FYi

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NIOSH
National Institute Of Occupational Safety And Health
Your OSH preferred partner

Keselamatan dan Kesihatan Pekerjaan untuk 'Keluarga Malaysia' ms04

Melestari Kempen 'OSH in School'! ms05

#KELUARGA MALAYSIA

OSH for the Malaysian Family

ms03

Executive Director's Note

Assalamualaikum W. B. T.

This month, our editorial team selected "Keluarga Malaysia" as the main theme to highlight as we wish to express our thoughts on the challenging mission to work on the three pillars of "Keluarga Malaysia". The three pillars “Keluarga Malaysia” are inclusivity, togetherness and contentment. Malaysia is one of the countries that is unique because it has a diversity of races, cultures and religions. Our country began with many races living in harmony with the virtues of piety, humility and camaraderie that have been passed on to us from our ancestors before we were independent. However, the harmony of the country is often being tested and challenged especially when the principium of unity and mutual respect started to weaken. Diversity and inclusion do go hand in hand, it is both our strengths and weaknesses. Our government is currently unceasing to balance the twin obligations of maintaining the security, safety and health of the people and preserving the environment to withstand the COVID-19 pandemic and political upheavals. Some of us may consider these three pillars are easy to understand but aforesaid could be hard to implement as many may overlook the damaging effects for national harmony as if one refused to believe in upholding solidarity. All of us should be able to realize social with inclusive cultures enable us to see more angles on potential problems, be agile in seeking multifaceted solutions, and be capable to differentiate the biases in one facet.

I believed there will be a different interpretation and application for the three pillars in each independent sphere. For workplace safety and health, we take into account the inclusiveness of employers and workers in terms of sharing responsibilities and strengths. Inclusion is about creating a common ground where each will be part of a safety and health patron to thrive beyond race, gender, religion, orientation, language and ability. Inclusion is a feeling, a mind-set, a behaviour and a culture in creating a safe and healthy climate within a workforce. To achieve this goal, we call for the second pillar which is togetherness to defend. So when we talk about commitment and performance in occupational safety and health, the result is significantly measurable. All we need to do is to create a system that is fair, accountable, prudent and precise to enable each to govern safety and health on common ground. We must be convinced that by having the same ambition and expectation, all must work together and seek a diverse set of experiences, perspectives and backgrounds for innovation and the development of new ideas for game-changer. We all are responsible for ensuring not only our safety and health but also our family, friends and co-workers to stay safe and healthy at all times and this is the contentment we should reap together.

I hope our readers enjoy reading and I wish those celebrating the festive “Happy Chinese New Year” and a safe journey home. The nurtured heart approach “Keluarga Malaysia”, one family is a circle of strength founded on faith, magnifying inclusivity, fairness and together we harvest the essence of contentment.

Haji Ayop Salleh
Executive Director
NIOSH

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OSH for the Malaysian Family

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We have always been a Malaysian family or *Keluarga Malaysia.* It has been and always will be a way of life for Malaysians. The concept was amplified and intensified during the COVID-19 pandemic and the frequent lockdowns we went through in the past.

It was obvious, we banded together through thick and thin. One does not have to look overseas. He or she simply needs to look at our backyard and note the help and assistance we gave each other, such as the food pantry and food basket movements. Malaysians did not ask for anything in return and the only currency in play was that of kindness and sincerity.

These are just a few examples of how close-knit the Malaysian Family. However, we cannot deny that the COVID-19 pandemic disrupted the normal working way. Many economic sectors and office workers had to adapt to working from home. For the good of all, we must adapt to the situation in the best interest of safety and health.

However, mankind has always adapted to Mother Nature. We have already been living with the virus for about two years now. We made the best of the situation, learned to adapt and practised the new normal quite successfully. As things edge closer to normalcy the new normal has somewhat become normal. We now are better experienced, better equipped for the challenges ahead.

Shifting the focus to the concept of Occupational Safety and Health, OSH for the Malaysian Family. It employs the same notion as the *Keluarga Malaysia* concept. We do not need to be told to execute good OSH practices or standards. The OSH for *Keluarga Malaysia* concept just like our unity as one must be upheld by all.

Occupational hazards, risks and dangers existed way before the COVID-19 pandemic struck. We know of Safety and Health Policies promoted by companies. It is nothing new in the OSH world. The policy is important, but a mindset to value and carry out what the policy promulgates is equally essential.

The most valuable asset in any organization is its people, hence investing and protecting its people is equally as important as business operations. There is no value to human life. No one needs to see unnecessary bloodshed, near misses, or accidents simply because someone decided to place OSH on the backburner.

Now, the 2021 International Labour Organisation's World Day for Safety and Health at Work 2021 report stated that exposure to the COVID-19 virus should not only be the main focus when it comes to risk assessment and management. Attention must also be given to hazard identification and the minimisation of risks that may happen because of new work processes and arrangements adopted to prevent the spread of the virus, including the working from home concept. This supports the earlier statement of the pre-existing hazards, risks and dangers before we even heard of the virus.

The report also stated that there still seems to be a lack of knowledge regarding occupational hazards and preventive culture, and to mitigate this, it has been highlighted that effective, coordinated communication and information is needed to promote compliance and lead to the adoption of sufficient OSH measures.

