KK KOTA KINABALU **SDK** SANDAKAN **TWU** TAWAU

NO	COURSE CODE	COURSE TITLE	REGION	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
SKILLS COMPETENCY PROGRAMME															
1	BOFA	Basic Occupational First Aid	KK			12-13				10-11					
			SDK			4-5			24-25						
			TWU		13-14						20-21				
2	FWS	Fire Watcher Safety	KK							15-26					
3	SHFT-R	Safe Handling of Forklift Truck Refresher	KK		24				15					9	
4	SHFT1	Basic Safe Handling of Forklift Truck	KK		22-23				13-14					7-8	
5	WAH	Working Safely at Height	KK		15-16			14-15			8-9		26-27		
			SDK	22-23		25-26		27-28		29-30		9-10		25-26	
			TWU	17-18					25-26				22-23		
6	WAH-R	Working Safely at Height Refresher	KK		17			16			10				
			SDK	22		25		27		29		9		26	
SAFETY INDUCTION PROGRAMME															
1	NTMSP	NIOSH – TM Safety Passport	KK	11, 18, 25	1, 8, 15, 22, 29	7, 14, 21, 28	4, 18, 25	2, 9, 16, 23	6, 13, 20, 27	4, 11, 18, 25	1, 8, 15, 22, 29	5, 12, 19, 26	3, 10, 17, 24, 31	7, 14, 21, 28	5, 12, 19
			SDK		15		18		27		29		10		5
			TWU		13		16		11		13		15		17
2	NTSP	NIOSH – TENAGA Safety Passport	KK	8, 15, 22, 29	5, 19, 26	4, 11, 18, 25	1, 22, 29	6, 13, 20, 27	10, 24	1, 15, 22, 29	5, 12, 19, 26	2, 9, 23, 30	7, 14, 21, 28	4, 11, 18, 25	2, 9, 16, 23
			SDK	13, 27	17	2, 16	13, 27	11, 25	8, 22	6, 20	3, 17	7, 21	12, 26	16, 30	14
			TWU	18		14		16		18		19		14	
3	OGSP	Oil and Gas Safety Passport	KK	9, 16, 23, 30	6, 20, 27	5, 12, 19, 26	2, 23, 30	7, 14, 21, 28	11, 25	2, 16, 23, 30	6, 13, 20, 27	3, 10, 17, 24	1, 8, 15, 22, 29	5, 12, 19, 26	3, 10, 17
4	OGSP-R	Oil and Gas Safety Passport-Refresher	KK	17, 31	21	6, 20	3, 24	8, 22	12	3, 24	7, 21	4, 25	9, 23	6, 20	11

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* Government discount fees is NOT APPLICABLE to SHO and SSS due to fee reduction (revised package).
* All scheduled programmes are available to be conducted as In-house Programme.
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* All information are correct at the time of printing/publishing.

MINISTRY OF HUMAN RESOURCES

NIOSH
National Institute of Occupational Safety and Health

National Institute of Occupational Safety and Health
Institut Keselamatan dan Kesihatan Pekerjaan Negara

Ministry of Human Resources
Kementerian Sumber Manusia

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90000 Sandakan, Sabah

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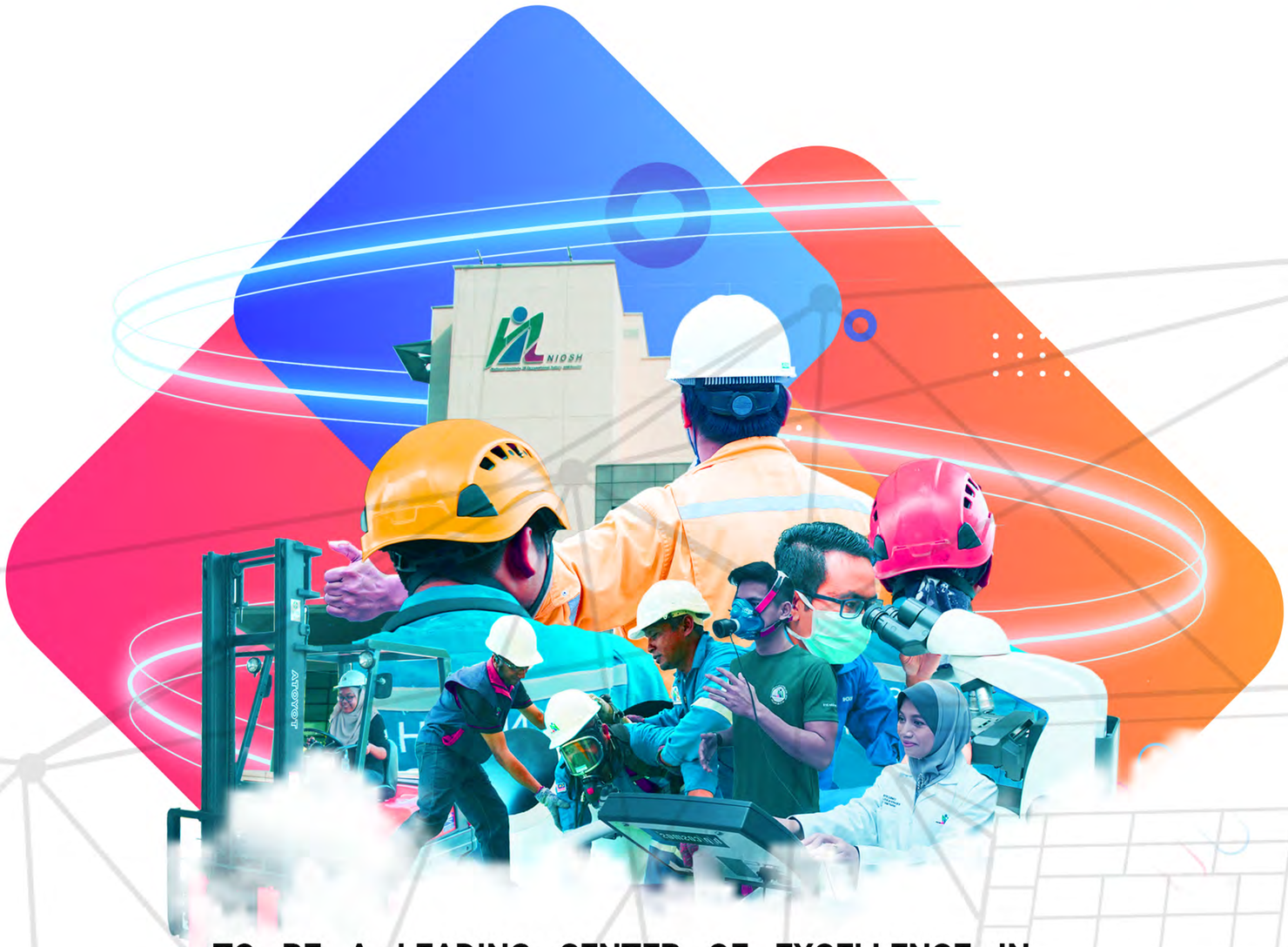
Fax: 6089 663 762

