



COURSE TITLE	: OSH & Environmental Management Programme (Remote Learning)	COURSE CODE	: OSHE-RL
COURSE DURATION	: 2-day(s) / 13.75-hour(s)	COURSE LEVEL	: Basic
COURSE CATEGORY	: Non-Competency		
HRD CORP SCHEME	: Claimable		
COURSE FEE	: RM 432.00 (inclusive of 8% SST)		

1. OBJECTIVE(S):

At the end of the course, the participant will be able to:

- i. Understand the scope of OSH and the Environment (OSHE) in the organisation.
- ii. Comprehend the reasons why OSHE has to be managed.
- iii. Analyse the sources of OSHE harm and their effects.
- iv. Choose the appropriate way of managing OSHE hazards.

2. TARGET GROUP(S):

- i. Managers / Executives.
- ii. Safety and Health Officers.
- iii. OSH practitioners.
- iv. Safety and Health Committee members.
- v. Supervisors and all levels of workers.

3. ENTRY REQUIREMENT(S):

- i. Must have device (Computer, Laptop or Tablet) to participate in e-learning platform. The use of mobile phones is NOT PERMITTED; **AND**
- ii. Must have good internet connection; **AND**
- iii. Zoom account registered with personal email.

4. TOPIC(S):

- i. Introduction.
- ii. Overview of Management Systems, Legal and other Requirements.
- iii. HIRARC & JSA.
- iv. Environmental Aspect and OSH Hazard Identification.
- v. OSHE Risk and Impact Assessment.
- vi. Water Pollution Control.
- vii. Air pollution Control.
- viii. Introduction to Scheduled Waste Management.
- ix. OSHE Objective Setting and Programme Development.
- x. Monitoring and Enforcement.
- xi. Emergency Response and Spill Control.



5. LIST OF REFERENCE BOOK(S):

- i. Occupational Safety and Health Act 1994.
- ii. Environmental Quality Act 1974.

6. LIST OF TEACHING AID(S):

- i. Computer/ Laptop.
- ii. Learning accessories.

7. LIST OF CLASSROOM ACTIVITIES:

- i. Lecture.
- ii. Discussion.

 	NATIONAL INSTITUTE OF OCCUPATIONAL SAFETY AND HEALTH		
	COURSE SCHEDULE		
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COURSE TITLE: OSH & ENVIRONMENTAL MANAGEMENT PROGRAMME (REMOTE LEARNING)

DAY ONE

TIME	HOUR	TOPIC	TRAINER / FACILITATOR
0830 – 0900	0.50	Registration	NIOSH
0900 – 1000	1.00	1.1 Introduction	
1000 – 1015	0.25	BREAK	
1015 – 1115	1.00	Continuation	
1115 – 1215	1.00	1.2 Overview of Management Systems, Legal and Other Requirements	
1215 – 1315	1.00	1.3 HIRARC and JSA	
1315 – 1430	1.25	LUNCH BREAK	
1430 – 1600	1.50	1.4 Environmental Aspect and OSH Hazard Identification	
1600 – 1615	0.25	BREAK	
1615 – 1745	1.50	1.5 OSHE Risk and Impact Assessment	
	7.00	END OF DAY ONE	

DAY TWO

TIME	HOUR	TOPIC	TRAINER / FACILITATOR
0900 – 1000	1.00	2.1 Water Pollution Control	
1000 – 1015	0.25	BREAK	
1015 – 1115	1.00	2.2 Air Pollution Control	
1115 – 1245	1.50	2.3 Introduction to Scheduled Waste Management	
1245 – 1400	1.25	LUNCH BREAK	
1400 – 1515	1.25	2.4 OSHE Objective Setting and Programme Development	
1515 – 1530	0.25	BREAK	
1530 – 1630	1.00	2.5 Monitoring and Enforcement	
1630 – 1730	1.00	2.6 Emergency Response and Spill Control	
	6.75	END OF THE COURSE	