Hence, the key here is to improve communication regardless of whether it is top-down or bottom-up. This, as barriers to communication, might be a problem as bureaucracy rears its ugly head in almost all organisations. Aiming to reduce red tape are ways we can improve communication on OSH and its compliance. There also needs to be an open door culture to enable healthy communication not only on matters related to OSH but respective organisational values. Regular and timely communication between workers and employers also on top of providing workers with updated info and OSH guidance materials is of paramount importance.

Here at the National Institute of Occupational Safety and Health Malaysia, information dissemination is and has always been one of our core functions and online webinars and seminars are conducted regularly to not only promote but nurture the hope that the public inculcates OSH practices.

Moving on, investing in OSH training for employees improves understanding and compliance with OSH regulations. However, the impact of the pandemic has its economic realities. We see businesses winding up while some struggle to stay afloat. Austerity measures will happen, but this should not be a reason to cut back extensively on OSH training for employees.

The ILO has recommended that workers' reps in training is essential as their understanding of the particular issues faced by other workers and can aid in their education of COVID-19 and promote better behavioural changes. Companies should value this proposition and find ways to not only prioritise business operations, but value and equate Occupational Safety and Health aspects to be on par with business goals.

After all, it is said and done, perhaps the key to any company or organisations success in OSH is not only the involvement but also the commitment of its people. It was earlier mentioned that the most valuable asset a company has is its people. These very same individuals form the *Keluarga Malaysia.* We are all working to a common objective of peace, harmony and prosperity, and in the middle our commitment and pledge to OSH must never be forgotten or conveniently overlooked. We are on this journey for the long run. It is not a solidarity path to take; it involves cooperation and the commitment of all to uphold good OSH practices and standards not as individuals, but as a united Malaysian Family.

Keselamatan dan Kesihatan Pekerjaan untuk 'Keluarga Malaysia'

Disediakan oleh:
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Konsep 'Keluarga Malaysia' menggariskan tiga teras utama yang mendasari kerajaan pimpinan Perdana Menteri, Datuk Seri Ismail Sabri Yaakob, untuk bekerja secara bersama-sama dalam memulihkan negara daripada masalah dan kesan pandemik COVID-19. Tiga teras utama tersebut ialah Keterangkuman *(inclusivity),* Kebersamaan *(common ground)* dan Kesyukuran *(contentment).*

Sehubungan dengan itu, NIOSH juga akan memperkenalkan dan mempromosikan produk baharu dan sedia ada selaras dengan inisiatif 'Keluarga Malaysia' yang diperkenalkan oleh YAB Perdana Menteri.

Program dan aktiviti NIOSH pada 2022 akan berlandaskan kepada tonggak tersebut dengan agenda mempertingkat dan memperkasakan keselamatan dan kesihatan pekerjaan (KKP) kepada rakyat Malaysia dengan keterangkuman, kebersamaan dan kesyukuran. Kesemua aktiviti ini merangkumi latihan & pendidikan, pembangunan & penyelidikan serta penyebaran maklumat .

Aktiviti latihan khususnya akan dipertingkatkan lagi dan tumpuan akan diberikan kepada menghasilkan lebih banyak modul latihan kerana latihan merupakan komponen utama dalam mewujudkan pekerja yang mempunyai amalan KKP yang baik di tempat kerja.

Selaras dengan hasrat ini NIOSH menggariskan dua teras strategik iaitu :

a. Menambahbaik Selanjutnya Standard KKP di Tempat Kerja.

b. Memperkukuhkan Kelestarian Aktiviti NIOSH.

Diharap konsep KKP untuk 'Keluarga Malaysia' ini mampu untuk mewujudkan nilai keterangkuman, kebersamaan dan kesyukuran di dalam pengamalan budaya selamat dan sihat di tempat kerja!

Melestari Kempen 'OSH in School'!

Disediakan oleh:
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Kempen 'OSH in School' telah dijalankan sejak tahun 2002 oleh pihak *NIOSH*. Peringkat awal program ini disusun dengan kerjasama daripada pihak industri. Pelbagai aktiviti disusun seperti 'Hazard Hunt', '5 minutes OSH talks' dan kursus bersiri kepada guru-guru bagi sekolah yang telah dipilih oleh pihak industri sebagai sekolah angkat untuk program ' OSH in School'.

Mengapa kempen 'OSH in School' perlu diteruskan? Ini kerana, sekolah merupakan sebuah tempat kerja, yang terdiri daripada guru, kakitangan sekolah, pelajar dan pihak lain yang berurusan dengan pihak sekolah. Dari segi perundangan, sebagai sebuah tempat kerja, sekolah adalah tertakluk kepada Akta Keselamatan dan Kesihatan Pekerjaan (AKKP 1994).

Tujuan akta itu sendiri adalah untuk memastikan keselamatan, kesihatan dan kebajikan orang-orang yang sedang bekerja, untuk melindungi orang-orang di tempat kerja selain daripada orang-orang yang sedang bekerja dan mengadakan persekitaran kerja yang sesuai dengan kehendak psikologi dan fisiologi.