MINISTRY OF HUMAN RESOURCES

NIOSH
National Institute of Occupational Safety and Health



COURSE SCHEDULE 2024

SARAWAK REGIONAL OFFICE (SWRO)

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KCH KUCHING **BTU** BINTULU **MRI** MIRI **KPT** KAPIT

NO	COURSE CODE	COURSE TITLE	REGION	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
	TRAINERS PROGRAM														
1	CSHT	Construction Safety and Health Trainers	BTU											18-21	
2	CST	Confined Space (Trainer's Program)	BTU										7-11		
3	TTT1	Train The Trainer	KCH					13-17							
			BTU							1-5					
			MRI			4-8									
			KPT									23-27			
4	TTT2	Training Management for Business	BTU												2-7
	REGULATORY COMPETENCY PROGRAMS														
1	AESP	Authorised Entrant and Standby Person for Confined Space	KCH	8-9	19-20	22-23	22-23	23-24	20-21	10-11	23-24	27-28	8-9	25-26	4-5
			BTU	3-4, 9-10, 16-17, 24-23, 29-30	5-6, 14-15, 19-20, 22-23, 28-29	4-5, 12-13, 18-19, 21-22, 27-28	3-4, 16-17, 22-23, 24-25, 29-30	6-7,9-10,15-16, 22-23,29-30	6-7,11-12,19-20, 24-25,26-27	3-4, 10-11, 17-18, 24-25, 30-31	5-6, 12-13, 15-16, 20-21, 28-29	2-3, 9-10, 18-19, 23-24, 26-27	2-3, 7-8, 15-16, 22-23, 29-30	4-5, 12-13, 19-20, 25-26, 28-29	3-4, 9-10, 16-17, 18-19
			MRI	8-9	5-6	4-5	1-2	6-7	10-11	1-2	5-6	2-3	7-8	4-5	2-3
2	AESP-R	Authorised Entrant and Standby Person for Confined Space Refresher	KCH	11		21	24	6		23				27	
			BTU	10, 16, 26, 29	7, 13, 21, 27	6, 14, 20, 26	5, 15, 19, 24	8, 17, 24, 28	7, 13, 21, 27	5, 11, 19, 29	7, 14, 22, 30	4, 11, 20, 30	7, 17,24,31	6, 14, 21, 28	5, 11, 18, 23
			MRI	10	7	6	3	8	12	3	7	4	9	6	4
3	AGTES	Authorised Gas Tester and Entry Supervisor for Confined Space	KCH		21-23	18-20	19-21	7-9	6-8	24-26	19-21	24-26		28-30	
			BTU	15-17	20-22	25-27	22-24	27-29	26-28	29-31	26-28	24-26	29-31	26-28	16-18
			MRI	23 - 25			22-24				26-28				
4	AGTES-R	Authorised Gas Tester and Entry Supervisor for Confined Space Refresher	KCH		23-24	20-21		9-10			21-22				2-3
			BTU		7-8		2-3		12-13		7-8		1-2		2-3
			MRI		15-16								15-16		
5	CHRA	Chemical Health Risk Assessment	KCH									23/9 - 4/10			
6	NRA	Noise Risk Assessor	KCH		26-29					16-19					
7	OSH-C	Occupational Safety and Health Coordinator	KCH		6-8		1-3		11-13		27-29			19-21	
			BTU	29-31		25-27		27-29		22-24		23-25		25-27	
			MRI					13-15				2-4		25-27	
			KPT			26-28		14-16						25-27	
8	OHD	Occupational Health Doctor	KCH						24/6 - 3/7			2-11			
			BTU									17-27			
			MRI		23/2 - 11/3										
9	SHO	Safety and Health Officer (Full Time)	KCH	29/1 - 29/2				6/5 - 7/6			12/8 - 10/9			4-30	
			BTU		19/2 - 15/3									4-29	
			MRI						24/6 - 24/7						
			KPT							15/7 - 9/8					
10	SHOP	Safety and Health Officer (Part Time)	KCH							27/7 - 20/10					
			BTU								3/8 - 27/10				
			MRI				27/4 - 28/7								
11	SSS	Site Safety Supervisor (Full time)	KCH	15-26			22/4 - 4/5			9-19			14-24		9-20
			BTU		19/2 - 1/3		15-26		24/6 - 5/7		12-23		14-25		2-13
			MRI	29/1 - 9/2				6-17			12-23			11-22	

KCH KUCHING **BTU** BINTULU **MRI** MIRI **KPT** KAPIT

NO	COURSE CODE	COURSE TITLE	REGION	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
SKILLS COMPETENCY PROGRAMME															
1	BOFA	Basic Occupational First Aid	KCH		14-15		29-30					18-19			3-4
			BTU			6-7							23-24		
			MRI							10-11					
2	ERA1	Ergonomics Trained Person for Initial Ergonomics Risk Assessment	KCH			19-20				30-31					
3	HPWJ-R	Safe Operation of High Pressure Water Jetting Refresher	BTU				22-24					6-8			
4	OHN	Occupational Health Nurse	KCH			4-15									
			BTU											18-29	
			MRI										7-18		
5	WAH	Working Safely at Height	KCH	TWICE A MONTH, REFER E-DAFTAR											
			BTU	8-9, 23-24	5-6, 27-28	5-6, 25-26	22-23, 29-30	8-9, 28-29	10-11, 26-27	9-10, 30-31	13-14, 28-29	9-10, 24-25	7-8, 28-29	6-7, 20-21	2-3, 16-17
			KPT			14-15					20-21				
6	WAH-R	Working Safely at Height Refresher	KCH	ONCE A MONTH, REFER E-DAFTAR											
			BTU	10	29	7	24	30	12	29	15	11	9	19	4
			KPT			13					22				
AWARENESS PROGRAMME															
1	EPRP	Emergency Preparedness and Response Plan	BTU					8-9							
			MRI											14-15	
2	ESHC	Effective Safety and Health Committee	KCH					20-21							
			BTU						11-12						
			MRI									10-11			
3	IRAT	Incident Reporting and Analysis Technique	BTU								20-22				
4	OHDW	Occupational Health Doctor Examination Workshop	KCH							4-5		12-13			
5	OHNW	Occupational Health Nurse Examination Workshop	KCH			16-17									
6	OSHO	Occupational Safety and Health in The Office	KCH										7-8		
7	SHOW	Safety and Health Officer Examination Workshop	KCH		29					6		10	20	30	
8	UIH	Understanding, Evaluating and Implementing Effective HIRARC at The Workplace	BTU										1-3		
			MRI							30/7 - 1/8					