Di dalam kes sekolah, orang yang bekerja ialah guru, pentadbir dan kakitangan sokongan. Manakala istilah 'selain daripada orang-orang bekerja' pula merujuk kepada para pelajar dan pelawat. Sementara pengurusan sekolah dan Jabatan Pendidikan diklasifikasikan sebagai 'majikan' sekolah.

Adalah menjadi tanggungjawab pihak pengurusan sekolah untuk memastikan sekolah menjadi satu tempat yang selamat dan sihat kepada guru, kakitangan, pelajar dan pelawat. Antara kewajipan am majikan ialah memastikan setakat yang praktik keselamatan, kesihatan dan kebajikan pekerja mereka (seksyen 15, AKKP 1994), kewajipan membentuk dasar keselamatan dan kesihatan (seksyen 16, AKKP 1994), memastikan setakat yang praktik pekerja dan orang-orang lain yang bukan pekerjanya yang mungkin berada sekitar tempat kerja itu agar tidak terdedah kepada risiko keselamatan dan kesihatan (seksyen 17, AKKP 1994) dan memastikan bahawa semua cara masuk dan keluar daripada premis bagi kegunaan orang-orang yang menggunakan premis itu, dan apa-apa loji atau bahan dalam premis itu atau yang diadakan bagi kegunaan di sana adalah selamat dan tanpa risiko kepada kesihatan (seksyen 18, AKKP 1994).

Sejak beberapa tahun kebelakangan ini, kemalangan dan kecederaan yang berlaku di premis sekolah masih ada dipaparkan di dalam media. Enrolmen pelajar seluruh Malaysia juga telah mencecah lebih 5 juta orang. Manakala guru pula mencecah lebih 400 ribu orang. Bilangan yang tinggi ini sudah pasti memberi petunjuk kepada kita untuk mengambil serius bagi memastikan keselamatan dan kesihatan dilaksanakan di sekolah.

Memahami keadaan yang ada ini dan kehadiran COVID-19 yang melanda dunia serta juga dengan melihat kejayaan industri menjaga keselamatan dan kesihatan para pekerja dan pelanggan mereka, NIOSH Malaysia telah mengambil inisiatif untuk meneruskan kempen 'OSH in School' ini!

NIOSH
National Institute Of Occupational Safety And Health

Kapsul Kesihatan Mental

OSH Mental Health

MITOS ATAU FAKTA ?

Mereka yang mempunyai masalah kesihatan mental adalah ganas

MITOS ✓

Mereka yang mempunyai masalah kesihatan mental sering kali menjadimangsa kepada keganasan. Keganasan adalah mitos sebenar yang menjadikan manusia lebih sukar untuk membicara mengenai isu kesihatan mental secara terbuka. Ia juga menjadikan rakan- rakan enggan menghubungi antara satu sama lain.

Sumber: Occupational Mental Resiliency Team (OMREST)
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Muka Akhir (Dalam) - Muka penuh - 21cm X 29.5cm	RM 800	RM 4,000	RM 8,400
1 Muka Penuh (Dalam) - 21cm X 29.5cm	RM 700	RM 3,500	RM 7,350
1/2 Muka - 21cm X 14.5cm	RM 600	RM 3,000	RM 6,300
1/4 Muka - 10.5cm X 14.5cm	RM 500	RM 2,500	RM 5,250

*Harga pakej tidak termasuk 6% SST

Terma & Syarat :

1. Semua pengiklan hendaklah menyediakan *artwork*.
2. Pengiklan hendaklah memberi design *artwork* iklan sekurang-kurangnya satu bulan sebelum tarikh penerbitan.
3. Bayaran hendaklah dibayar kepada akaun NIOSH berserta *design artwork*.
4. Pengiklan perlu memohon melalui emel di dl.bmd@niosh.com.my
5. Sekiranya pemohonan diluluskan , pihak NIOSH akan menghubungi pengiklan.

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IKLANKAN PERNIAGAAN ANDA

FYI NIOSH diedarkan dalam bentuk softcopy kepada ahli NIOSH, rakan strategik sektor awam dan swasta, dan juga pelanggan.

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TAHUKAH ANDA!
Majikan adalah layak:
menuntut POTONGAN CUKAI ATAU ELAUN MODAL ke atas perbelanjaan pembelian PPE di bawah akta cukai pendapatan 1967 (ACP 1967)
i. Bagi perbelanjaan pembelian PPE yang merupakan barangan pakai buang (*disposable*) seperti alat pelindung pendengaran, adalah layak mendapat potongan cukai di bawah subseksyen 33(1) ACP 1967; dan
ii. Bagi perbelanjaan pembelian PPE yang merupakan bukan pakai buang bernilai tidak melebihi RM2,000.00 adalah layak menuntut elaun modal di bawah perenggan 19A, Jadual 3 ACP 1967 sebagai aset bernilai kecil (*small value assets*). Tuntutan elaun modal ini boleh dituntut tanpa had oleh Perusahaan Kecil dan Sederhana (PKS) manakala syarikat selain PKS adalah dihadkan kepada RM20,000.00 bagi setiap tahun taksiran.
*Sumber daripada Kementerian Kewangan Malaysia
KEMENTERIAN SUMBER MANUSIA
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3. Berkaitan peperiksaan: exam@niosh.com.my
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5. Untuk pendaftaran kursus, peperiksaan dan seminar: https://edaftar.niosh.net.my
Atau layari laman web kami di www.niosh.com.my untuk maklumat lanjut.
"Segala kesulitan amatlah dikesali"

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Fax : +603 8926 3900
Email : training@niosh.com.my
1. Kursus Pasport Keselamatan NIOSH
Semak kursus-kursus pasport keselamatan anjuran NIOSH dan mohon secara atas talian
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Semak kursus-kursus kesedaran anjuran NIOSH dan mohon secara atas talian
4. SEMINAR NIOSH
Semak seminar-seminar anjuran NIOSH dan mohon secara atas talian
5. MOHON PEPERIKSAAN
Semak peperiksaan anjuran NIOSH dan mohon secara atas talian
EXAM
6. E-CERTIFICATE
Muat turun dan cetak sijil NIOSH. Panduan penggunaan.
7. MOHON SEBUTHARGA KURSUS IN-HOUSE
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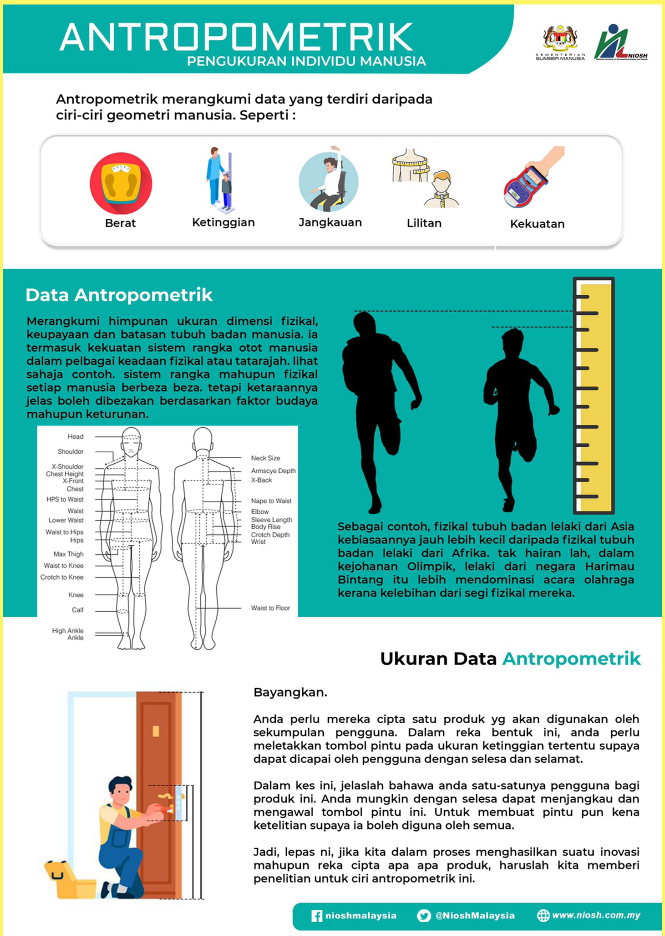
ANTROPOMETRIK
PENGUKURAN INDIVIDU MANUSIA
Antropometrik merangkumi data yang terdiri daripada ciri-ciri geometri manusia. Seperti :
Berat
Ketinggian
Jangkauan
Lilitan
Kekuatan
Data Antropometrik
Merangkumi himpunan ukuran dimensi fizikal, keupayaan dan batasan tubuh badan manusia. Ia termasuk kekuatan sistem rangka otot manusia dalam pelbagai keadaan fizikal atau tatarajah. lihat sahaja contoh. sistem rangka mahupun fizikal setiap manusia berbeza beza. tetapi ketaraannya jelas boleh dibezakan berdasarkan faktor budaya mahupun keturunan.
Head
Shoulder
X-Shoulder
Chest Height
X-Front
Chest
HPS to Waist
Waist
Lower Waist
Waist to Hips
Hips
Max Thigh
Waist to Knee
Crotch to Knee
Knee
Calf
High Ankle
Ankle
Neck Size
Armscye Depth
X-Back
Nape to Waist
Elbow
Sleeve Length
Body Rise
Crotch Depth
Wrist
Waist to Floor
Sebagai contoh, fizikal tubuh badan lelaki dari Asia kebiasaannya jauh lebih kecil daripada fizikal tubuh badan lelaki dari Afrika. tak hairan lah, dalam kejohanan Olimpik, lelaki dari negara Harimau Bintang itu lebih mendominasi acara olahraga kerana kelebihan dari segi fizikal mereka.
Ukuran Data Antropometrik
Bayangkan.
Anda perlu mereka cipta satu produk yg akan digunakan oleh sekumpulan pengguna. Dalam reka bentuk ini, anda perlu meletakkan tombol pintu pada ukuran ketinggian tertentu supaya dapat dicapai oleh pengguna dengan selesa dan selamat.
Dalam kes ini, jelaslah bahawa anda satu-satunya pengguna bagi produk ini. Anda mungkin dengan selesa dapat menjangkau dan mengawal tombol pintu ini. Untuk membuat pintu pun kena ketelitian supaya ia boleh diguna oleh semua.
Jadi, lepas ni, jika kita dalam proses menghasilkan suatu inovasi mahupun reka cipta apa apa produk, haruslah kita memberi penelitian untuk ciri antropometrik ini.
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1
NIOSH adalah penyedia latihan yang telah diluluskan oleh Kementerian Kewangan sebagai sebuah 'Institusi Latihan Yang Diluluskan' selaras dengan Kaedah-Kaedah Cukai Pendapatan (Potongan Untuk Latihan Yang Diluluskan) 1992. Kelulusan ini berkuat kuasa mulai tahun taksiran 2019 hingga tahun taksiran 2023.
2
Dengan kelulusan ini, syarikat yang menghantar pekerja mengikuti latihan di NIOSH layak diberi potongan cukai pendapatan dua kali ke atas perbelanjaan yang dilakukan.
3
Kos yuran Kursus yang layak mendapat potongan cukai dua kali ialah:
i. Kursus pegawai keselamatan dan kesihatan / Safety and Health Officer Course (SHO)
ii. Kursus Penyelia Keselamatan Tapak Bina / Site Safety Supervisor Course (SSS)
iii. Kursus Juruteknik Higen Industri I / Industrial Hygiene Technician I Course (IHT I)
iv. Kursus Juruteknik Higen Industri II / Industrial Hygiene Technician II Course (IHT II)
v. Kursus Latihan Untuk Jurulatih / Train The Trainer Course (TTT)