KCH KUCHING **BTU** BINTULU **MRI** MIRI **KPT** KAPIT

NO	COURSE CODE	COURSE TITLE	REGION	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
SAFETY INDUCTION PROGRAMME															
1	CSP-AR	Contractor Safety Passport System - All Risks Work	KCH	THREE TIMES A MONTH, REFER E-DAFTAR											
			BTU	31	29	27	30	29	27	31	29	30	31	28	23
			MRI	11	8	7	4	9	6	4	1	5	3	7	6
			KPT	TWO TIMES A MONTH, REFER E-DAFTAR											
2	NOMSP	NIOSH - OM Safety Passport	BTU	24	21	21	24	22	19	24	21	19	23	20	18
3	NTMSP	NIOSH – TM Safety Passport	KCH	THREE TIMES A MONTH, REFER E-DAFTAR											
			BTU	18	15	14	18	16	13	18	15	12	17	14	12
			MRI		1		25		13		8		10		12
			KPT		8		5		11			9			13
4	OGSP	Oil and Gas Safety Passport	KCH		8		17		19		15		16		17
			BTU	03,08,10,15,17, 22,24,29	05,07,14,19, 21,23,26,28	04,06,11,13, 18,20,25,27	01,03,15,17, 22,24,29	02,06,08,13, 15,20,22,27,29	05,10,12,18, 20,24,26,28	01,03,09,11,15, 17,23,25,29	05,07,12,14, 19,21,26,28	02,04,09,11, 17,19,23,25,30	03,07,09,14, 16,21,23,28,30	04,06,11,13, 18,20,25,27	02,04,09, 11,17,30
			MRI	EVERY TUESDAY											
			KPT	ONCE A MONTH, REFER E-DAFTAR											
5	OGSP-R	Oil and Gas Safety Passport-Refresher	BTU	04,09,11,16,18, 23,25,30	01,06,08,13, 15,21,22,27	05,07,12,14, 19,21,26,28	02,04,16,18, 23,25,30	03,07,09,14, 16,21,23,28	06,11,13,18, 20,25,27	02,04,10,12, 16,18,24,30	06,08,13,15, 20,22,27,29	03,05,10,12, 18,24,26	02,08,10,15, 17,22,24,29	05,07,12,14, 19,21,26,28	03,05,10, 12,18,31
			MRI	EVERY WEDNESDAY											
6	PRHP	PETRONAS Retail HSE Passport	BTU							24					
7	SESP	Sarawak Energy Safety Passport	KCH	THREE TIMES A MONTH, REFER E-DAFTAR											
			BTU	11,30	8,28	7,25	18,30	9,27	10,27	11,31	15,29	12,30	10,31	14,28	12,20
			MRI	25	29	25	29	29	27	25	29	26	24	28	19
			KPT	TWICE A MONTH, REFER E-DAFTAR											
8	SRSP	SHELL Retail Safety Passport	BTU								14				

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Institut Keselamatan dan Kesihatan Pekerjaan Negara

Ministry of Human Resources
Kementerian Sumber Manusia

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97000 Bintulu, Sarawak

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96800 Kapit, Sarawak.

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National Institute of Occupational Safety and Health (NIOSH)
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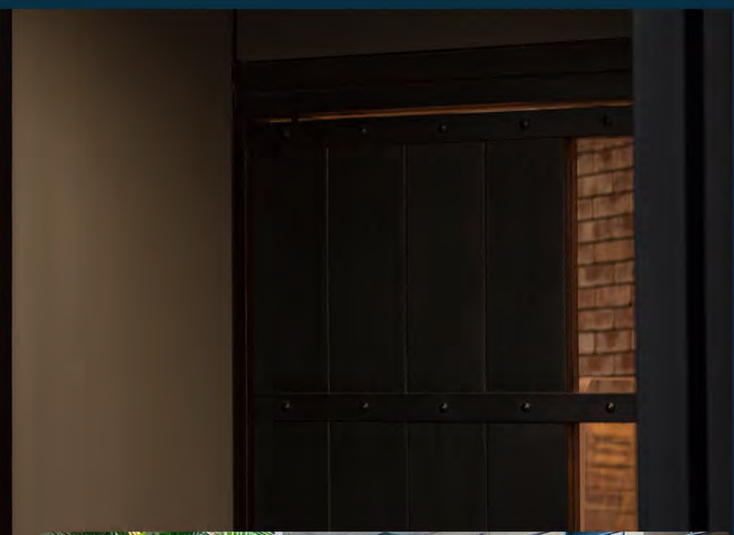

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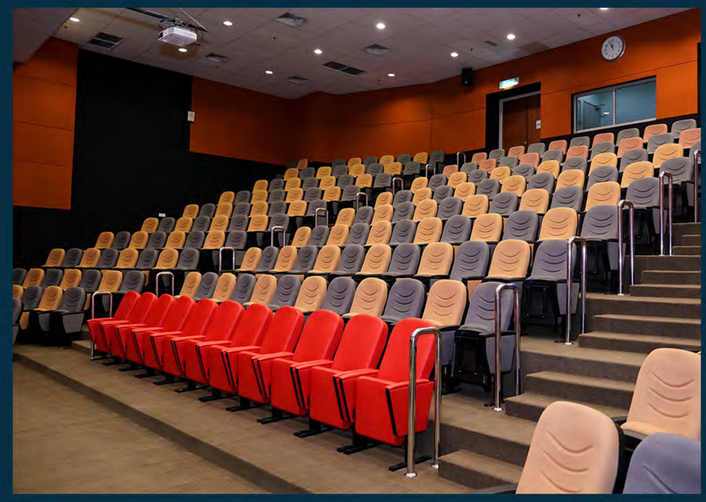
- Tan Sri Lee Lam Thye Hall
- Theater Hall
- Sri Pelangi Hall
- Sri Anggerik Hall
- Aman Meeting Room
- VIP Holding Room

Room

- Single Room
- Twin Sharing Room
- Suite Room



Food and Beverage Services

Finest Stay in The City

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Email : serenitestay@niosh.com.my