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MENYERTAI AKTIVITI ANJURAN NIOSH KHAS BAGI AHLI NIOSH
KRITERIA BAGI MENJADI AHLI
Ahli Biasa (Individu)
Sesiapa yang mengamalkan secara professional dalam bidang Keselamatan dan Kesihatan Pekerjaan (KKP) bagi satu tempoh tidak kurang dari tiga (3) tahun dengan tujuan untuk mempromosikan lagi pengamalan KKP pada tahap yang lebih tinggi.
Sesiapa yang telah menyumbang secara signifikan dalam bidang pembangunan dan pengamalan Dasar, Penyelidikan, Konsultansi, Penyebaran Maklumat dan Latihan KKP.
Ahli Biasa (Korporat)
Satu Badan Korporat / Organisasi / Kesatuan yang telah disahkan dengan Sistem Pengurusan Keselamatan dan Kesihatan Pekerjaan (KKP) menurut ISO 45001: dan
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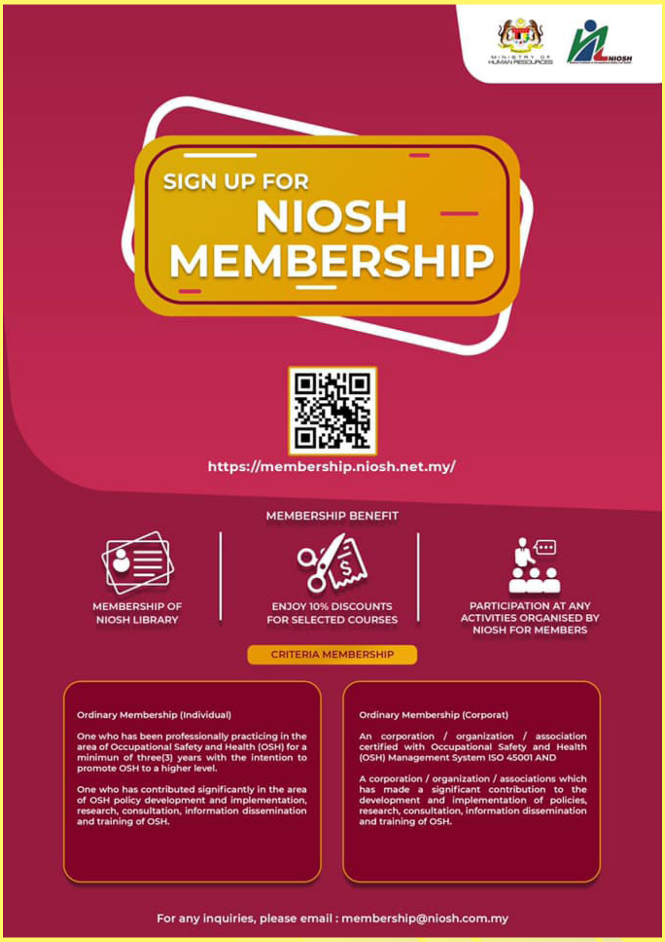
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PARTICIPATION AT ANY ACTIVITIES ORGANISED BY NIOSH FOR MEMBERS
CRITERIA MEMBERSHIP
Ordinary Membership (Individual)
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One who has contributed significantly in the area of OSH policy development and implementation, research, consultation, information dissemination and training of OSH.
Ordinary Membership (Corporat)
An corporation / organization / association certified with Occupational Safety and Health (OSH) Management System ISO 45001 AND
A corporation / organization / associations which has made a significant contribution to the development and implementation of policies, research, consultation, information dissemination and training of OSH.
For any inquiries, please email : membership@niosh.com.my

RM 995
Include 6%sst
SBL Claimable
OSH
Train The Trainer
Competency
Based
Programme
Remote Learning
13-17 Mac 2022
19-23 June 2022
NIOSH JOHOR
Register @
edaftar.niosh.net.my
NIOSH
Southern Regional Office (Johor Bahru)
No 10 Jalan Persiaran Teknologi
Taman Teknologi Johor
81400 Senai Johor
07-5991200/019-229 9528
sro@niosh.com.my
Mohd Rafie / Noor Azlan
FB: NIOSH Wilayah Selatan (JOHOR)
www.niosh.com.my
NIOSH

RM 1578
Include 6%sst
SBL Claimable
OSH
Train The Trainer
Competency
Based
Programme
27-31 Mac 2022
15-19 May 2022
NIOSH JOHOR
Register @
edaftar.niosh.net.my
NIOSH
Southern Regional Office (Johor Bahru)
No 10 Jalan Persiaran Teknologi
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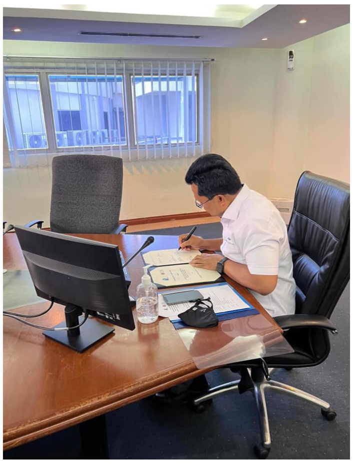
KEMENTERIAN SUMBER MANUSIA
NIOSH
SAFE HANDLING OF FORKLIFT TRUCK (SHFT)
NIOSH Wilayah Timur (Kota Bharu)
13/03 - 14/03
22/05 - 23/05
2022
COURSE TITLE : Safe Handling of Forklift Truck
COURSE DURATION : 3-day(s) / 16.75-hour(s)
COURSE CODE : SHFT
COURSE CATEGORY : Competency
COURSE LEVEL : Basic
HRD CORP. SCHEME : Claimable (1000159408)
VALIDITY : 3 years
COURSE FEE : RM 1,060.00 (inclusive of 6% SST)
EXAMINATION FEE : RM 250.00
TOTAL FEE : RM 1,310.00 (inclusive of 6% SST)
ENTRY REQUIREMENT(S) :
At least 6 months experience as forklift truck drivers/supervisors.
ONLINE REGISTRATION
http://edaftar.niosh.net.my
TARGET GROUP(S) :
i. Forklift Truck Drivers
ii. Production Supervisors
iii. Maintenance Supervisors
iv. Forklift Truck Mechanics/Technicians
v. Safety and Health Supervisors
nioshmalaysia
@NioshMalaysia
www.niosh.com.my
HRD corp CLAIMABLE

KEMENTERIAN SUMBER MANUSIA
NIOSH
CIDB MALAYSIA
PROMOSI
KURSUS SHO & SSS
TAJAAN CIDB 2022
Harga SHO : (Fizikal) RM 4,130 (Termasuk yuran peperiksaan + SST)
Tajaan CIDB : RM 2,065
Bayaran Peserta : RM 2,065
Harga SHO : (Online) RM 3,600 (Termasuk yuran peperiksaan + SST)
Tajaan CIDB : RM 1,800
Bayaran Peserta : RM 1,800
Harga SSS : (Fizikal) RM 1,781 (Termasuk yuran peperiksaan + SST)
Tajaan CIDB : RM 890.50
Bayaran Peserta : RM 890.50
Harga SSS : (Online) RM 1,569 (Termasuk yuran peperiksaan + SST)
Tajaan CIDB : RM 784.50
Bayaran Peserta : RM 784.50
Syarat Kelayakan :
i. Warganegara Malaysia
ii. Bekerja di syarikat industri pembinaan (kontraktor) yang berdaftar dan masih aktif dengan CIDB.
iii. Peserta perlu mempunyai Kad CIDB (Green Card) yang sah.
iv. Peserta wajib menduduki peperiksaan. (Peserta SHO perlu menduduki 3 kertas utama dalam tempoh 2 bulan selepas tamat kursus)
Sekiranya anda memenuhi kelayakan seperti di atas, sila emel dokumen tersebut ke niosh.cidb@gmail.com dalam tempoh 7 hari sebelum tarikh kursus bermula.
• Surat pengesahan majikan
• Salinan Kad CIDB (Green Card)
• Salinan sijil akademik tertinggi (Bagi Kursus SHO)
Untuk sebarang pertanyaan dan maklumat lanjut:
Sila WhatsApp ke talian 019-231 6608 (Sekretariat) atau emel ke dl.tscd@niosh.com.my
www.niosh.com.my