MINISTRY OF HUMAN RESOURCES

NIOSH
National Institute of Occupational Safety and Health

NIOSHCert

NIOSH
CERTIFICATION

COURSE SCHEDULE 2024

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NO	COURSE CODE	COURSE TITLE	TRAINING DURATION	COURSE FEE (STANDARD) INCLUSIVE SST 6% (RM)	CEP POINTS	EXEMPLAR GLOBAL CERTIFIED
OHS MANAGEMENT SYSTEM (OHS MS) ISO 45001:2018 PROGRAM						
1	AWO	Awareness of Occupational Health and Safety Management Systems ISO 45001:2018	1	371.00	5	
2	IIO	Occupational Health and Safety Management Systems ISO 45001:2018 Interpretation and Implementation	2	848.00	10	
3	IAO	Occupational Health and Safety Management Systems ISO 45001:2018 Internal Auditor Training	2	848.00	10	
4	LAO	Occupational Health and Safety Management Systems ISO 45001:2018 Lead Auditor Training (Exemplar Global Certified)	5	3763.00	10	TPECS Certified
5	LIO	Occupational Health and Safety Management Systems ISO 45001:2018 Lead Implementer Training	5	4000.00	10	
OHS MANAGEMENT SYSTEM (OHS MS) ISO 45003:2021 PROGRAM						
1	AWP	Awareness of OHS Management Systems - Psychological Health and Safety at Work ISO 45003:2021	1	371.00	5	
2	IIP	OHS Management Systems - Psychological Health and Safety at Work ISO 45003:2021 Interpretation and Implementation	2	848.00	10	
QUALITY MANAGEMENT SYSTEM (QMS) ISO 9001:2015 PROGRAM						
1	AWQ	Awareness of Quality Management Systems ISO 9001:2015	1	371.00		
2	IIQ	Quality Management Systems ISO 9001:2015 Interpretation & Implementation Training	2	848.00		
3	IAQ	Quality Management Systems ISO 9001:2015 Internal Auditor Training	2	848.00		
4	LAQ	Quality Management Systems ISO 9001:2015 Lead Auditor Training (Exemplar Global Certified)	5	3763.00		TPECS Certified
ENVIRONMENTAL MANAGEMENT SYSTEM (EMS) ISO 14001:2015 PROGRAM						
1	AWE	Awareness of Environmental Management Systems ISO 14001:2015	1	371.00		
2	IIE	Environmental Management Systems ISO 14001:2015 Interpretation & Implementation Training	2	848.00		
3	IAE	Environmental Management Systems ISO 14001:2015 Internal Auditor Training	2	848.00		
4	LAE	Environmental Management System ISO 14001:2015 Lead Auditor Training (Exemplar Global Certified)	5	3763.00		TPECS Certified
MEDICAL DEVICES PROGRAM						
1	AWMD	Good Distribution Practice for Medical Devices Training	1	371.00		
2	AWMDQ	Awareness of ISO 13485:2016 - Medical Devices Quality Management Systems	1	371.00		
3	IIMDQ	Medical Devices Quality Management Systems ISO 13485:2016 Interpretation & Implementation Training	2	848.00		
4	IAMDQ	Medical Devices Quality Management Systems ISO 13485:2016 Internal Auditor Training	2	848.00		
5	LAMDQ	Medical Devices Quality Management Systems ISO 13485:2016 Lead Auditor Training	5	3763.00		
MALAYSIA SUSTAINABLE PALM OIL (MSPO) MS2530:2022 PROGRAM						
1	AWM	Awareness of Malaysia Sustainable Palm Oil (MSPO) MS2530:2022	1	371.00		
2	IIM	MSPO MS2530:2022 Interpretation and Implementation	2	848.00		
3	IAM	MSPO MS2530:2022 Internal Auditor Training	2	848.00		
FOOD SAFETY MANAGEMENT SYSTEM (FSMS) PROGRAM						
1	AWF	Awareness of Food Safety Management System ISO 22000:2018	1	371.00	5	
2	AWH	Awareness of Hazard Analysis and Critical Point MS 1480:2019	1	371.00		
3	IIF	FSMS Interpretation and Implementation Training	2	848.00	10	
4	IAF	FSMS Internal Auditor Training	2	848.00	10	
ADVENTURE TOURISM SAFETY MANAGEMENT SYSTEM (ATSMS) ISO 21101:2014 PROGRAM						
1	AWATS	Awareness of Adventure Tourism Safety Management System ISO 21101:2014	1	371.00	5	
2	IATS	ATSMS ISO 21101:2014 Interpretation and Implementation	2	848.00	10	
3	IAATS	ATSMS Internal Auditor Training	2	848.00	10	
4	LAATS	ATSMS ISO 21101:2014 Lead Auditor (Exemplar Global Certified)	5	3763.00	10	RTP Certified

NO	COURSE CODE	COURSE TITLE	TRAINING DURATION	COURSE FEE (RM)	CEP POINTS	EXEMPLAR GLOBAL CERTIFIED
ROAD TRAFFIC SAFETY MANAGEMENT SYSTEM (RTSMS) ISO 39001:2012 PROGRAM						
1	AWRTS	Awareness of Road Traffic Safety Management System ISO 39001:2012	1	371.00	5	
2	IIRTS	RTSMS ISO 39001:2012 Interpretation and Implementation	2	848.00	10	
3	RTSCSM	Road Traffic Safety ISO 39002:2020 Good Practices for Implementing Commuting Safety Management	2	848.00	10	
4	IARTS	RTSMS ISO 39001:2012 Internal Auditor Training	2	848.00	10	RTP Certified
5	LARTS	RTSMS ISO 39001:2012 Lead Auditor (Exemplar Global Certified)	5	3763.00	10	
ANTI-BRIBERY MANAGEMENT SYSTEM (ABMS) ISO 37001:2016 PROGRAM						
1	AWAB	Awareness of Anti-Bribery Management System ISO 37001:2016	1	371.00		
2	IIAB	ABMS ISO 37001:2016 Interpretation and Implementation Training	2	848.00		
3	IAAB	ABMS ISO 37001:2016 Internal Auditor Training	2	848.00		
4	LAAB	ABMS ISO 37001:2016 Lead Auditor	5	3763.00		
INFORMATION SECURITY MANAGEMENT SYSTEM (ISMS) ISO/IEC 27001:2022 PROGRAM						
1	AWI	Awareness of Quality Management Systems ISO 9001:2015	1	371.00		
2	IIIS	ISMS ISO/IEC 27001:2022 Interpretation and Implementation	2	848.00		
3	IAIS	ISMS ISO/IEC 27001:2022 Internal Auditor Training	2	848.00		
RISK MANAGEMENT AND RISK ASSESSMENT TECHNIQUES ISO/IEC 31010:2019				3763.00		
1	RMRT	Awareness of Environmental Management Systems ISO 14001:2015	2	1272.00		
BUSINESS CONTINUITY MANAGEMENT SYSTEMS ISO 22301:2019						
1	AWBC	Awareness of Business Continuity Management Systems ISO 22301:2019	1	371.00		
2	IIBC	Business Continuity Management Systems ISO 22301:2019 Interpretation and Implementation	2	848.00		
3	IABC	Business Continuity Management Systems ISO 22301:2019 Internal Auditor Training	2	848.00		
SEMINAR						
1	SEM	NIOSHCert International Standard Seminar 2023 (NIIS)	1	550.00		