KEMENTERIAN SUMBER MANUSIA
NIOSH
PERTANDINGAN VIDEO PENDEK
SAMBUTAN HARI SEDUNIA BAGI KESELAMATAN DAN KESIHATAN PEKERJAAN 2022
TEMA :
MARI BERTINDAK BERSAMA UNTUK MEMBINA BUDAYA KESELAMATAN DAN KESIHATAN PEKERJAAN YANG POSITIF
CIPTA VIDEO ANDA
• Terbuka kepada semua warga Malaysia
• Durasi tidak melebihi 5 minit
• Individu atau berkumpulan
• Tarikh tutup: 24 April 2022
• Video adalah kali pertama dipertandingkan
• Keputusan pertandingan adalah muktamad
UNTUK MAKLUMAT LANJUT : SILA IMBAS KOD QR UNTUK PENDAFTARAN DAN SYARAT PENYERTAAN.
PUAN HALIMATUL SAADIAH BAHARUDIN
TEL : 03-8911 3877 / 016-683 9076
NUR KHAIRUNNIZA ZAINALABIDIN
TEL : 019-687 6369
EMAIL: idd@niosh.com.my

7 FEB

Majlis Menandatangani MoU antara UTM dan NIOSH



7 Februari 2022 Majlis Menandatangani Memorandum Persefahaman (MoU) antara Universiti Teknologi Malaysia (UTM) dengan Institut Keselamatan dan Kesihatan Pekerjaan Negara (NIOSH) secara atas talian.

8 FEB

Mesyuarat dan kunjungan hormat dari UiTM Shah Alam

Mesyuarat dan kunjungan hormat dari UiTM Shah Alam yang diketuai Professor Zamalia pada 8 Februari 2022. Beliau banyak membantu NIOSH dalam aspek analisis data sejak RMKe-10 dan RMKe-11 serta beberapa lagi kajian dalaman NIOSH sejak 2010.

Mesyuarat tersebut dipengerusikan oleh Tn. Khairunnizam Mustapa, General Manager, NIOSH Malaysia dan turut dihadiri oleh Ts. Hj. Mohd Esa bin Hj. Baruji bersama dengan rakan-rakan *Research Management Centre* (RMC), Consultation Management Centre (CMC) dan OSHECT Administration.

15 FEB

PERKESO Financial Aid Grant

15 February 2022 —Deputy Minister of Human Resources, YB Datuk Haji Awang bin Hashim officiates the PERKESO Financial Aid Grant and also handed over a grant worth RM3.57 million to 37 recipients who consist of Government Agencies, non-governmental organization (NGO) and also a higher education institution. This grant will be used to frame and run programs related to Occupational Safety and Health (KKP) to reduce the rate of accidents in the workplace.

17 FEB

OSHECT

Did you know? OSHECT?

OSH Hazard Evaluation and Control Technology Centre (OSHECT) is part of the government's aspiration to help NIOSH achieve its vision and mission as the centre of excellence in occupational safety and health in Malaysia.

It is an additional facility development project for the NIOSH campus to diversify its activities including training, consultation, research, and development and information dissemination. The project consists of developing several high technology laboratories such as personal protective equipment testing, chemical analysis, engineering forensic, scientific equipment calibration and workplace hazard simulation laboratories.

Interested?

Please refer to the link below:
a. https://www.youtube.com/watch?v=T6qVTD_zug8 (OSHECT)
b. https://www.youtube.com/watch?v=fhaZjwPNSvY (PPE Simulation Lab)
c. https://www.youtube.com/watch?v=yE6pe3btOIl (Chemical Hazardous to Health Lab)
d. https://www.youtube.com/watch?v=WBMiKB-nbQg (Fall Protection Equipment Testing Lab)
e. https://www.youtube.com/watch?v=nIiHzObh-V4 (Occupational Health Lab)
f. https://www.youtube.com/watch?v=j44a_1VZDLk (Dust Mask Lab)
g. https://www.youtube.com/watch?v=6BHiddSSGRI (Human Ergonomic Lab)

" Youtube OSHECT NIOSH "

For more information email to: cmc@niosh.com.my

#staysafe #stayhealthy

Information Dissemination Division (IDD), NIOSH, idd@niosh.com.my

18 FEB

NIOSH SARAWAK REGIONAL OFFICE

NIOSH Sarawak Regional Office

Kursus Site Safety Supervisor (SSS) yang pertama dijalankan di NIOSH Kapit 07-18hb Februari 2022 (10 hari). Kursus wajib bagi mempersiapkan bakal penyelia di tapak bina. Sila layari www.niosh.com.my utk info lanjut.

COSH 2022
23rd CONFERENCE AND EXHIBITION ON OCCUPATIONAL SAFETY AND HEALTH

KEMENTERIAN SUMBER MANUSIA
NIOSH

TENTATIVE PROGRAMME

SOFT LAUNCH COSH 2022

DATE : 15TH MARCH 2022 (TUESDAY)
VENUE : PLENARY THEATRE AUDITORIUM (LEVEL 3), KUALA LUMPUR CONVENTION CENTRE
TIME : 9.00AM – 12.00PM