NO	COURSE CODE	COURSE TITLE	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
	OHS MANAGEMENT SYSTEM (OHS MS) ISO 45001:2018 PROGRAM													
1	AWO	Awareness of Occupational Health and Safety Management Systems ISO 45001:2018		02 (Kota Kinabalu) 06 (Bangi)	05 (Johor Bahru)	24 (Kuching)	27 (K. Terengganu)		10 (Buterworth)	12 (Bangi)		8 (Online)		
2	IIO	Occupational Health and Safety Management Systems ISO 45001:2018 Interpretation and Implementation	8-9 (Bangi)											
3	IAO	Occupational Health and Safety Management Systems ISO 45001:2018 Internal Auditor Training		06-07 (Bangi)		24 - 25 (Buterworth)	14-15 (Johor Bahru) 27-28 (K.Terengganu)	10 - 11 (Kota Kinabalu)	10-11 (Kuching)	12-13 (Bangi)				
4	LAO	Occupational Health and Safety Management Systems ISO 45001:2018 Lead Auditor Training (Exemplar Global Certified)							15-19 (Johor Bahru) 15-19 (Labuan)		23-27 (Shah Alam)			
5	LIO	Occupational Health and Safety Management Systems ISO 45001:2018 Lead Implementer Training												
	OHS MANAGEMENT SYSTEM (OHS MS) ISO 45003:2021 PROGRAM													
1	AWP	Awareness of OHS Management Systems - Psychological Health and Safety at Work ISO 45003:2021			26 (Online)									
2	IIP	OHS Management Systems - Psychological Health and Safety at Work ISO 45003:2021 Interpretation and Implementation						19-20 (Online)						
	QUALITY MANAGEMENT SYSTEM (QMS) ISO 9001:2015 PROGRAM													
1	AWQ	Awareness of Quality Management Systems ISO 9001:2015	30 (Online)		05 (Penang)	22 (Bangi)		12 (Johor Bahru)				22 (Kuching)		02 (Bangi)
2	IIQ	Quality Management Systems ISO 9001:2015 Interpretation & Implementation Training												
3	IAQ	Quality Management Systems ISO 9001:2015 Internal Auditor Training		15 - 16 (Penang)		22-23 (Bangi)		25-26 (Kuching)			24-25 (Johor Bahru)			02-03 (Bangi)
4	LAQ	Quality Management Systems ISO 9001:2015 Lead Auditor Training (Exemplar Global Certified)	15-19 (Shah Alam)			22-26 (Johor Bahru)	06-10 (Butterworth) 06-10 (Miri)		15-19 (Kuala Lumpur)		9 - 13 (Kota Kinabalu)	28 - 01 Nov (Butterworth)	18-22 (Kuching)	
	ENVIRONMENTAL MANAGEMENT SYSTEM (EMS) ISO 14001:2015 PROGRAM													
1	AWE	Awareness of Environmental Management Systems ISO 14001:2015						06 (Bangi)						
2	IIE	Environmental Management Systems ISO 14001:2015 Interpretation & Implementation Training												
3	IAE	Environmental Management Systems ISO 14001:2015 Internal Auditor Training						06-07 (Bangi)			02-03 (Kota Kinabalu)		14-15 (Penang)	
4	LAE	Environmental Management System ISO 14001:2015 Lead Auditor Training (Exemplar Global Certified)	29 - 02 (Penang)	19 - 23 (Kota Kinabalu)			13-17 (Bangi)					07-11 (Johor Bahru)		
	MEDICAL DEVICES PROGRAM													
1	AWMD	Good Distribution Practice for Medical Devices Training												
2	AWMDQ	Awareness of ISO 13485:2016 - Medical Devices Quality Management Systems												
3	IIMDQ	Medical Devices Quality Management Systems ISO 13485:2016 Interpretation & Implementation Training												
4	IAMDQ	Medical Devices Quality Management Systems ISO 13485:2016 Internal Auditor Training												
5	LAMDQ	Medical Devices Quality Management Systems ISO 13485:2016 Lead Auditor Training												
	MALAYSIA SUSTAINABLE PALM OIL (MSPO) MS2530:2022 PROGRAM													
1	AWM	Awareness of Malaysia Sustainable Palm Oil (MSPO) MS2530:2022			11 (Online)					7 (Kuching)			04 (Kota Kinabalu)	
2	IIM	MSPO MS2530:2022 Interpretation and Implementation												3-4 (Kuching)
3	IAM	MSPO MS2530:2022 Internal Auditor Training		26-27 (Kuching)	11-12 (Online)						24-25 (Bintulu)			
	FOOD SAFETY MANAGEMENT SYSTEM (FSMS) PROGRAM													
1	AWF	Awareness of Food Safety Management System ISO 22000:2018			26 (Online)									
2	AWH	Awareness of Hazard Analysis and Critical Point MS 1480:2019												
3	IIF	FSMS Interpretation and Implementation Training												
4	IAF	FSMS Internal Auditor Training												

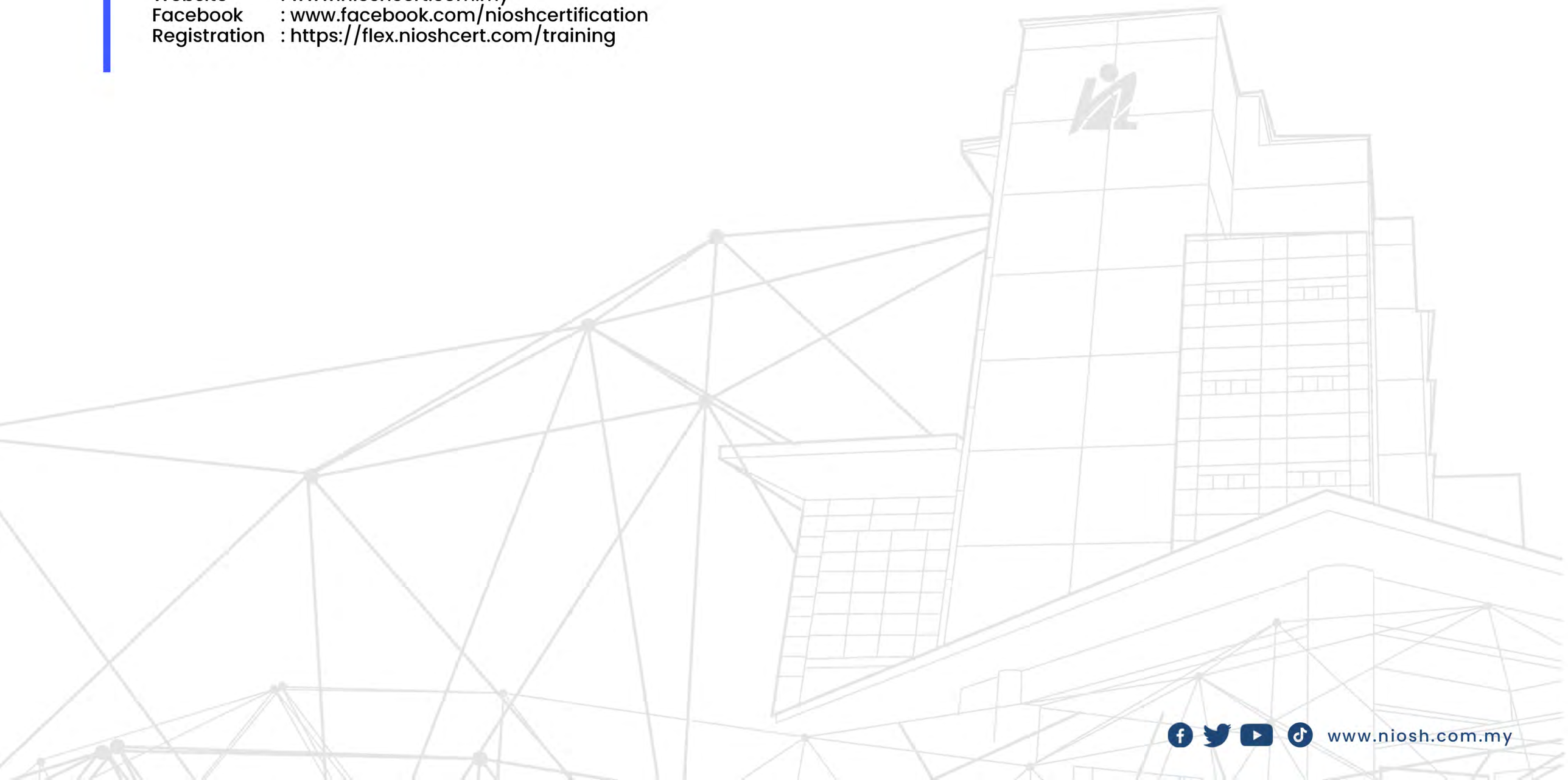
NO	COURSE CODE	COURSE TITLE	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
	ADVENTURE TOURISM SAFETY MANAGEMENT SYSTEM (ATSMS) ISO 21101:2014 PROGRAM													
1	AWATS	Awareness of Adventure Tourism Safety Management System ISO 21101:2014			14 (Kota Kinabalu)			24 (Online)						
2	IIATS	ATSMS ISO 21101:2014 Interpretation and Implementation												
3	IAATS	ATSMS Internal Auditor Training												
4	LAATS	ATSMS ISO 21101:2014 Lead Auditor (Exemplar Global Certified)						24-28 (Online)						
	ROAD TRAFFIC SAFETY MANAGEMENT SYSTEM (RTSMS) ISO 39001:2012 PROGRAM													
1	AWRTS	Awareness of Road Traffic Safety Management System ISO 39001:2012					14 (Kota Kinabalu)		29 (Online)					
2	IIRTS	RTSMS ISO 39001:2012 Interpretation and Implementation												
3	RTSCSM	Road Traffic Safety ISO 39002:2020 Good Practices for Implementing Commuting Safety Management							29-30 (Online)					
4	IARTS	RTSMS ISO 39001:2012 Internal Auditor Training												
5	LARTS	RTSMS ISO 39001:2012 Lead Auditor (Exemplar Global Certified)												
	ANTI-BRIBERY MANAGEMENT SYSTEM (ABMS) ISO 37001:2016 PROGRAM													
1	AWAB	Awareness of Anti-Bribery Management System ISO 37001:2016			25 (Online)			13 (Penang)	17 (Kuching)					
2	IIAB	ABMS ISO 37001:2016 Interpretation and Implementation Training												
3	IAAB	ABMS ISO 37001:2016 Internal Auditor Training								20-21 (Kuching)				
4	LAAB	ABMS ISO 37001:2016 Lead Auditor										04-08 (Johor Bahru) 21-25 (Putrajaya)		
	INFORMATION SECURITY MANAGEMENT SYSTEM (ISMS) ISO/IEC 27001:2022 PROGRAM													
1	AWI	Awareness of ISMS ISO/IEC 27001:2022								26 (Online)				
2	IIIS	ISMS ISO/IEC 27001:2022 Interpretation and Implementation												
3	IAIS	ISMS ISO/IEC 27001:2022 Internal Auditor Training												
	RISK MANAGEMENT AND RISK ASSESSMENT TECHNIQUES ISO/IEC 31010:2019													
1	RMRT	Risk Management and Risk Assessment Techniques ISO/IEC 31010:2019									09-10 (Bangi)			
	BUSINESS CONTINUITY MANAGEMENT SYSTEMS ISO 22301:2019													
1	AWBC	Awareness of Business Continuity Management Systems ISO 22301:2019										14 (Online)		
2	IIBC	Business Continuity Management Systems ISO 22301:2019 Interpretation and Implementation												
3	IABC	Business Continuity Management Systems ISO 22301:2019 Internal Auditor Training												
	SEMINAR													
1	SEM	NIOSHCert International Standard Seminar 2023 (NIIS)												

REMARKS & DISCLAIMER :
1) All Scheduled Programmes are available to be conducted as In-house Programmes. PLEASE CONTACT US FOR QUOTATIONS AT bizdev@nioshcert.com.my.
2) All informations are correct at the time of printing. They are, however, subject to changes by the Management of NIOSH CERTIFICATION. Participants will be notified of changes.
3) NIOSH Certification Sdn Bhd reserves the right to amend or cancel the programmes due to circumstances beyond its control.
4) Upon registration, you are deemed to have understood and agreed to the above terms and conditions.