09:00am	• Arrival of Guests and Registration • Morning Refreshment
09:45am	• Arrival of YB Datuk Wilson Ugak Anak Kumbong
Launching Ceremony of the 23rd Conference and Exhibition on Occupational Safety and Health (COSH 2022)	
10:00am	• National Anthem "Negaraku" • Safety Briefing • Doa Recitation
10:15am	• **Speech and Launching COSH 2022 by:** YB Datuk Wilson Ugak Anak Kumbong (Chairman of NIOSH) • Launching Gimmick and Montage Video
10:30am	• Launching of NIOSH New Programme • NIOSH Certification Sdn Bhd (NCSB) Certificate Hand Over • MoU Exchange Ceremony • Photo Session
11:15am	• Press Conference • Exhibitor Briefing • Lunch
12.00pm	• Programme Ends

24 FEB

08 FEB

1 BUAL BICARA

2 ONLINE SEMINAR

11 FEB

14 FEB

19 FEB

10 FEB

21 FEB

3 OSHTALK

4 WEBINAR

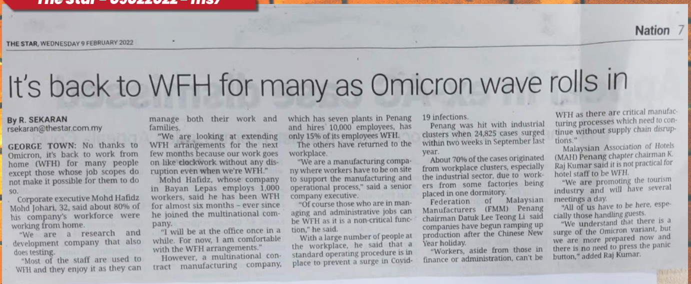
24 FEB

28 FEB

Sinar - 26022022 - ms2

MEF beri amaran pekerja boleh dikenakan tindakan buang kerja

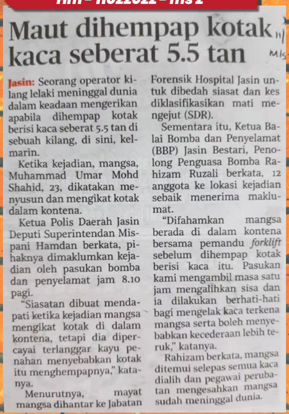
The Star - 09022022 - ms7


Nation 7

It's back to WFH for many as Omicron wave rolls in

By R. SEKARAN

Hm - 11022022 - ms 2


Maut dihempap kotak kaca seberat 5.5 tan

Hm - 12022022 - ms2

MAUT JATUH MESIN KAYU!

Mangsa pekerja warga asing terbunuh ketika cuba keluarkan serpihan

Oleh Ahmad Hasbi

am@hmetro.com.my

MAYAT mangsa dikeluarkan pihak bomba dan dibawa ke Hospital Tuanku Jaafar (HTJ) Seremban untuk tindakan lanjut.

Sinar - 21022022 - ms8

Majikan berhak arahkan pekerja jalani ujian RT-PCR

IDAYA HUSNA

Sinar - 22022022 - ms4

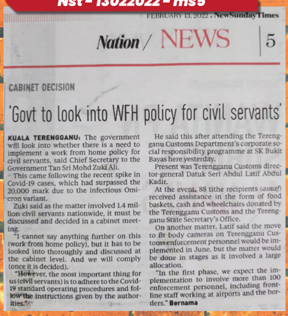
'Isu beg berat akan diselesai secepat mungkin'

Bh - 15022022 - ms11

Persekitaran ergonomik elak pekerja cedera

Oleh Dr Idris Zulkifle

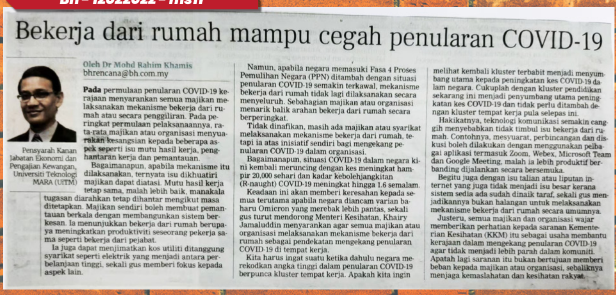
Nst - 13022022 - ms5


Nation / NEWS 5

CABINET DECISION

'Govt to look into WFH policy for civil servants'

Bh - 12022022 - ms11


Bekerja dari rumah mampu cegah penularan COVID-19

Oleh Dr Mohd Rahim Khamis

Bh - 16022022 - ms14

PERKESO rekod 56,990 kes kemalangan tahun lalu

Hm - 26022022 - ms6

Dua pekerja kilang getah melecur

Bh - 20122022 - ms11

Bekerja dari rumah tak jejas produktiviti, prestasi

Oleh Datuk Abdul Latif Abu Seman

Hm - 11022022 - ms2

Buruh maut digilis lori buang tanah

Pemandu lori sedang mengundur untuk membuang tanah di kawasan pembinaan

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NATIONAL INSTITUTE OF OCCUPATIONAL SAFETY AND HEALTH MALAYSIA (NIOSH)
Institut Keselamatan dan Kesihatan Pekerjaan Negara (243042-U)
Kementerian Sumber Manusia
Lot 1, Jalan 15/1, Seksyen 15, 43650 Bandar Baru Bangi, Selangor Darul Ehsan
Tel: 03-8769 2100   Fax: 03-8926 5655
www.niosh.com.my

Sila imbas kod QR untuk muat turun FYi NIOSH

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