NIOSHCert | NIOSH CERTIFICATION

NIOSH Certification Sdn Bhd (641222-K)
Aras 7, Menara NIOSH, Jalan 15/1, Seksyen 15,
43650 Bandar Baru Bangi, Selangor

Email add. : mst@nioshcert.com.my
Website : www.nioshcert.com.my
Facebook : www.facebook.com/nioshcertification
Registration : https://flex.nioshcert.com/training



PRODUCT CONSULTATION, RESEARCH AND DEVELOPMENT DEPARTMENT (CRDD) 2024

Consultation

Consultation is one of NIOSH core activities in the effort of elevating and improving OSH in the workplace. As the preferred partner in industries, NIOSH continuously emphasizes on the quality of the consultation services provided to meet the clients' requests.

Consultation Management Center (CMC)

Consultation Management Centre (CMC) consolidates and facilitates consultancy services carried out by Consultation, Research and Development Department (CRDD). We are committed to validate client's risk assessment through approved method that produce scientific evidence. CRDD offers a wide range of consultancy services in meeting the requirements of OSH law and legislation as well as good practice as follows:

OSH REGULATORY COMPLIANCE SERVICES:

NO	ITEM	CODE
1	Chemical Health Risk Assessment	CHRA
2	Chemical Exposure Monitoring	CEM
3	Inspection And Testing of Local Exhaust Ventilation System	LEV
4	Indoor Air Quality Assessment	IAQ
5	Noise Risk Assessment	NRA
6	Translation of Safety Data Sheet	SDS
7	Audiometric Testing and Analysis	ATA
8	Lung Function Test & Analysis	LFT
9	Medical Surveillance	MS
10	Medical Surveillance + Chemical	MSC

OSH SOLUTIONS SERVICES:

NO	ITEM	CODE
1	OSH 0Legislation Management	OSHLM
2	Gap Analysis/ Initial Review Analysis: OSH Management System (ISO 45001)	GAIR
3	Establishment And Implementation of OSH Management System (ISO 45001)	EIOSH
4	Facilities/Engineering Integrity Inspection	FII
5	Establishment of Hazard Identification, Risk Assessment and Risk Control	HIRARC
6	Establishment of Safety and Health Committee	SHC
7	Internal Audit (OSH Management System ISO 45001)	IA-OSHMS
8	Confined Space Risk Assessment	CSRA
9	Behaviour Base Safety Coaching Program	BBSC
10	Heat Stress Assessment	HSA
11	Occupational Vibration Assessment	OVA
12	Ergonomic Risk Assessment	ERA
13	Office Ergonomic Assessment	OEA
14	NIOSH Employee Assistance Program	NEAP

OSH ADVISORY SERVICES:

NO	ITEM	CODE
1	Behaviour Based Safety Awareness	BBS
2	Working Safely at Height	WAH
3	Safe Machinery Operation & Handling	SMO
4	Back Protection Program	BPP
5	Ergonomics and Manual Handling	EMH
6	Total Wellness Health Promotion	TWHP

Should you need further details, kindly fill up NIOSH Consultation Inquiry Form.
For more info, kindly email or contact us:

EMAIL : cmc@niosh.com.my
TEL : 03-87692290 FAX : 0389269842 HP : 013-222 8155

OSHECT

OSH HAZARD EVALUATION AND CONTROL TECHNOLOGY CENTRE

Under the Eleventh Malaysia Plan (11TH MP), NIOSH Malaysia has been funded RM25 milion by the Goverment of Malaysia (Ministry of Human Resources) to develop OSHECT. The development of OSHECT is from 2016 to 2022

Objectives :

- To provide the capabilities and capacities of technical services facilities as well as the quality of delivery and effective services.
- To provide the capabilities and capacities of research development facilities and the sharing of research results.
- To strengthen and preserve the relationship between goverment and industry.

SCIENTIFIC EQUIPMENT CALIBRATION LABORATORY (SECL)

1. Sound Level Meter Calibration (Auto)
2. Sound Level Meter Calibration (Semi Auto)
3. Sound Level Meter Calibration (Anechoic Chamber)
4. Dosimeter Calibration
5. Calibrator Calibration
6. Microphone Calibration (Coupler)
7. Microphone Calibration (Anechoic Chamber)

PPE SIMULATION LABORATORY (PSL)

1. Interactive Training Series – Working in Laboratory
2. Interactive Training Series – Working at Height
3. Interactive Training Series – Working in Confined Space

FACE AND MEDICAL MASK LABORATORY (FMML)

1. Bacteria Filtration Efficiency (BFE)
2. Particulate Filtration Efficiency (PFE)
3. Synthetic Blood Penetration (SBP)
4. Differential Pressure (Breathability)
5. Flammability
6. Physical Strength

DUST MASK LABORATORY (DML)

1) Third party laboratory – Malaysian Certification (DOSH/SIRIM Approval)
2) Full/Partial Tests
3) Fit Testing for Respiratory Protective Equipment
4) Collaboration in R&D
5) Provide facilities for Respiratory Protective Equipment practical training

GAS DETECTOR CALIBRATION LABORATORY (GCL)

1) CH_4 - Methane
2) H_2S - Hydrogen Sulphide
3) CO - Carbon Monoxide
4) CO_2 - Carbon Dioxide
5) O2 - Oxygen
6) Cl_2 - Chloride
7) NH_3 - Ammonia
8) C_4H8 - Isobutylene (VOC)

ENVIRONMENTAL ERGONOMICS LABORATORY (EEL)

1. Heat Stress Test
2. Heat Strain Test
3. Sweat Index Testing
4. Thermal Comfort Assessment
5. Workplace Lighting Assessment
6. Occupation Vibration Assessment – Whole Body Vibration Test (WBV)
7. Occupation Vibration Assessment – Hand Arm Vibration Test (HAV)

OCCUPATIONAL HEALTH LABORATORY (OHL)

1) Spiroergometry assessment
2) Body Composition Analysis
3) Health Management Systems
4) Gymnasium

HYDROSTATIC TESTING LABORATORY (HRL)

1) Process to inspect equipment through the use of hydrostatic tester
2) It measure the rate of expansion of the tube under water pressure, which ultimately determine whether the unit can safety hold the amount of pressure it is rated

FORENSIC ENGINEERING LABORATORY (FEL)

1. Microscopic Examination
2. Metallographic/ Metallurgical Analysis
3. Mechanical Test (Vickers Hardness Test)
4. 3D Prototype Printing

CHEMICAL HAZARDOUS TO HEALTH LABORATORY (CHL)

1. Workplace Environmental Samples
2. Biochemical Samples
3. Microbiological Samples

HUMAN ERGONOMICS ASSESSMENT LABORATORY (HEAL)

1) Postural and Manual handling Evaluation
2) Functional Capacity Evaluation
3) Fitness for work evaluation
4) Basic Psychosocial Analysis
5) Ergonomics Product / Design verification

FALL PROTECTION EQUIPMENT TESTING LABORATORY (FPETL)

1) Static Strength Test
2) Dynamic Performance Test
3) Conditioning Test
4) PPE Inspection and Verification

GAS MASK LABORATORY (GML)

1. Mechanical Strength (M.S.)
2. Temperature Conditioning (T.C.)
3. Breathing Resistance
4. Gas Capacity

NO : SAMM 412.

Research & Development

Research and development (R&D) activities are one of NIOSH's core functions. The Research Management Center (RMC) of NIOSH was established to manage all R&D activities

The Research Management Center (RMC)

Research and development (R&D) activities are one of NIOSH's core functions. The Research Management Center (RMC) of NIOSH was established to manage all R&D activities.

RMC responsibility:
- To foster various disciplines of OSH research in accordance with NIOSH priority
- To enable and expedite high-impact research through collaboration and partnership
- To coordinate research projects through effective monitoring approaches
- To disseminate research outcome to all relevant stakeholders

NIOSH Outcome-Based Research Grant has been introduced and opened to stakeholders since 2018. The grant is open throughout a year. The competition for grants is very intense and challenging now with a limited quantum of grants. Therefore, research projects that truly meet the following NIOSH criteria and intended research focus areas are welcome to apply:

Criteria of Research	MaRINA Remark	Intended Research Area
1- The output that can support NIOSH functions directly to the industries. 2- Able to utilize NIOSH laboratories/ equipment (refer to this link for more details: http://www.niosh.com.my /consultation).	M1	Aging Workforce in Government Sector
	M2	Indoor Environmental Quality (IEQ)
	M3	Prevention through Ergonomics Design (PtED)
	M4	OSH Risk Management
	M5	Cost Benefit Analysis in OSH
	M6	Capacity Enhancement of Training and Research Facilities
	M7	Communicable Diseases at Workplace
	M8	Occupational Psychosocial
	M9	Occupational Hygiene and Toxicology
	M10	OSH Culture in SME
	M11	Technological Innovation in OSH
	M12	Work-Related Road Safety (WRRS)

To apply, please submit to us those following :

1. NIOSH R&D Fund Application Form (Kindly fill & email the form completely)
   Presentation Slide (must be maximum 10-15 MINUTES ONLY by referring to this guide template)

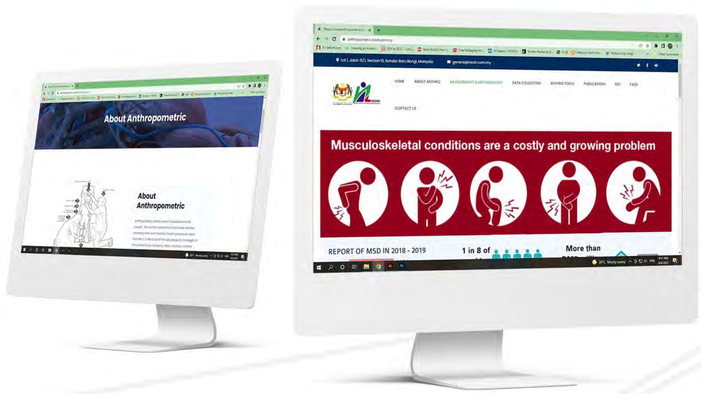
2.The application should be submitted by emailing us at: *rmc@niosh.com.my*

LIST OF EXPERT

NO	NAME	CODE
1	Ts. Hj. Mohd Esa Baruji	Technical Expert I
2	Yuzainie Yusof	Technical Expert II
3	Dr. Hj. Muhamad Ariff Muhamad Noordin	Technical Expert III
4	ChM. Mohd Norhafsam Maghpor	Technical Expert III
5	Ts. Nor Mohd Razif Noraini	Technical Expert III
6	Ts. Shahrulnizam Jamen	Technical Expert III
7	Azhar Ahmad	Technical Expert III
8	Raemy Md. Zein	Technical Expert III
9	Hj. Muhammad Zaeem Mokhtar	Technical Expert III
10	Ruzita Mohd Shariff	Technical Expert III
11	Baderin Osman	Technical Expert III
12	Siti Nurani Hassan	Technical Expert III

Research & Development

NIOSH ANTHROPOMETRIC PORTAL



Anthropometric valuation is very important to ensure human-centred design. Human characteristics varied based on gender, age, and nationality.

The earliest measurement method was time-consuming, and the modern method is too expensive with portability issues. Furthermore, the collected anthropometric data necessitated a proper data management strategy in order to avoid any potential errors during data analysis.

Therefore, NIOSH managed to come out with a customised anthropometric grid and web-based online portal that will become an online hub for ergonomics enthusiasts, researchers, and authorities related to anthropometrics in Malaysia.

In our portal, https://www.anthropometric.niosh.com.my/, NIOSH researchers managed to collect more than 5000 respondents, which can be considered the largest anthropometric study in Malaysia. Another feature of the portal is the workspace tool, where the user may use the tool to design the workstation by using the nearest height in centimetres. Please click HERE to download the brief manual.

For any question or enquiry, please contact Mohd Nur Ikhwan Shafiee through email at mohd.nur.ikhwan@niosh.com.my or call 03-87692100 (ext.2285).

MARINA 2.0 FOCUS AREA

Employee Assistance Program (EAP) by NIOSH

- A systematic approach to address psychosocial risk at work and its management based on the requirements of ISO 45003:2021.

OBJECTIVE

- To promote awareness on mental health at work
- To identifying early detection on mental health problems
- To encourage employee learn coping skill to reduce risk mental health at work
- To recommend further appropriate control measures and prioritize actions to be taken for prevention
- To improve the implementation of evidence-based interventions for mental health at work

SOLUTION TO CLIENT

- EAP by NIOSH enables the organization on effective wellbeing workplace management via smart decision on:

i. Hazard identification and assessment of risks and opportunities;
ii. Providing appropriate control measures;
iii. Induction and training of workers; and
iv. Continual improvement for improving psychological health, safety and well-being in the workplace.

MINISTRY OF HUMAN RESOURCES

NIOSH
National Institute of Occupational Safety and Health

National Institute of Occupational Safety and Health
Institut Keselamatan dan Kesihatan Pekerjaan Negara

Ministry of Human Resources
Kementerian Sumber Manusia

www.niosh.com.my